

Highcliffe Community Association at Greystones House

Due to the ongoing Coronavirus lockdown and in accordance with Charity Commission guidance we are unable to hold our AGM for Highcliffe Community Association in accordance with our constitution. It will be scheduled as soon as possible after we are able to reopen.



June 2020

SECTION MEETINGS

Art	Monday am.	Languages French	Monday am.
Art	Tuesday am.	Languages French	Tuesday am.
Art	Tuesday pm.	Languages Spanish	Wednesday am
Art	Wednesday pm	Literary	Wednesday pm.
Art	Thursday am.	Machine Quilting	Friday pm
Bridge Duplicate	See text	Mahjong	Thursday pm.
Bridge Rubber	Friday pm.	Men's Forum	Thursday am.
Canasta	Thursday evening	Men's Shed	Tuesday pm.
Cards – Bolivia	Monday pm.	Mindfulness etc.	Thursday pm.
Carpet Bowls	Monday pm.	Music	Monday pm.
Carpet Bowls	Friday pm.	Petanque	Tues.pm. Wed.noon Fri.pm
Chess	Monday evening	Photographic	Thursday am.
Chi Kung	Friday am.	Pilates	Tues, Weds, Thurs pm
Craft	Thursday pm.	Quilting	Tuesday am.
Cribbage	Wednesday pm.	Rambling & Ambling	See text
Dancing Ballroom	Tuesday pm	Rockin' Robins	Tuesday evening.
Dancing–Circle	Monday pm.	Rummikub	Tuesday pm.
Dancing-Country	Thurs. evening	Sewing	Monday am.
Darts	Tuesday pm.	Sewing	Wednesday am.
Discussion	Tuesday pm.	Table Tennis	Monday am.
Drama	Thursday pm.	Table Tennis	Thursday am.
Family History	Monday pm	Table Tennis	Saturday am.
Flower Arranging	Wednesday am.	Whist	Wednesday pm.
IPad/iPhone Help	Wednesday am.	Wine Circle	Friday evening
IT Forum	Wednesday pm.	Yoga	Monday noon
Kurling (indoor)	Thurs. am.	Yoga	Tuesday am.
Ladies Forum	Friday pm.	Yoga	Wednesday am

**For more details of section meeting dates and times refer
to relevant entry in Section News**

**Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL**

Registered Charity No.278035

An Independent organisation run voluntarily by members for members and financially self-supporting

CONTACT US

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Email Photocopying:	printroom@highcliffeca.co.uk
Email Newsletter copy:	newsletter.editor@highcliffeca.co.uk
Website:	www.highcliffecommunityassociation.co.uk

CORONAVIRUS

Please note that following the government guidelines Greystones House is now closed until further notice. Many section meetings, events and functions outlined in this newsletter will not now take place. If any doubt exists please make contact with your section leader or committee.

REMEMBERING BETTY MUMFORD



It is with great sadness that we have to inform you that our lady President, Betty Mumford, passed away in early April after a short stay in hospital. Betty and her husband Tony, joint Presidents this year, have been members of HCA since 2010 and have been involved in many aspects of Greystone's life.

Betty had been a member of the Craft section, Ladies Forum and the Music section but her main involvement was in the print room office. Betty was an extremely talented lady on her computer, keeping up with modern technology despite a stroke which impaired her sight. She was someone who loved a project and it's thanks to her that we have enjoyed the colourful and creative posters around the building advertising our various events. Betty was the kindest person who was always willing to help anyone and we will all miss her enormously.

Our thoughts are with Tony and his family at this sad time.

CHAIRMAN'S CHAT

Email: chair@highcliffeca.co.uk

SECRETARY

Email: secretary@highcliffeca.co.uk
Linda (271604)

TREASURER

Email: treasurer@highcliffeca.co.uk
Jan (276450)

NEWSLETTER EDITOR

Email: newsletter.editor@highcliffeca.co.uk
Norman (275674)

ASSOCIATION MATTERS

LETTING NEWS

Email: lettings@highcliffeca.co.uk
Pauline (273563)

RECEPTION

Lynn (07754 216164)

MEMBERSHIP

Email: membership@highcliffeca.co.uk
Mavis ()

Membership renewals

This year, we will be trialling a new membership renewal system whereby members will not be asked to complete a renewal application form.

We will simply print off new membership cards on thick coloured card (with a plastic sleeve) for all current members: these will be in alphabetical order for receptionists to allocate when members renew and pay.

All we would ask is that all members check that we hold their correct information on file. Any change of address, phone numbers, email addresses etc. should still be advised to the Membership Secretary as normal.

Also any member who has signed up for gift aid previously, please confirm that nothing has changed and that the Association can still claim the gift aid back.

Renewals will only be available from 1 April onwards and the cost is £10 as per last year. There will be a dedicated table in the foyer from that date to deal with all renewals/queries.

We will have a rubber stamp with our name on available for cheques and you will need to bring your old membership card with you for us to keep.

We hope this new system proves more efficient for all and look forward to your continued support.

In addition, we are looking to hold emergency contact details for all members, for use in the case of an emergency. Again, this will be requested at renewal for those that wish to supply this information.

Many thanks.

TEA AND COFFEE SERVERY

Barbara (620811)

EQUIPMENT & MAINTENANCE

Martin (07974 542815)

IN MEMORIAM

Mavis ()

I am sad to report the death of the following member :-

Tony Samuels

Our thoughts and sympathy are with his loved ones and friends.

GENERAL INTEREST

Nu.2.U. LADIES CLOTHES SHOP

Open Thursday 1.15 – 3.45pm

Friday 9.30 – 12.30 pm

Shop Team: Angie, Mary, Chris, Hazel.

4 Men 2 Shop

Managed by John Crimes

LIBRARY CORNER

Barbara ()

PUBLICITY

Chris (271453)

QUIZ

Audrey (278643)

SECTION NEWS

New Group

Mindfulness, Meditation and Breath Work

Meetings: 4.15pm Thursdays

£3 per session paid termly (including £1 group fee)

Ring Debbie 07523 408368 for more details.

ART – Monday am

Contact - Jeanne (271810)

Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)

Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Margaret (280162)

Claire (01590 643635)

Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)

Meetings – 2.00pm Weds. Weekly

ART – Thursday am

Contact – Pat (275563)

BRIDGE – Duplicate

Contact – Phyl (612337)

New members (experienced or improvers) and visitors are always welcome

Website

www.bridgewebs.com/highcliffe/

Details on how to navigate around the website are shown on Home Page.

BRIDGE – Rubber

Contact – Martin (276971)

Or Steve (07922 120918)

Meetings – 1.30pm Friday Weekly

CANASTA

Contact – Olive (274813)

Meetings – 6.30pm Thursday Weekly

CARDS – BOLIVIA

Contact – Avril (276346)

Meetings – 1.30pm Monday 27th April

CARPET BOWLS

Contact – John (277553)

Meetings – 2.00pm Monday

2.00pm Friday

CHESS

Contact – Ron (277514)

Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)

Meetings – 11.30am Friday Weekly

4.15pm Tuesdays Weekly

CRAFT

Contact – Brenda (278842)

Meetings–1.30pm Thursday Weekly.

CRIBBAGE

Contact – Eric (621334)

Meeting–1.30pm Wednesday Weekly

DANCING TUITION. Ballroom and Latin

Professional tuition from Dawn [of Dawn Dance]

Contact – Graeme (07874 327087)

Meetings – 2.00pm Tuesday Weekly

(except first week in the month)

First Time is a free taster session

DANCING – Circle

Contact - Nancy (277920)

Meetings – 2.00pm Monday

DANCING – Country

Contact – Denise (629704)

Meetings – 7.30pm Thursday 2,9,16,23,30

DARTS

Contact – Wendy (271390)

Meetings – 2.00pm Tuesday Weekly

- 7.00pm 2nd and 4th Thursday

DISCUSSION

Contact – Jill (280247)

Meetings – 2.00pm First Tuesday

DRAMA

Contact – Beryl (275535)

or Mary & Eddie (278790)

Meetings– 2.00pm Thursday Weekly

FAMILY HISTORY

Contact – Jean (277905)

Meetings – 2.00pm 3rd Monday

FLOWER ARRANGING

Contact – Valerie (274516)

Meetings –10.00am 1st & 3rd Wednesday

IPAD / IPHONE HELP

Contact – Derek (07437 705015)

Meetings – 11am Wednesday Weekly

IT FORUM

Contact – Norman (275674)

Meetings – 2.00pm 2nd & 4th Wednesday

Hello to all section members. Bearing in mind the situation which we are all in at this time, it comes as some surprise that we have never gathered together all the members email addresses so that we can communicate our thoughts and needs amongst the other section

members. In order to make this possible can I please ask all members to send me an email so that I can record the addresses to enable joint communications. I shall also need your individual agreement to pass this info on to other section members. I do already have a few members email addresses but would like to expand the list. With this info we could even consider trying video conferencing using Skype or Zoom which the BBC have demonstrated very successfully.

KURLING (indoor)

Contact – Hazel (540228)
Meetings – 10.00am. 1st & 3rd Thursday

LADIES FORUM

Contact – June (271353)
Meetings – 1.45pm 2nd Friday each month

LANGUAGES

Contact – Christine (275861)
Meetings – 10.00am Mon. French Weekly
- 10.30am Tues. French Weekly
-10.00am Weds. Spanish Weekly

French, Mondays – 10 a.m. (Mr. Clive Sampson)

French, Tuesdays – 10.30 a.m. (Mrs. Frances Morley)

Spanish, Wednesdays – 10 a.m. (Mr. Nicholas Hester)

LITERARY

Contact – Tom (272822)
Meetings – 2.00pm Wednesday 1

MACHINE QUILTING

Contact – Susy (275403)
Cherry (272593)
Meetings– 1.00pm Every Friday except 2nd.

MAHJONG

Contact – Rowena (278248)
Meetings - 1.30pm Thursday weekly

MEN'S FORUM

Contact - Mike (277370)
or Ron (277739)
Meetings – 10.30am Thursday

MEN'S SHED

Contact – John (07547 922246)
Meeting – 2.00pm 1st Tuesday
The answers to last month's brain teaser are as follows:-

1. 7 days in a week
2. 1066 Battle of Hastings
3. 13 – unlucky for some
4. 5 rings on the Olympic flag
5. Water freezes at 32 degrees Fahrenheit
6. 180 maximum score with 3 Darts
7. 6 wives of Henry the eighth
8. 2468 who do we appreciate
9. 1666 great fire of London
10. 2 peas in a pod
11. 12 signs of the zodiac
12. 29 days in February in a leap year
13. 10 commandments
14. 3 blind mice
15. 7 ancient wonders of the world
16. 1966 England won the World Cup
17. 180 degrees in a triangle
18. 23rd April St Georges Day
19. 14 Days in a fortnight
20. 64 squares on a chess board
21. 16 ounces in a pound
22. 14th February Valentine's Day
23. 9 lives of a cat
24. 57 Heinz varieties
25. 101 Dalmatians
26. 3 wise men
27. 1 horn on a unicorn
28. 1969 first man on the moon
29. Snow white & the 7 Dwarfs
30. 52 cards in a deck
31. 10 Downing Street
32. 1000 millilitres in a litre
33. 24 hours in a day
34. 25th December Christmas Day
35. 100,000 centimetres in a kilometre

MINDFULNESS and MEDITATION

Contact – Debbie via reception
Meeting – 4.15pm Thursday
Come and discover this wonderful class, to help beat the stress of modern life

MUSIC

Contact – Mike (270378)

PETANQUE

Contact – Carol (280154)
Meetings – 1.00pm Tuesday Weekly
1.00pm Friday Weekly
Contact – Bernard Gilbert (07578 967622)
12.00pm Wednesday Weekly

PHOTOGRAPHIC

Contact – Anna (274926)
Meetings – 9.45 am Thursday 9th

PILATES

Contact – Lorena (07444847191)
Meetings – Tuesday 12.15 – 1.15pm
Wednesday 6.00pm **NEW**
Thursday 12.00 – 1.00pm

Hello
I'm the Pilates instructor at Greystones.
I'm doing Chair pilates sessions Via zoom to some of the ladies who used to come to my class. If any member is interested please contact Lorena on the number above for more information.

QUILTING – Tuesday

Contact – Anna (274926)
Meetings – 9.30am Tuesday Weekly
Email: anne.hutton27@sky.com

RAMBLING & AMBLING

Members Social Events

RAMBLES.

Contact - Nigel Hicks (277456)
Rambles
No walks arranged until Government advice allows. Walks will then be advised by email and then website in the first instance. During the lockdown most ramblers have continued to walk each day, and a couple have even

honed their literary skills by penning the following rambling odes:

Ode to a Lockdown Ramble by David Price

I wandered lonely with a frown
Around my plot no longer brown.
Thoughts of walks so long ago
In sun and rain and even snow.
Weeds just mute and flowers shy,
No friendly chats while passing by.
No coffee breaks when halfway
through.

No ramblers to admire the view.
I think I'll manage just one more lap
No inclines here, just all on flat.
Those dreams of peaks were really just
that.

Social distancing no problem here,
But sight of the end deserves a cheer.
With all that effort I'll not expire,
So one more circuit, then I'll retire.

Another Rambling Ode by Heather Kerrison

I'd like to lead a ramble, we won't go
very far,
4 times round the garden, 3 times
round the car.

First of all we'll go in through the gate,
Because of social distancing we might
have a wait,

We'll do a little weeding as we pass the
flower bed,

And then we'll have our coffee in the
shelter of the shed.

We may have to pass on the photo
because of Boris' insistence
That we're 2 metres apart to keep our
social distance.

Through the second gate we'll carefully
pass,

To the front of the house, but please
keep off the grass.

The car is sitting on the drive, there for
all to see,
We're keeping our fingers crossed it will
pass its MOT.

So if you're feeling very fit we'll circle
the car and then

We can go through the gate and do it
all again.

AMBLERS

Contact – Trish [280427]

ROCKIN' ROBINS

Contact – Freda (275059)

Meetings – 7.00pm Tuesdays

The best of wishes to all Rockin'
Robins. Our wings have been severely
clipped at present but I hope that you
are managing to keep cheerful. We
need to hope that there will be better
times ahead when we will all meet
again.

Keep well, best wishes.....Freda

RUMMIKUB

Contact – Margaret via Greystones

Meeting – 1.30pm 2nd & 4th Tuesday 10, 24

SEWING

Contact – Karen (839519)

Meetings – 10.00am Monday. Weekly

10.00am Wed. Weekly

Members of the sewing/craft group are
making scrub bags for the hospitals
and masks for the public using
resources from the craft room at
Greystones. Ring Brenda for more
information.

TABLE TENNIS

Contact – John (274813)

Meetings – 9.30am Monday Weekly

- 9.30am Thursday 2,9,23,30

- 9.30am Saturday Weekly

WHIST

Contact – Olive (274813)

Meeting – 1.45pm Weds. Weekly

WINE CIRCLE

Contact – Jenny (240082)

Meetings - 7.30pm Friday

YOGA

Contacts - Sandy (270786)

Meetings – Mon & Wed Yoga

Class 11.30 Mondays

Class 10.00 Wednesdays

There are currently places available on
Monday.

AFFILIATED ORGANISATIONS

CHRISTCHURCH PROBUS CLUB

Contact – David Dunsmore (838672)

Ours is a friendly club for retired men
from business and professional
backgrounds, meeting at 10.15am on
the first Tuesday of every month at the
Christchurch Harbour Hotel, Mudeford
Road. Interesting speakers, excellent
lunch, welcoming, friendly atmosphere
and regular social events.

To find out more, visit our website
www.probuschristchurch.com, or
contact our Secretary, David Dunsmore
on 838672.

CHRISTCHURCH HISTORY

SOCIETY

Contact – Geoff Bush (272773)

Because of the coronavirus problem
and the uncertain situation in the near
future, the Society has decided to
cancel future evening meetings until
Tues 1st September 2020. Speakers
that have been cancelled are being re-
booked for later this year.

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

Contact - Jan Clarke (277635)

(Christchurch Lib. 01202 485938)
(Highcliffe Lib. 01425 272202)

HIGHCLIFFE DEMENTIA SUPPORT GROUP

Contact – Sally Palmer (07541 331881)

We are a totally independent group serving anyone in the Christchurch area with any kind of dementia together with a friend or carer. There is no charge for joining but we do ask for a modest payment towards expenses and refreshments when you are present.

Our leader has a wide experience of nursing and is herself a carer. She can discuss any queries you have in private.

We meet at St Mark's Church Library in Hinton Wood Avenue, Highcliffe, from 2.0pm until 3.45 pm on the first and third Wednesdays of each month. It is a warm and comfy venue and parking is free. There is always plenty of fun and laughter in the room.

The programme is very varied and there is a chance to make new friends over refreshments. Why not give us a try?

HIGHCLIFFE FRIENDS IN NEED

Contact – Cressida Belbin (279328)

Volunteer Car Service

Due to the seriousness of the Coronavirus situation, Highcliffe Friends in Need will not be taking any bookings for transport to ANY medical appointments until further notice.

HIGHCLIFFE & DISTRICT HORTICULTURAL SOCIETY

Contact – Judy (01202 477350)

The Highcliffe & District Horticultural

HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group

Contact – Michael Williams (07484 778364)

or highcliffepgg@gmail.com

To help Highcliffe Medical Centre Staff get through this pandemic listed below are some suggestions on how patients can help.

- Use e-Consult – available through the practice website (this is a system where patients email their medical query in, and a doctor responds via email) – to avoid visiting the surgery and to enable the surgery to handle queries more efficiently.

- You may be offered a bookable telephone appointment. This frees up clinicians face to face time and lowers any risk.

- Continue to phone the surgery if you are ill with a condition other than Covid-19. Triage is still available through the practice for emergency illnesses other than Coronavirus. Patients can phone in the normal way - but should be prepared for a slightly longer wait to get through any recorded messages and phone queueing. Be reassured you will get through.

- Patients should not sit and wait out an illness, trying to be helpful by staying away. A delay in treatment can result in you later becoming seriously ill, which will put even more strain on the NHS. By staying away you are not always helping the NHS by not talking to a clinician.

- Use the wide range of NHS services correctly if you are ill. These services have been designed to reduce strain on frontline services by encouraging patients to self-serve, or to seek support from the right NHS service (such as pharmacists, or walk-in centres).

- Use the NHS 111 online Coronavirus service if you are worried that you may have Coronavirus. Only call 111 if you cannot get online, your symptoms worsen or have been instructed to. Lastly call 999 if you believe someone's life is at risk.

HIGHCLIFFE ROTARY CLUB

Contact – Dave Foot (613652)

HIGHCLIFFE THEATRE GROUP

Contact - CELIA ROSKILLY – 272566

- BEFORE 6PM PLEASE

As this difficult time continues, please be assured that the Highcliffe Theatre Group is still very much alive and well. We are continuingly in touch with theatres and they keep us posted as to what is happening and what plans they have in the next few weeks/months.

The Yvonne Arnaud Theatre in Guildford has new shows on sale so we will book a matinee as soon as we are able.

The Chichester Festival Theatre and the Mayflower are streaming online broadcasts and the Mayflower are also rescheduling shows for 2021. The Bournemouth Symphony Orchestra has recorded concerts, so please look at their website for these.

The Royal Albert Hall is showing Andrew Lloyd Webber Shows on UTube on each Friday at 7pm for 48 hours, they are amazing to watch.

We have shows booked for the later part of the year and our members are being kept informed as and when we are told.

If you live in Highcliffe/Friars Cliff area and you are not a member, then perhaps now is the time to join. A luxury coach will collect you and drop you back near to your home, and we look forward to meeting you. Bring whoever you wish, or just come on your own, you will be most welcome.

We travel to many places and try new venues too. We have already celebrated over 50 ears of visiting theatres and concert halls and, despite this current set back, have plans for at least another 50.

Call Celia on 01425 272566, before 6pm please – and join us – you will be very welcome.

HIGHCLIFFE WOMEN'S INSTITUTE Amberwood

Contact –

NEW FOREST ORGAN SOCIETY

Contact – Pat Heath (611438)

Live Music For Everyone

Contact Stewart Langton 618074

or Email: jenart08@gmail.com

ROYAL NAT. LIFEBOAT INSTITUTION

Highcliffe Branch

Contact Jan Wilson (271202)

TWYNHAM PROBUS CLUB

Contact – Alec Payne (01425 838259)

NEWSLETTER PREPARATION DATES 2020

Newsletter Issue	Preparation Month	Copy Date MON	Print Date WED	Publication Date THU
July/August	June	15	24	25
September	July	13	22	23
October	September	14	23	24
November	October	19	28	29
December/January	November	16	25	26

COPY DATE FOR JULY/AUGUST NEWSLETTER

MONDAY 15 June

PUBLICATION THURSDAY 25 June

Note from the Editors:-

During the coronavirus crisis the editors of the newsletter would welcome appropriate, interesting or useful items from members to include in the forthcoming issues of the magazine. Please email to Newsletter.editor@highcliffeca.co.uk*

** Contributions to be published at the Editor's discretion.*