

Highcliffe Community Association

at Greystones House



**News and Programme of Events
July / August 2021**

SECTION MEETINGS

Art	Monday am.	Languages French	Monday am.
Art	Tuesday am.	Languages French	Tuesday am.
Art	Tuesday pm.	Languages Spanish	Wednesday am
Art	Wednesday pm	Literary	Wednesday pm.
Art	Thursday am.	Machine Quilting	Friday pm
Bridge Duplicate	See text	Mahjong	Thursday pm.
Bridge Rubber	Friday pm.	Men's Forum	Thursday am.
Canasta	Thursday evening	Men's Shed	Tuesday pm.
Cards – Bolivia	Monday pm.	Mindfulness etc.	Thursday pm.
Carpet Bowls	Monday pm.	Music	Monday pm.
Carpet Bowls	Friday pm.	Petanque	Tues.pm. Wed.noon Fri.pm
Chess	Monday evening	Photographic	Thursday am.
Chi Kung	Friday am.	Pilates	Tues, Weds, Thurs pm
Craft	Thursday pm.	Quilting	Tuesday am.
Cribbage	Wednesday pm.	Rambling & Ambling	See text
Dancing Ballroom	Tuesday pm	Rockin' Robins	Tuesday evening.
Dancing–Circle	Monday pm.	Rummikub	Tuesday pm.
Dancing-Country	Thurs. evening	Sewing	Monday am.
Darts	Tuesday pm.	Sewing	Wednesday am.
Discussion	Tuesday pm.	Table Tennis	Monday am.
Drama	Thursday pm.	Table Tennis	Thursday am.
Family History	Monday pm	Table Tennis	Saturday am.
Flower Arranging	Wednesday am.	Whist	Wednesday pm.
IPad/iPhone Help	Wednesday am.	Wine Circle	Friday evening
IT Forum	Wednesday pm.	Yoga	Monday noon
Kurling (indoor)	Thurs. am.	Yoga	Tuesday am.
Ladies Forum	Friday pm.	Yoga	Wednesday am

For more details of section meeting dates and times refer

to relevant entry in Section News

Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL

Registered Charity No.278035

An Independent organisation run voluntarily by members for members and
financially self-supporting

CONTACT US

Telephone:	01425 271604
Email Photocopying:	printroom@highcliffeca.co.uk
Email Newsletter copy:	newsletter.editor@highcliffeca.co.uk
Website:	www.highcliffecommunityassociation.co.uk

Acting Chairman (On behalf of the Management Committee)

Email: cliff.putterford@highcliffeca.co.uk Tel: 07720 467695

Following the update from Boris, we will still be opening for membership renewals as per the plan (21st June for 2 weeks).

We will put somebody on the front door to limit numbers in the building. Refreshments can be served outside (subject to a limit of 30 people on the terrace).

As far as the full re-opening for section meetings we will need to see what happens in the next two weeks, get some advice on what we can/can't do.

Vaccinations and social distancing

The trustees have agreed that we will NOT be asking for proof of covid vaccination unless required by government ruling.

Any social distancing recommendations set out by the government after 21 June will be adhered to at Greystones.

01425 273563 pauline.peggram@highcliffeca.co.uk

Help With Renewal Afternoons

June 21st-June 25th, and June 28th- July 2nd. – 2.00 – 4.00pm

We intend to have tables set out in Room 1 on these days for existing and new members to sign up for their interested groups. Anyone willing to man these tables would be very much appreciated..

Please contact Chris Nichols 01425 271453

SECRETARY

Email: secretary@highcliffeca.co.uk

We'll meet again.....

Please can group leaders inform me (Pauline Pegram) of the dates on which the meetings will recommence for ease of planning. 01425 273563
pauline.pegram@highcliffeca.co.uk

TREASURER

Email: treasurer@highcliffeca.co.uk
Jan (276450)

NEWSLETTER EDITOR

Email: newsletter.editor@highcliffeca.co.uk
Norman (275674)

ASSOCIATION MATTERS

LETTING NEWS

Email: lettings@highcliffeca.co.uk
Pauline (273563)

RECEPTION

Lynn (07754 216164)

MEMBERSHIP

Email: membership@highcliffeca.co.uk
Mavis ()

If you haven't received your membership renewal letter either by post or by email, please contact "membership.secretary@highcliffeca.co.uk"

TEA AND COFFEE SERVERY

Barbara (620811)

Your kitchen needs you.

In order for the kitchen to run smoothly we rely on the help of our wonderful band of volunteers.

If you are able to spare a couple of hours once or twice each month to

help serve teas and coffees, please get in touch.

Thank you to all those who have already agreed to be on the tea and coffee rota when we reopen. Hopefully during the 2-weeks of open afternoons prior to the official opening on 5 July, I intend to meet up with you all, to bring you up to date and welcome you back. Also, to introduce new volunteers to the kitchen.

There will be a few changes when we reopen as a result of feedback and to help keep us all safe.

- Coffee and Tea will be available in mugs rather than cups and saucers (though these will still be available if desired.)
- An assortment of biscuits will be served in individually wrapped packets.
- Sugar will be in individual sachets.
- The cost of a tea or coffee and a packet of biscuits will be £1.00.
- The Garden Terrace has been cleared and weather permitting, will be a lovely area to have your drinks and catch up with friends in the fresh air.

barbara.thacker@highcliffeca.co.uk

EQUIPMENT & MAINTENANCE

Martin (07974 542815)

Premises and Maintenance Manager

Highcliffe Community Association needs a Premises and Maintenance Manager to look after Greystones House. The position is voluntary and covers all aspects of maintaining the building and the equipment used by its many Sections who meet inside..Much of the task involves managing contractors to maintain this lovely building and

liaising with the management committee on the finances.

If you might be interested, please send an email to the Secretary at secretary@highcliffeca.co.uk

IN MEMORIAM

Mavis ()

I am sad to report the death of the following members:-

Leonard Moss
Patricia Moss
Eileen Keith

Our thoughts and sympathy are with their loved ones and friends.

BINGO

Every Saturday

GREYSTONES HOUSE
Eyes down at 1.30pm.

GENERAL INTEREST

Nu.2.U. LADIES CLOTHES SHOP

WANTED – a new MANAGER to run the Ladies Shop.

The existing Team are happy to continue to work with and support the individual prepared to take the shop forward into the 'vinted clothing era'.

Without a New Manager the shop will close. The 50/50 Ladies clothing Shop was started by two very talented Members when Charity shops were a new concept. Over the years it has proved an excellent source of income for HCA as well as a monetary return to participating members.

LIBRARY CORNER

Barbara ()

PUBLICITY

Chris (271453)

QUIZ

Audrey (278643)

SECTION NEWS

ART – Monday am

Contact - Jeanne (271810)
Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)
Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Margaret (280162)
Claire (01590 643635)
Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)
Meetings – 2.00pm Weds. Weekly

ART – Thursday am

Contact – Pat (275563)

BRIDGE – Duplicate

Contact – John Lee – (279257)

Website

www.bridgewebs.com/highcliffe/

Details on how to navigate around the website are shown on Home Page.

Duplicate - normally Monday and Wednesday evenings at 6.15pm for 6.30pm start.

Arrangements from 5th July. Monday evenings:

We look forward to returning to face to face bridge at Greystones. 6.15pm for a 6.30pm start.

No Host System for the time being.
Please make sure you have a partner
before you arrive to play.
Hand sanitisers will be placed on each
table.

Wednesday evenings: we will
continue with Online Step Bridge for the
time being. It is played evening
Wednesday evening at 7pm. Please log
onto Stepbridge the day before you
play.

Further details can be obtained from
Arthur Whittaker on 01425 621479.

Thank you very much.

BRIDGE – Rubber

Contact – Martin (276971)

Or Steve (07922 120918)

Meetings – 1.30pm Friday Weekly

CANASTA

Contact – Olive (274813)

Meetings – 6.30pm Thursday Weekly

CARDS – BOLIVIA

Contact – Avril (276346)

Meetings – 1.30pm Monday 27th April

CARPET BOWLS

Contact – John (277553)

Meetings – 2.00pm Monday
2.00pm Friday

CHESS

Contact – Ron (277514)

Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)

Meetings – 11.30am Friday Weekly
4.15pm Tuesdays Weekly

CRAFT

Contact – Brenda (278842)

Dates for your diaries (subject to
government guidelines)

21st – 25th June and 28th June – 2nd
July 2-4 pm HCA Membership
renewal and open days

8th and 15th July Crafting in the
Garden at Sandra's house.

29th July – Garden Party - venue to be
confirmed

2nd September -Return to Greystones

Members are asked to bring a personal
kit to all sessions (including Greystones
when we start back) comprising: -
scissors, glue and applicator if needed,
pencil sharpener, eraser, colouring
pencils, sanitiser – anti bac wipes, gel
or disposable gloves.

CRIBBAGE

Contact – Eric (621334)

Meeting–1.30pm Wednesday Weekly

DANCING TUITION. Ballroom and Latin

Professional tuition from Dawn [of Dawn
Dance]

Contact – Graeme (07874 327087)

Meetings – 2.00pm Tuesday Weekly

(except first week in the month)

First Time is a free taster session

DANCING – Circle

Contact - Nancy (277920)

Meetings – 2.00pm Monday

DANCING – Country

Contact – Denise (629704)

Meetings – 7.30pm Thursday 2,9,16,23,30

DARTS

Contact – Wendy (271390)

Meetings – 2.00pm Tuesday Weekly

- 7.00pm 2nd and 4th Thursday

DISCUSSION

Contact – Jill (280247)

Meetings – 2.00pm First Tuesday

DRAMA

Contact – Beryl (275535)

or Mary & Eddie (278790)

Meetings– 2.00pm Thursday Weekly

FAMILY HISTORY

Contact – Jean (277905)

Meetings – 2.00pm 3rd Monday

FLOWER ARRANGING

Contact – Valerie (274516)

Meetings – 10.00am 1st & 3rd Wednesday

IPAD / IPHONE HELP

Contact – Derek (07437 705015)

Meetings – 11am Wednesday Weekly

IT FORUM

Contact – Norman (275674)

Meetings – 2.00pm 2nd & 4th Wednesday

Hello members! Well, we will perhaps be back to meeting again in the not too distant future. At present I am planning to start again on Wednesday 8 September when we will hold one of our discussion meetings to review the situation and plan the subjects to be discussed during the sessions up to Christmas. Subscriptions will of course be due and will be as before, £10 per term for members and £2 per meeting for visitors.

Looking forward to getting back together again for some interesting discussion.

KURLING (indoor)

Contact – Hazel (540228)

Meetings – 10.00am. 1st & 3rd Thursday

LADIES FORUM

Contact – Margaret (via Greystones)

Meetings – 1.45pm 2nd Friday each month

The Ladies' Forum is very sorry to report that their Speakers' Secretary, Mrs Eileen Keith, died on 25 May after a short illness. We are so grateful for all that she did for us and will miss her very much.

Our coffee morning is due to take place from 10.30a.m on Friday 25 June outside at the Cliffhanger, weather permitting, or in their "Top Bay" if wet or cold.

From 2p.m. until 4p.m. on Friday, 9 July we will be holding a "Bring and Share" Garden Party, (£1) at Margaret's, the same venue as in 2019. Nothing is

being arranged for August but we will resume our regular monthly meetings at Greystones from 2p.m. on Friday 10 September. Members will be able to re-join and our Speaker will be Ian Schultz telling us that "Here be Dragons". Intriguing! And a programme has been arranged through till July 2022.

Enquiries to Val at val@orpwood.com, phone: 01425 277105.

LANGUAGES

Contact – Christine (275861)

Meetings – 10.00am Mon. French Weekly

- 10.30am Tues. French Weekly

- 10.00am Weds. Spanish Weekl

10 a.m. Monday French, weekly (Mr. Clive Sampson)

The class is full. Please contact Christine on the above number if you wish to be included on the waiting list.

10.30 a.m. Tuesday French, weekly (Mrs. Frances Morley)

Due to the extended restrictions until 19 July, it is unlikely that we will be able to meet at Greystones as planned for our first class in July. Frances has suggested that we have a meeting in her garden on Tuesday, 6 July at 10.30 a.m. to discuss plans for the coming year.

LITERARY

Contact – Tom (272822)

Meetings – 2.00pm Wednesday 1

MACHINE QUILTING

Contact – Susy (275403)

Cherry (272593)

Meetings – 1.00pm Every Friday except 2nd.

MAHJONG

Contact – Rowena (278248)

Meetings - 1.30pm Thursday weekly

MEN'S FORUM

Contact - Mike (277370)

or Ron (277739)

Meetings – 10.30am Thursday

MEN'S SHED

Contact – John (07547 922246)

Meeting – 2.00pm 1st Tuesday

MINDFULNESS and MEDITATION

Contact – Debbie (07523 408368)

Meeting – 4.15pm Thursday

Come and discover this wonderful class, to help beat the stress of modern life

MUSIC

Contact – Mike (270378)

PETANQUE

Contact – Carol (280154)

Meetings – 1.00pm Tuesday Weekly

1.00pm Friday Weekly

Contact – Bernard Gilbert (07578 967622)

12.00pm Wednesday Weekly

Pétanque has restarted and by using social distancing we have had to reduce the number of members playing, hopefully things will improve shortly and we will be able to accommodate more members but for the time being I am unable to take on any new members, it is such a fun game and it would be nice to see it used everyday it is very easy to run a group if there is anyone out there willing to do so I am willing to guide you just give me a call.

PHOTOGRAPHIC

Contact – Anna (274926)

Meetings – 9.45 am 2nd Thursday

Possibility of meetings on 8 July and also 12 August - awaiting replies to the email sent to members.

PILATES

Contact – Lorena (07444847191)

Meetings – Tuesday 12.15 – 1.15pm

Wednesday 6.00pm **NEW**

Thursday 12.00 – 1.00pm

QUILTING – Tuesday

Contact – Anna (274926)

Meetings – 9.30am Tuesday Weekly

Email: anne.hutton27@sky.com

RAMBLING & AMBLING

Rambles

Contact - Nigel Hicks (277456)

Walks start at 1000hrs and are about 5 miles, unless otherwise stated. Any alterations will be advised in the first instance by email, then website. Contact the leader, or the above, if you have any queries. New members always welcome to our friendly group

July Walks

Wed 7 Corfe to Swanage (1030 start)

Leaders - Ann & Bryn Male (274363 / 0777 330 6035)

Meet – Nordon CP (Cost £3.50, pay cash, card, phone) (Satnav 50.38.44N – 2.03.40W),

From Wareham, take A351 towards Swanage. After 3.8 miles take 1st exit at roundabout and CP on RHS. The walk is to Swanage and return by Steam Train (Fare £9 single) or bus (take bus pass)

Wed 14 - West Parley and Throop – 7 miles

Leaders Ginny & John Simpson (275109 / 0746703 0324)

Meet – Muscliffe Lane CP, Ref 096/958. Go past Bournemouth Hospital & Castlepoint, then after 1 mile (in a section of dual carriageway) just before Cotswold shop, take RH lane & turn R at traffic lights into Muscliffe Lane. CP is 400m on LHS. If full, use adjacent roads. Toilets at visitor centre open 10am.

Wed 21 Linford

Leaders: Andrew and Diana Taylor
(077 4920 6567)
Details to be advised by email nearer
the time

Wed 28 – Dur Hill & Holmsley Ridge

Leader – Nigel Hicks
(277456/07896750059)

Meet – Burbush CP, Ref 202/018. On
A35 take first L after East Close Hotel
towards Holmsley Caravan Park, and
then R into Forest Road. Turn R at
crossroads and CP is on RHS,
immediately after a bridge over the old
railway track. (This is a walk that was
cancelled 3 times before the 1st
lockdown due to flooding by Whitten
Pond.)

August walks will be advised by email.

AMBLERS

Contact –Linda (547405)

Amblers Walks July 2021

Wed 7th July 2021 10.15

Whitefield Moor Car Park with toilets.
Ref SU 274 026

Leaders Chris and John Wilson Tel
01425 838767

Take A35 towards Lyndhurst. At
Rhinefield Ornamental Drive cross
roads, turn right. Car Park is 2.62 miles
along this road on the left. It is past
Rhinefield House Hotel and the next
car park after Puttles Bridge.

The walk is a mixture of open moorland
and inclosures, approx 3.3 miles
crossing Ober Water and Silver
Stream.

Wed 14th July 2021 10.15

Burbush Car Park

Leaders Charlotte and Nigel

Take A35 towards Lyndhurst. T.L. for
Holmsley (Lyndhurst Rd). TR into

Forest Rd. At crossroads TR Car Park
on Right approx 1 mile.

Approx 3 mile circular walk.

Wed 21st July 2021 10.15

Horseshoe Bottom Car Park Ref CP
262/005

Horseshoe Bottom, Trenley Lawn and
Five Thorns

Leaders David and Bob Tel 01425
275829

Turn left off A35 for Burley and after
Holmsley Tea Rooms turn right. Take
right fork towards Sway just before
Wilverly Plain. CP is about 2/3 mile on
left.

An open mainly flat walk of approx. 3.5
miles with good views- could be muddy
if wet

Wed 28th July 2021 10.15

Meet at Brockenhurst Village CP

Leaders Chris and Peter Tel 07818
266 654

Shortish walk around village and out
onto open forest. Approx 2.5 miles.

NF car park permits allowed or charges
apply. Toilets.

Amblers walks August 2021

Wed. 4th August 2021 10.15

Roydon Nature Reserve. Boldre
Church CP

Leaders: Pauline (275233) and Bob.

At junction of the B3055 and A337 TR.
Take first left turn along Sandy Down.
Continue straight ahead for approx 1.5
miles up Church Lane past St John's
Church and take the first left along a
gravel track to the CP at the rear of
church. Take care as part of this route
is single track. Please park at the far
side of CP away from church.

The church has a very interesting
history and contains the only memorial

collection of HMV Hood which was sunk by Bismark. Within the church yard there is a area dedicated to war graves from WW2.

This is a round walk along hard paths through woods and farmland with one gradual incline and involves some road walking at the beginning. Maybe visit the church at end of walk and weather permitting have a picnic in the church grounds. Approx 3.5miles.

Wed. 11th Aug 2021 10.15

Millyford Bridge CP

Leader: Linda Turenhout 280296

Take A35 to Lyndhurst. TL at Swan Green towards Emery Down. Go past church and after pub bear Left. Carry on approx 1 mile CP on Right. 3.5 miles.

Wed. 18th Aug 2021 10.15

Creek Bottom, Rooks Bridge and Mill Lawn.

Clay Hill CP (map ref 233/024)

Leaders: David (275829) & Bob

Turn off A35 for Burley, after about a mile TR at first junction (opposite wooden bus shelter on the left) and take immediate hairpin bend to right. CP is at end of lane. This is a large CP not used by holiday makers and tourist. Undulating heath and moorland with coffee stop by river. Approx 3.5 miles.

Wed. 25th Aug 2021 10.15

Setley Pond CP

Leader: Monica

Take B3055 towards Sway/Brockenhurst. After Sway go over cattle grid after about 0.75 miles TR at offset crossroads. CP on right after railway bridge. If weather is fine picnic after walk by pond if you wish.

ROCKIN' ROBINS

Contact – Freda (275059)

Meetings – 7.00pm 1st & 3rd Tuesdays

By the time you read this you will know that Covid restrictions have been extended until 19 July. This now means that the previous dates we had hoped to meet up can now not go ahead. When we will be able to start is anyone's guess. When that time comes we will be ringing you with the good news!!

Meanwhile, keep well and we'll look forward to meeting up sometime soon.

RUMMIKUB

Contact – Margaret via Greystones

Meeting – 1.30pm 2nd & 4th Tuesday

With a bit of luck we will be able to play our first game of Rummikub on Tuesday 13 July. Look forward to seeing you all.

Don't forget to renew your Greystones membership !(£10)

SEWING

Contact – Karen (839519)

**Meetings – 10.00am Monday. Weekly
10.00am Wed. Weekly**

TABLE TENNIS

Contact – John (274813)

**Meetings – 9.30am Monday Weekly
- 9.30am Thursday 2,9,23.30
- 9.30am Saturday Weekly**

WHIST

Contact – Olive (274813)

Meeting – 1.45pm Weds. Weekly

WINE CIRCLE

Contact – Jenny (240082)

Meetings - 7.30pm Friday

YOGA

Contacts - Sandy (270786)

Meetings – Mon & Wed Yoga

Class 11.30 Mondays

Class 10.00 Wednesdays

AFFILIATED ORGANISATIONS

CHRISTCHURCH PROBUS CLUB

Contact – David Dunsmore (838672)

Ours is a friendly club for retired men from business and professional backgrounds, meeting at 10.15am on the first Tuesday of every month at the Christchurch Harbour Hotel, Mudeford Road. Interesting speakers, excellent lunch, welcoming, friendly atmosphere and regular social events.

To find out more, visit our website www.probuschristchurch.com, or contact our Secretary, David Dunsmore on 838672.

CHRISTCHURCH HISTORY SOCIETY

SOCIETY

Contact – Geoff Bush (272773)

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

Contact - Jan Clarke (277635)
(Christchurch Lib. 01202 485938)
(Highcliffe Lib. 01425 272202)

HIGHCLIFFE DEMENTIA SUPPORT GROUP

Contact – Sally Palmer (07541 331881)

We are a totally independent group serving anyone in the Christchurch area with any kind of dementia together with a friend or carer. There is no charge for joining but we do ask for a modest payment towards expenses and refreshments when you are present.

Our leader has a wide experience of nursing and is herself a carer. She can discuss any queries you have in private.

HIGHCLIFFE FRIENDS IN NEED

Contact – Cressida Belbin (279328)

Volunteer Car Service

Please be advised that the following contact numbers below are now back in action to book a car and driver to take you to their medical appointments for Highcliffe residents.

Please call between 9.30am – 12.30pm where possible.

Mondays	Cherry Cook	275056
Tuesdays	Ann Hart	280083
Weds	Pauline Williamson	271520

For any queries please contact the secretary Cressida Belbin on 279328.

HIGHCLIFFE & DISTRICT HORTICULTURAL SOCIETY

Contact – Judy (01202 477350)

The Highcliffe & District Horticultural

HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group

Contact – Michael Williams (07484 778364)

or highcliffeppg@gmail.com

Highcliffe Medical Centre continues to offer care based on clinical need. Thus face-to-face appointments are available to all patients where there is a clinical need. This is as well as currently supporting the delivery of the COVID-19 vaccination programme.

You will be asked to first discuss your conditions over the phone with a member of the healthcare team to assess what would be most appropriate for you and which practice member would best provide it.

As well as telephone consultations we also offer online and video consultations. These can be convenient and flexible ways to receive your

healthcare. Where a patient needs to be seen by a health professional face-to-face, this will be arranged. If you have a preference about how to access the surgery you can discuss it with us.

If you are asked to come into the surgery for a face-to-face appointment, please remember to wear a face covering. Measures are in place to keep you safe from infection during your visit to the surgery.

Please do not come to the surgery unless you have an appointment

If you have a disability or condition which means you cannot wear a face covering or require other adjustments before your appointment, please let the surgery know ahead of your arrival.

As well as calling the surgery (01425 272203) patients can visit our surgery website www.highcliffmedicalcentre.co.uk and complete, for non-urgent medical needs, a confidential online form to request advice or treatment. You will receive a response as soon as possible, usually within two working days.

For urgent issues or out of hours call the NHS on 111.

For minor health concerns please visit a local pharmacy for advice.

HIGHCLIFFE ROTARY CLUB

Contact – Dave Foot (613652)

HIGHCLIFFE THEATRE GROUP

Contact - CELIA ROSKILLY – 272566

- BEFORE 6PM PLEASE

Theatres are opening and we have quite a few events booked and seats reserved: Spectacular Classics, Magic Goes Wrong, Chicago, Merlin (a ballet), plus next year, Everyone is Talking about Jamie, Bedknobs and Broomsticks, The Da Vinci Code and The Lion King.

If you live in the Highcliffe area, we can pick you up, near your home, so now is the time to join the Theatre Group. Call Celia on 272566, you will be very welcome.

ROYAL NAT. LIFEBOAT

INSTITUTION

Highcliffe Branch

Contact Jan Wilson (271202)

TWYNHAM PROBUS CLUB

Contact – Alec Payne (01425 83825)

Newsletter Issue	Preparation Month	Copy Date MON	Print Date WED	Publication Date
March	February	15	24	25
April	March	15	24	25
May	April	12	21	22
June	May	17	26	27
July/August	June	14		21
September	August	16	25	26
October	September	13	22	23
November	October	18	27	28
December/January	November	15	24	25

COPY DATE FOR SEPTEMBER NEWSLETTER

MONDAY 16 August

PUBLICATION THURSDAY 26 August