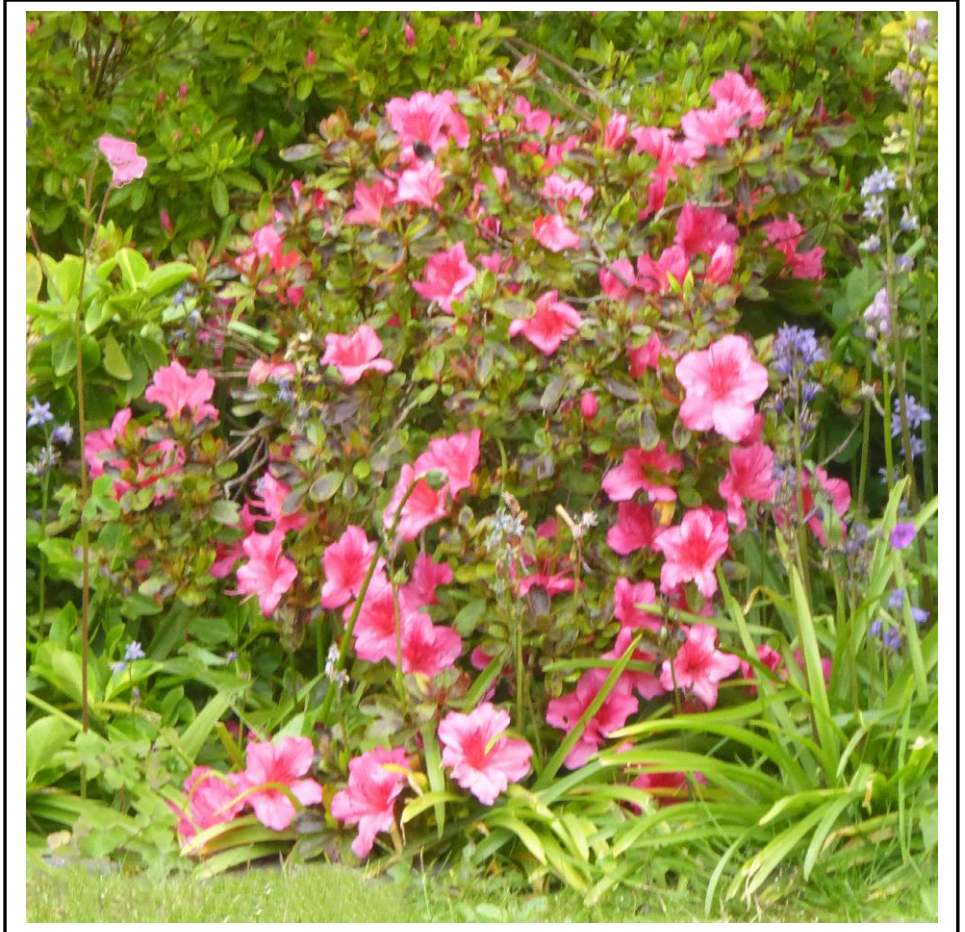


Highcliffe Community Association

at Greystones House



**News and Programme of Events
June 2021**

SECTION MEETINGS

Art	Monday am.	Languages French	Monday am.
Art	Tuesday am.	Languages French	Tuesday am.
Art	Tuesday pm.	Languages Spanish	Wednesday am
Art	Wednesday pm	Literary	Wednesday pm.
Art	Thursday am.	Machine Quilting	Friday pm
Bridge Duplicate	See text	Mahjong	Thursday pm.
Bridge Rubber	Friday pm.	Men's Forum	Thursday am.
Canasta	Thursday evening	Men's Shed	Tuesday pm.
Cards – Bolivia	Monday pm.	Mindfulness etc.	Thursday pm.
Carpet Bowls	Monday pm.	Music	Monday pm.
Carpet Bowls	Friday pm.	Petanque	Tues.pm. Wed.noon Fri.pm
Chess	Monday evening	Photographic	Thursday am.
Chi Kung	Friday am.	Pilates	Tues, Weds, Thurs pm
Craft	Thursday pm.	Quilting	Tuesday am.
Cribbage	Wednesday pm.	Rambling & Ambling	See text
Dancing Ballroom	Tuesday pm	Rockin' Robins	Tuesday evening.
Dancing–Circle	Monday pm.	Rummikub	Tuesday pm.
Dancing-Country	Thurs. evening	Sewing	Monday am.
Darts	Tuesday pm.	Sewing	Wednesday am.
Discussion	Tuesday pm.	Table Tennis	Monday am.
Drama	Thursday pm.	Table Tennis	Thursday am.
Family History	Monday pm	Table Tennis	Saturday am.
Flower Arranging	Wednesday am.	Whist	Wednesday pm.
IPad/iPhone Help	Wednesday am.	Wine Circle	Friday evening
IT Forum	Wednesday pm.	Yoga	Monday noon
Kurling (indoor)	Thurs. am.	Yoga	Tuesday am.
Ladies Forum	Friday pm.	Yoga	Wednesday am

For more details of section meeting dates and times refer

to relevant entry in Section News

Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL

Registered Charity No.278035

An Independent organisation run voluntarily by members for members and financially self-supporting

CONTACT US

Telephone:	01425 271604
Email Photocopying:	printroom@highcliffeca.co.uk
Email Newsletter copy:	newsletter.editor@highcliffeca.co.uk
Website:	www.highcliffecommunityassociation.co.uk

Acting Chairman (On behalf of the Management Committee)

Email: CPutterford@outlook.com Tel: 07720 467695

Dear Members,

What a year we have had with Greystones's closure due to COVID restrictions. I am sure none of us thought this time last year we would have a full year of disruption. However, with vaccines being rolled out we can now see light at the end of the tunnel. With that in mind we are looking to get back up and running as near to the Government date allowing us to do so. This means we will be opening for membership renewals relatively soon. The membership year will move to 1st May through 30th April to bring it in line with the CIO (Charitable Incorporated Organisation) accounting year, reducing the accounting burden of nonaligned year ends. Additionally, there will be a new colour coded annual membership card.

There is a new option to renew via BACs (online) available. This information is detailed in the newsletter, on the web site, via e-mail and in the membership renewal letter sent to those that don't use e-mail. We will be opening the centre from 2pm to 4pm Mon-Fri from Monday 21st June to Friday 2nd July for cash/cheque payment renewals and distribution of new membership cards. Please note that due to their newly automated systems the bank is insisting cheques **MUST** be made payable to 'Highcliffe Community Association' with no abbreviations allowed. **PLEASE DO NOT POST CASH THROUGH THE DOOR**

On the above dates we hope to open the Coffee bar and offer the opportunity to see the building improvements made during lockdown. There

will also be a chance to sign up for sections on sign-up sheets laid out in Room 1. Please come along and bring your friends, New membership will be available too.

We intend to fully open for Business on Monday 5th July (subject to changes in the government plans) although some sections have decided to delay their start date until later.

This year (2021/22) will be a 'short' membership year but bearing in mind we have fixed costs of approx. £28,000 per annum whether we are open or not and it has been necessary to spend approx. £50,000 on repairs to the roof, Room 1 bay window and other sundry repairs the Membership renewal will remain at £10. However, given the circumstances we will not have an August closure this year. You will also recall we did not charge a fee for 2020/21.

Finally, you may be aware that Christchurch Housing Society have imposed new parking restrictions at Greystones. This will not affect HCA members, anyone that needs a car park pass will be offered one free of charge on renewal of membership.

I Look forward to seeing you all soon.

Cliff Putterford

Vaccinations and social distancing

The trustees have agreed that we will NOT be asking for proof of covid vaccination unless required by government ruling.

Any social distancing recommendations set out by the government after 21st June will be adhered to at Greystones.

01425 273563

pauline.pegam@highcliffeca.co.uk

SECRETARY

Email: secretary@highcliffeca.co.uk

We'll meet again.....

Please can group leaders inform me (Pauline Pegram) of the dates on which the meetings will recommence for ease of planning. 01425 273563

pauline.pegam@highcliffeca.co.uk

TREASURER

Email: treasurer@highcliffeca.co.uk

Jan (276450)

Hello everyone, I hope you are all well and looking forward to the re-opening of Greystones. Over the past year it has seemed very strange going into a quiet, deserted building which used to have such a vibrant atmosphere.

I would like to start by saying a big thankyou to Barbara Griesel, our librarian, who over the past 4 years has been helping me with the weekly cash counting. Barbara has decided to step down from this role to devote more time to the library, so as a consequence I am looking for volunteers to assist with the cash counting on a rotational basis. If you enjoy counting money and have a few hours to spare on a Monday morning please contact me to discuss what is involved.

As reported previously the Charitable Incorporated Organisation was set up last May and has been running alongside the old registered charity. Last year we extended the old charity's year end until September with the intention for it to be then dissolved, however due to an issue with the reassignment of the lease this has not yet been possible. Since October all finances have been operated through the new CIO and the first year's accounts are now being prepared. The majority of the expenses have been the normal running costs of the building along with ongoing repairs. We are in the process of having the bay window, the roof above the bay window and part of the main roof repaired and have had caps put on all the chimneys, the total cost for these repairs is in the region of £30,000.

Following the death of his daughter we have received a substantial legacy from the estate of the late James Johnston, formally of Jesmond Avenue, who passed away in February 1991, unfortunately none of the existing Management Committee knew James, so if any member did know him would you please let us know.

We greatly appreciate the steady flow of membership renewals during April

and May and look forward to welcoming all members to renew in person from June 21st onwards.

We have been busy tidying up the outside seating area near the coffee lounge with the idea that people may enjoy having their refreshments outdoors. The patio has been power washed, the tables and benches sanded down and stained, and the gardens have been weeded and replanted, all we need now is good weather, so do please come along and enjoy a cup of tea or coffee with us. A thanks must go to Stewarts Garden Centre for their kind contribution of £30 towards the replacement of plants.

On returning, the treasurers will notice that the HCA1 forms have been updated, when you complete these forms you are now required to show the number of members attending, the section fee, and the number of weeks that are being paid.

Looking forward to seeing you all very soon.

NEWSLETTER EDITOR

Email: newsletter.editor@highcliffeca.co.uk
Norman (275674)

IMPORTANT NOTICE

In order to make the newsletter for July available on the re-opening day of 21 June, production of the printed version will take place earlier than normal, and therefore any text for inclusion in the newsletter **MUST** be submitted on or before the deadline date of 14 June. No flexibility in this deadline can be accommodated.

ASSOCIATION MATTERS

LETTING NEWS

Email: lettings@highcliffeca.co.uk
Pauline (273563)

RECEPTION

Lynn (07754 216164)

MEMBERSHIP

Email: membership@highcliffeca.co.uk

Mavis ()

If you haven't received your membership renewal letter either by post or by email, please contact "membership.secretary@highcliffeca.co.uk"

TEA AND COFFEE SERVERY

Barbara (620811)

Your kitchen needs you.

In order for the kitchen to run smoothly we rely on the help of our wonderful band of volunteers.

If you are able to spare a couple of hours once or twice each month to help serve teas and coffees, please get in touch.

Thank you to all those who have already agreed to be on the tea and coffee rota when we reopen. Hopefully during the 2-weeks of open afternoons prior to the official opening on 5 July, I intend to meet up with you all, to bring you up to date and welcome you back. Also, to introduce new volunteers to the kitchen.

There will be a few changes when we reopen as a result of feedback and to help keep us all safe.

- Coffee and Tea will be available in mugs rather than cups and saucers (though these will still be available if desired.)

- An assortment of biscuits will be served in individually wrapped packets.

- Sugar will be in individual sachets.

- The cost of a tea or coffee and a packet of biscuits will be £1.00.

- The Garden Terrace has been cleared and weather permitting, will be a lovely area to have your drinks and catch up with friends in the fresh air.

barbara.thacker@highcliffeca.co.uk

EQUIPMENT & MAINTENANCE

Martin (07974 542815)

Premises and Maintenance Manager

Highcliffe Community Association needs a Premises and Maintenance Manager to look after Greystones House. The position is voluntary and covers all aspects of maintaining the building and the equipment used by its many Sections who meet inside..Much of the task involves managing contractors to maintain this lovely building and liaising with the management committee on the finances.

If you might be interested, please send an email to the Secretary at

secretary@highcliffeca.co.uk

BINGO

Every Saturday

GREYSTONES HOUSE
Eyes down at 1.30pm.

GENERAL INTEREST

Nu.2.U. LADIES CLOTHES SHOP

GRAND SALE – of Ladies & Men's Clothing

21st June – 2nd July. 2 – 4 pm

SO when you are renewing your membership, visit the shop & grab some great bargains.

WANTED – a new MANAGER to run the Ladies Shop.

The existing Team are happy to continue to work with and support the individual prepared to take the shop forward into the 'vinted clothing era'.

Without a New Manager the shop will close. The 50/50 Ladies clothing Shop was started by two very talented Members when Charity shops were a new concept. Over the years it has proved an excellent source of income for HCA as well as a monetary return to participating members.

LIBRARY CORNER

Barbara ()

PUBLICITY

Chris (271453)

QUIZ

Audrey (278643)

SECTION NEWS

ART – Monday am

Contact - Jeanne (271810)

Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)

Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Margaret (280162)

Claire (01590 643635)

Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)

Meetings – 2.00pm Weds. Weekly

Hi Wednesday afternooners. I hope everyone is ok and raring to go with new paintings or sketching.

I bet I'm the only one who's been doing all manner of things but painting during the last 18 months so I'll be so glad to get organised and start again.

I'm sure we all have lots of stories and experiences to share when we start back.

It looks like we start back on Wednesday 7 July.

Can everyone who's coming back let me know .You all should have my email. It appears we're still stuck with Room 3 so we have such limited space for our tables that it's necessary to know in case we have a space in the Group for a new member.

It will be great to see everyone again

ART – Thursday am

Contact – Pat (275563)

BRIDGE – Duplicate

Contact – John Lee – (279257)

Website

www.bridgewebs.com/highcliffe/

Details on how to navigate around the website are shown on Home Page. Phyl Hart has retired as Secretary after many years of hard work.

Duplicate - normally Monday and Wednesday evenings at 6.15pm for 6.30pm start.

Arrangements during closure of Greystones House. HDBC have organised an 'One-Line' pairs weekly tournament on StepBridge. It is played every Wednesday evening at 7pm. Further details can be obtained from Arthur Whittaker on 01425 621 479

BRIDGE – Rubber

Contact – Martin (276971)
Or Steve (07922 120918)
Meetings – 1.30pm Friday Weekly

CANASTA

Contact – Olive (274813)
Meetings – 6.30pm Thursday Weekly

CARDS – BOLIVIA

Contact – Avril (276346)
Meetings – 1.30pm Monday 27th April

CARPET BOWLS

Contact – John (277553)
Meetings – 2.00pm Monday
2.00pm Friday

CHESS

Contact – Ron (277514)
Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)
Meetings – 11.30am Friday Weekly
4.15pm Tuesdays Weekly

CRAFT

Contact – Brenda (278842)
Dates for your diaries (subject to government guidelines)
21st – 25th June and 28th June – 2nd July 2-4 pm HCA Membership renewal and open days
8th and 15th July Crafting in the Garden at Sandra's house.
29th July – Garden Party - venue to be confirmed
2nd September -Return to Greystones

Members are asked to bring a personal kit to all sessions (including Greystones when we start back) comprising: - scissors, glue and applicator if needed, pencil sharpener, eraser, colouring pencils, sanitiser – anti bac wipes, gel or disposable gloves.

CRIBBAGE

Contact – Eric (621334)
Meeting–1.30pm Wednesday Weekly

DANCING TUITION. Ballroom and Latin

Professional tuition from Dawn [of Dawn Dance]
Contact – Graeme (07874 327087)
Meetings – 2.00pm Tuesday Weekly
(except first week in the month)
First Time is a free taster session

DANCING – Circle

Contact - Nancy (277920)
Meetings – 2.00pm Monday

DANCING – Country

Contact – Denise (629704)
Meetings – 7.30pm Thursday 2,9,16,23,30

DARTS

Contact – Wendy (271390)
Meetings – 2.00pm Tuesday Weekly
- 7.00pm 2nd and 4th Thursday

DISCUSSION

Contact – Jill (280247)
Meetings – 2.00pm First Tuesday

DRAMA

Contact – Beryl (275535)
or Mary & Eddie (278790)
Meetings– 2.00pm Thursday Weekly

FAMILY HISTORY

Contact – Jean (277905)
Meetings – 2.00pm 3rd Monday

FLOWER ARRANGING

Contact – Valerie (274516)
Meetings –10.00am 1st & 3rd Wednesday

IPAD / IPHONE HELP

Contact – Derek (07437 705015)
Meetings – 11am Wednesday Weekly

IT FORUM

Contact – Norman (275674)
Meetings – 2.00pm 2nd & 4th Wednesday

KURLING (indoor)

Contact – Hazel (540228)
Meetings – 10.00am. 1st & 3rd Thursday

LADIES FORUM

Contact – Margaret (via Greystones)
Meetings – 1.45pm 2nd Friday each month
In the hope that the next relaxation of lockdown will take place on 21st June, the Ladies' Forum has arranged a coffee morning at the Cliffhanger at 10.30am on Friday 25 June. Given good weather it will take place outside but if not we have booked their "Top Bay" so that we can re-unite even if it snows! From 2p.m. until 4p.m. on Friday, 9 July we will be holding a "Bring and Share" Garden Party, (£1p.p.) at Margaret's, the same venue as in 2019. Nothing is being arranged for August but members may care to meet at the regular Greystones open Fridays.

Then, fingers and toes crossed, from September we will re-convene in Greystones at our regular time of 2p.m. on the second Friday of the month. Our 10th September speaker will be Ian Schulz with his talk "Here be Dragons". This will also be our "rejoining" day and the Committee looks forward to welcoming current and new members. Enquiries to Val at val@orpwood.com, phone: 01425 277105.

LANGUAGES

Contact – Christine (275861)
Meetings – 10.00am Mon. French Weekly
 - 10.30am Tues. French Weekly
 - 10.00am Weds. Spanish Weekly

French, Mondays – 10 a.m. (Mr. Clive Sampson)

The class is now full. Please contact Christine on the above number if you wish to be included on the waiting list.

French, Tuesdays – 10.30 a.m. (Mrs. Frances Morley)

Initially, classes will be held on the first and third Tuesday in July and August (i.e. 6 and 20 July and 3 and 17

August). Hopefully, the classes will be able to meet on a more regular basis from September.

Spanish, Wednesdays

Mr. Nicholas Hester has now retired and we wish him well for the future. Please contact Christine on the above number if you know of anyone who may be willing to take over the class on a voluntary basis.

LITERARY

Contact – Tom (272822)
Meetings – 2.00pm Wednesday 1

MACHINE QUILTING

Contact – Susy (275403)
 Cherry (277393)
Meetings – 1.00pm Every Friday except 2nd.

MAHJONG

Contact – Rowena (278248)
Meetings - 1.30pm Thursday weekly

MEN'S FORUM

Contact - Mike (277370)
 or Ron (277393)
Meetings – 10.30am Thursday

MEN'S SHED

Contact – John (07547 922246)
Meeting – 2.00pm 1st Tuesday

MINDFULNESS and MEDITATION

Contact – Debbie (07523 408368)
Meeting – 4.15pm Thursday
Come and discover this wonderful class, to help beat the stress of modern life

MUSIC

Contact – Mike (270378)

PETANQUE

Contact – Carol (280154)
Meetings – 1.00pm Tuesday Weekly
 1.00pm Friday Weekly
Contact – Bernard Gilbert (07578 967622)
 12.00pm Wednesday Weekly

PHOTOGRAPHIC

Contact – Anna (274926)
Meetings – 9.45 am Thursday 9th

PILATES

Contact – Lorena (07444847191)

Meetings – Tuesday 12.15 – 1.15pm

Wednesday 6.00pm **NEW**

Thursday 12.00 – 1.00pm

QUILTING – Tuesday

Contact – Anna (274926)

Meetings – 9.30am Tuesday Weekly

Email: anne.hutton27@sky.com

RAMBLING & AMBLING

Rambles

Contact - Nigel Hicks (277456)

June 2021

Walks start at 1000hrs and are about 5 miles, unless otherwise stated. Any alterations will be advised in the first instance by email, then website. Contact the leader, or the above, if you have any queries. New members always welcome to our friendly group

Wed 2nd Ashley Bombing Ranges

Leader - Leaders - Ann & Bryn Male (274363 / 0777 330 6035)

Meet - Abbots Well CP, Ref 178/129 Turn off A338 at Fordingbrige and then R at T Junction. Turn R immediately after bridge and immediately L to Frogham. Go thro' village and CP is on RHS as road opens up to country. Walk is 5 miles mainly on tracks & includes Hasley, Sloden and Alderhill inclosures.

Wed 9th Backley Inclosure & Stinking Edge Wood. (6 miles)

Leader (Nigel Hicks 277456 / 0789 675 0059)

Meet – Canadian War Memorial, Ref 241/093. On A35 turn L onto Bolderwood Ornamental Drive. At far end turn L and CP approx. 400m on RHS.

Wed 16th TBA (walk to be advised by email nearer the time)

Leaders: David & Jane Dunsmore (838672 / 0789 621 5751)

Wed 23rd St Catherines Hill

Leaders – Barry (0774 291 6442) &

Heather (0759 731 1393) Kerrison

Meet, SE Corner of Hillside Drive, Ref 144/950 (Google Earth Coordinates : 50 deg 45' 15.87N,

1 deg. 47' 55.69W. From Fountains roundabout, take Fairmile Road towards Hurn (B3073). After 2nd roundabout, take 2nd turning on the R into Hillside Drive. Continue up the short hill & TL to park on roadside. (The road is a Bus Route, so park on same side)

Wed 30th Lepe

Leader – Steve Godley (271710, Mob 0790 088 7601)

Meet – Pay & Display CP, Ref 453/986. (£4 for 4 hours.) After passing Exbury Gardens follow signs for Lepe Seafont. After coastguard cottages, gravel track into CP on LHS before the main CP.

AMBLERS

Contact –Linda (547405)

Amblers Walks July 2021

Wed 7th July 2021 10.15

Whitefield Moor Car Park with toilets. Ref SU 274 026

Leaders Chris and John Wilson Tel 01425 838767

Take A35 towards Lyndhurst. At Rhinefield Ornamental Drive cross roads, turn right. Car Park is 2.62 miles along this road on the left. It is past Rhinefield House Hotel and the next car park after Puttles Bridge.

The walk is a mixture of open moorland and inclosures, approx 3.3 miles crossing Ober Water and Silver Stream.

Wed 14th July 2021 10.15

Burbush Car Park

Leaders Charlotte and Nigel

Take A35 towards Lyndhurst. T.L. for Holmsley (Lyndhurst Rd). TR into Forest Rd. At crossroads TR Car Park on Right approx 1 mile.

Approx 3 mile circular walk.

Wed 21st July 2021 10.15

Horseshoe Bottom Car Park Ref CP 262/005

Horseshoe Bottom, Trenley Lawn and Five Thorns

Leaders David and Bob Tel 01425 275829

Turn left off A35 for Burley and after Holmsley Tea Rooms turn right. Take right fork towards Sway just before Wilverly Plain. CP is about 2/3 mile on left.

An open mainly flat walk of approx. 3.5 miles with good views- could be muddy if wet

Wed 28th July 2021 10.15

Meet at Brockenhurst Village CP

Leaders Chris and Peter Tel 07818 266 654

Shortish walk around village and out onto open forest. Approx 2.5 miles.

NF car park permits allowed or charges apply. Toilets.

ROCKIN' ROBINS

Contact – Freda (275059)

Meetings – 7.00pm 1st & 3rd Tuesdays

Optimism is high on the agenda as we can 'hopefully' now see the way ahead to a start after the 5 July when Greystones is due to fully open (if current Government rules still apply). Don, Chris, Hazel and I are looking forward to welcoming you all back and are hoping that you have weathered this difficult year with not too many problems

Our first important date will be Tuesday 6 July at 7pm when we are starting with a social gathering - 'Nibbles and Drinks' and maybe some singing of songs afterwards. PLEASE BRING YOUR OWN DRINKS and GLASSES OR CUPS if needed.

You will probably already know that Greystones is opening up for you to renew your membership. This will happen between

2 - 4pm ---Monday to Friday – 21 June to 2nd July. Also in Room 1, there will be an opportunity for you to put your name to the various sections that you wish to join - most importantly to Rockin' Robins !!

I am sure you will understand that it is very difficult for us to ring round to all of you when we need to communicate something of importance. So please, if you have any queries about dates, times etc. - please give me a call. Freda 275059

RUMMIKUB

Contact – Margaret via Greystones

Meeting – 1.30pm 2nd & 4th Tuesday

With a bit of luck we will be able to play our first game of Rummikub on Tuesday 13 July. Look forward to seeing you all.

Don't forget to renew your Greystones membership ! (£10)

SEWING

Contact – Karen (839519)

**Meetings – 10.00am Monday. Weekly
10.00am Wed. Weekly**

TABLE TENNIS

Contact – John (274813)

**Meetings – 9.30am Monday Weekly
- 9.30am Thursday 2,9,23,30
- 9.30am Saturday Weekly**

WHIST

Contact – Olive (274813)

Meeting – 1.45pm Weds. Weekly

WINE CIRCLE

Contact – Jenny (240082)

Meetings - 7.30pm Friday

YOGA

Contacts - Sandy (270786)

Meetings – Mon & Wed Yoga

Class 11.30 Mondays

Class 10.00 Wednesdays

AFFILIATED ORGANISATIONS

CHRISTCHURCH PROBUS CLUB

Contact – David Dunsmore (838672)

Ours is a friendly club for retired men from business and professional backgrounds, meeting at 10.15am on the first Tuesday of every month at the Christchurch Harbour Hotel, Mudeford Road. Interesting speakers, excellent lunch, welcoming, friendly atmosphere and regular social events.

To find out more, visit our website www.probuschristchurch.com, or contact our Secretary, David Dunsmore on 838672.

CHRISTCHURCH HISTORY

SOCIETY

Contact – Geoff Bush (272773)

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

Contact - Jan Clarke (277635)

(Christchurch Lib. 01202 485938)

(Highcliffe Lib. 01425 272202)

HIGHCLIFFE DEMENTIA SUPPORT GROUP

Contact – Sally Palmer (07541 331881)

We are a totally independent group serving anyone in the Christchurch

area with any kind of dementia together with a friend or carer. There is no charge for joining but we do ask for a modest payment towards expenses and refreshments when you are present.

Our leader has a wide experience of nursing and is herself a carer. She can discuss any queries you have in private.

HIGHCLIFFE FRIENDS IN NEED

Contact – Cressida Belbin (279328)

Volunteer Car Service

Please be advised that the following contact numbers below are now back in action to book a car and driver to take you to their medical appointments for Highcliffe residents.

Please call between 9.30am – 12.30pm where possible.

Mondays Cherry Cook 275056

Tuesdays (from 1st June)

Ann Hart 280083

Weds Pauline Williamson 271520

For any queries please contact the secretary Cressida Belbin on 279328.

HIGHCLIFFE & DISTRICT HORTICULTURAL SOCIETY

Contact – Judy (01202 477350)

The Highcliffe & District Horticultural

HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group

Contact – Michael Williams (07484 778364)

or highcliffepgg@gmail.com

Highcliffe Medical Centre continues to offer care based on clinical need. Thus face-to-face appointments are available to all patients where there is a clinical need. This is as well as currently supporting the delivery of the COVID-19 vaccination programme.

You will be asked to first discuss your conditions over the phone with a member of the healthcare team to assess what would be most appropriate for you and which practice member would best provide it.

As well as telephone consultations we also offer online and video consultations. These can be convenient and flexible ways to receive your healthcare. Where a patient needs to be seen by a health professional face-to-face, this will be arranged. If you have a preference about how to access the surgery you can discuss it with us.

If you are asked to come into the surgery for a face-to-face appointment, please remember to wear a face covering. Measures are in place to keep you safe from infection during your visit to the surgery.

Please do not come to the surgery unless you have an appointment

If you have a disability or condition which means you cannot wear a face covering or require other adjustments before your appointment, please let the surgery know ahead of your arrival.

As well as calling the surgery (01425 272203) patients can visit our surgery website www.highcliffemedicalcentre.co.uk and complete, for non-urgent medical needs, a confidential online form to request advice or treatment. You will receive a response as soon as possible, usually within two working days.

For urgent issues or out of hours call the NHS on 111.

For minor health concerns please visit a local pharmacy for advice.

HIGHCLIFFE ROTARY CLUB

Contact – Dave Foot (613652)

HIGHCLIFFE THEATRE GROUP

Contact - CELIA ROSKILLY – 272566

- BEFORE 6PM PLEASE

Theatres are opening and we have quite a few events booked and seats reserved: Spectacular Classics, Magic Goes Wrong, Chicago, Merlin (a ballet), and, in 2022:

Everyone is Talking about Jamie, Bedknobs and Broomsticks, The Da Vinci Code and The Lion King.

If you live in the Highcliffe area and are not a member, now is the time to join the Theatre Group. Call Celia Roskilly, you will be very welcome.

Call Celia on 01425 272566, before 6pm please – and join our Theatre Group – you will be very welcome.

ROYAL NAT. LIFEBOAT

INSTITUTION

Highcliffe Branch

Contact Jan Wilson (271202)

TWYNHAM PROBUS CLUB

Contact – Alec Payne (01425 83825)

Newsletter Issue	Preparation Month	Copy Date MON	Print Date WED	Publication Date
March	February	15	24	25
April	March	15	24	25
May	April	12	21	22
June	May	17	26	27
July/August	June	14		21
September	August	16	25	26
October	September	13	22	23
November	October	18	27	28
December/January	November	15	24	25

COPY DATE FOR JULY NEWSLETTER

MONDAY 14 June

PUBLICATION MONDAY 21 June