

## Highcliffe Community Association at Greystones House

## Highcliffe Community Association Presents:





An evening of entertainment Devised by Anne Ponting featuring: Chameleon Singing Group Andrea's Angels Scaramouche Theatre Company

Tickets £12 members/£14 non-members Ploughman's Supper included Bring your own drinks and glasses

> Available at Reception from Tuesday May 30th

News and Programme of Events

May 2023

### Sections at a Glance...

Art	Monday am.	Legs, bums and Tums	Tuesday am.
Art	Tuesday am.	Machine Quilting	Friday pm
Art	Tuesday pm	Mahjong	Thursday pm.
Art	Wednesday pm	Men's Forum	Thursday am.
Bridge Duplicate	See text	Mindfulness	Monday am
Bridge Rubber	Friday pm	Mindful Doodling	Wednesday
Canasta	Thursday evening	Petanque	Tues pm
Cards – Bolivia	Monday pm	Petanque	Wed, pm
Carpet Bowls	Monday pm	Petanque	Thursday pm
Carpet Bowls	Friday pm.	Petanque	Fri am pm.
Chess	Monday evening	Photography	Thurs am
Chi Kung	Friday am.	Pilates	Wednesday am
Craft	Thursday pm.	Poetry	Wednesday am
Cribbage	Wednesday pm.	Quilting	Tuesday am.
Dancing Ballroom	Tuesday pm	Rambling & Ambling	See text
Dancing-Circle	Monday pm	Rockin Robins	Monday pm
Dancing-Country	Thurs evening	Rummikub	Tuesday pm
Dancing-Line	Tuesday evening	Sewing	Wednesday am
Darts	Tuesday pm		
Darts	Thursday evening	Table Tennis	Monday am
Discussion	Tuesday pm.	Table Tennis	Thursday am
Playreading/Drama	Thursday pm.	Table Tennis	Saturday am
Flower Arranging	Wednesday am	Whist	Wednesday pm
Fun Chair Exercise	Monday pm	Yoga	Monday noon
Highcliffe	Sunday am	Yoga	Tuesday am
Community Church		Yoga	Tuesday pm
IT Forum	Wednesday pm.	Yoga	Wednesday am
Ladies Forum	Friday pm.		
Languages French	Monday am.		

### For more information see relevant entry in Section News below

#### Highcliffe Community Association Greystones House, Waterford Road, Highcliffe Dorset BH23 5JL

Registered Charity No.1189336

An Independent organisation run voluntarily by members for members and financially self-supporting

#### **CONTACT US**

Telephone: Email Photocopying: Email Newsletter copy: Website: 01425 271604 printroom@highcliffeca.co.uk newsletter.editor@highcliffeca.co.uk www.highcliffecommunityassociation.co.uk

#### **Dates for Your Diary**

Dates	Event	Tickets on Sale		
Friday May 5th	Film - Empire of Light	Friday 4th April		
Sunday May 7th	Coronation Afternoon Tea	Monday 3rd April		
Saturday May 20th	Quiz and Chips	Monday 24th April		
Friday 2 <sup>nd</sup> June	Film - A Man Called Otto	Friday 5 <sup>th</sup> May		
Sat/Sunday 10th/11 <sup>th</sup> June Highcliffe Food Festival.				
Saturday 24 <sup>th</sup> June	Razzle Dazzle	Tuesday 30 <sup>th</sup> May		
Sunday 2 <sup>nd</sup> July	Hidden In Highcliffe Walk	Monday 5 <sup>th</sup> June		
Friday 5 <sup>th</sup> July	Film Matilda- the Musical	Friday 2 <sup>nd</sup> June		
Saturday September 9	Oth Quiz and Chips	Monday 24th July		
Saturday 25th Novem	ber Quiz and Chips. Mo	onday 6th November		

Further social events will be announced.



We appreciate all our wonderful volunteers but we are always in need of more people to join our teams in

- the Kitchen,
- Reception,
- Friday Raffle
- set out tables for Friday Live and events.

Help and advice will be given to help you settle in Contact Lyn - Reception, Barbara - Kitchen or Jan

### HIGHLIGHTS for MAY

Film Night – Friday May 5th "Empire of Light"

**Coronation Afternoon Tea Sunday**, 7<sup>th</sup> May 2.30pm to 4.30pm with entertainment provided by Paul Hammond.

Quiz & Chips – Saturday 20<sup>th</sup> May

Every Friday – "Music Live" in Room 1 from 10.30am

New.2.U Ladies Boutique open Every Thursday afternoon (1.45 - 3.45) & Friday morning (9.45 - 12.45)

### **Chairman's Report**

### May 2023

Spring has sprung and with it comes our annual renewal of membership and hopefully some warmer weather.

#### **Membership**

As you may have seen via e-mail/posters and on the web site, following various discussions the Trustees have decided that the renewal fee will remain at £10. This is despite a member's proposal at the AGM that it should increase to £20 and is in recognition of the fact that the cost of living continued to increase after that proposal was accepted. I hope this decision meets favourably with members.

Along with increased activity in promoting HCA, increased fundraising efforts and assuming a continued increase in membership numbers we will continue to review the income against the increasing cost of running the HCA.

Renewal is due on May 1st, and we will have a special renewals desk open from Tue 2nd May to Fri 12th May inclusive specifically for renewals.

Along with the renewal form there is a page of questions in the form of an anonymous survey. This will be completely anonymous (there is reference to membership no. if you choose to give it) this will allow us to target our fundraising and activity in regard to promoting HCA. It would be most appreciated if you could spend a couple of minutes completing it when you renew your membership. Thank you in anticipation.

#### **Fundraising**

The subcommittee held their 1st meeting on Friday 10th March. Norma led the way using information provided by the Treasurer. This set out some tasks for the members to complete ahead of the next scheduled meeting (Fri 28th Apr) so she can pursue a number of avenues to which she has already opened gateways.

If your section has a specific need for funds, please send details to Norma so she can look for potential donators.

#### Highcliffe Parish

Following the Open house meeting with Andy Martin it is our intention to run series of similar events covering all aspects of living, both personal and community. If you have ideas for what subjects, you would like to see covered please let me know.

#### Sections

Photography – As you will see in the section update the Photography group is now back up and running. There is plenty of space for more members who would be welcomed with open arms by Jeff Palmer (07970608011), who has kindly volunteered to administer the group.

#### **Notices**

You will see elsewhere in this newsletter a tribute to Don Nichols following the incredibly sad news of his passing.

We have also been informed by the family of Daisy Winterton, who had been a long established and active member up until about 2018 when poor health limited her visits, that she sadly passed away recently. I have details of her funeral scheduled for Friday 12th May. If you knew Daisy and would like to attend, please let me know. I look forward to seeing you at Greystones, in the meantime, enjoy our wonderful facilities.

Cliff Putterford, Chairman <u>Cliff.Putterford@highcliffeca.co.uk</u> 07720 467695

## **Don Nichols - In Memorium**

As many of you will already know, Highcliffe Community lost not only a truly wonderful gentleman but also a stalwart member of Highcliffe Community Association when Don Nichols sadly passed away on 30<sup>th</sup> March 23.

Don had battled several ailments for some time, yet he continued supporting HCA; running and playing at Friday Live, continuing to run his treasured 'Rockin Robins' singing group and being involved and supporting HCA in any way he could.

It goes without saying that he will be sadly missed by his many friends and will remain in our hearts for as long as we and the Association continues.

We wish Chris and the family our love and support at this time and look forward to the time when hopefully, she (and they) will feel able to continue his legacy here at Greystones House.

Whilst we all share in the sadness of his passing, I am sure you will join me in remembering the many good times we shared with Don, and we will do all we can to support Chris as she adjusts to life without her beloved husband.

Cliff Putterford Chairman

#### Membership Renewals- additional information

Clearly fundraising is the key to keep our Association viable in these challenging times so in line with the requirements of bodies likely to offer us financial support this years Membership forms for New members and Renewals will be asking for a couple more bits of information related to our fundraising efforts. Specifically:

- Year Born
- Nationality •
- Do you have a disability
- How did you hear about us (Greystones/Highcliffe Community Association • (HCA)

This information will help us greatly when we are applying for funding to Grant Makers, Local Authorities and Philanthropic groups as they all ask for detailed demographics of the membership before awarding funds to Charities.

All information divulged by yourselves is strictly private and is covered by our Data Protection.

Your support in completing this information on forms will be much appreciated. Thank you in anticipation.

#### Highcliffe Food Festival

The annual Highcliffe Food Festival is being held over the weekend of 10th/11<sup>th</sup> June. To raise funds for Greystones it has been decided to open over the weekend and serve tea, coffee and cakes. To make this a successful weekend we are asking for your help by either making or donating cakes and giving of a couple of hours of your time to help during the weekend. If you would like to help please contact Jan on 07999 831649 or 01425 276450

**Razzle Dazzle** Saturday 24<sup>th</sup> June 7pm to 10pm

Come along for an evening of entertainment. devised by Anne Ponting of our bridge club featuring: Chameleon Singing Group, Andrea's Angels And Scaramouche Theatre Company.

Ticket £12 members £14 non-members Ploughman's supper and dessert included. Please bring your own drinks and glasses. Tickets on sale from Tuesday 30th May.

#### Hidden in Highcliffe Walk Sunday 2<sup>nd</sup> July 1.30 - 4.00pm.

Fancy a fun filled walk around Highcliffe followed by a cream tea, then join us on this gentle walk.

Tickets £3 including a cream tea on sale Monday 5<sup>th</sup> June.

## **Future Film Nights**



Friday May 5<sup>th</sup>

"Empire of Light"

Empire of Light is an intimate and moving story about love, friendship, and connection, set in a coastal town in Southern England against the social turmoil of the early 1980s. Hilary (Olivia Colman), a woman with a difficult past and an uneasy present, is part of a makeshift family at the old Empire Cinema on the seafront. When Stephen (Michael Ward) is hired to work in the cinema, the two find an unlikely attraction and discover the healing power of movies, music and community.

Friday June 2<sup>nd</sup>

"A Man Called Otto"

Tickets £5 members £6 non-members, price includes a choc ice.





#### SECRETARY

Email: <u>secretary@highcliffeca.co.uk</u> Please tell Linda if your group reps/treasurers change so that information goes to the correct people.

#### TREASURER

#### Email: <u>treasurer@highcliffeca.co.uk</u> Jan (276450)

As the 31<sup>st</sup> May is the end of our financial year all group treasurers will receive the annual report showing all monies paid in by your group during the year.

The report will be in your hanging file in the filing cabinet near the ladies toilets with your register. Would you please check this as soon as possible (preferably by the 22<sup>nd</sup> May) and notify me of any discrepancies. Thanks to all treasurers for your commitment as without you your groups would not be able to run. Jan

## ACCOMMODATION & LETTING NEWS

Email: lettings@highcliffeca.co.uk Pauline (273563)

Please could you let me know if your group is not going to need the room at any time as this may affect the staffing of reception and the kitchen. Thanks

#### RECEPTION

Lyn (274301) Hazel. (540228)

A big thank you to all receptionists for all the help to keep the desk covered; without your help we wouldn't be able to open for groups.

Lyn & Hazel

#### MEMBERSHIP

Email:

#### membership@highcliffeca.co.uk

A reminder that membership renewals will be due from 1 May onwards, and can be done via the website or through reception; the application form this year contains a couple of additional questions which may be used by our fundraiser, Norma Palmer, to bid for funding for HCA projects. This extra data will be totally anonymous.

Renewal forms will be available from reception w/c 2 May, on the website (where payment can be made via BACS), and in the May newsletter.

We look forward to receiving your renewals and if you have any questions or concerns please do not hesitate to contact me.

#### **NEWSLETTER EDITOR**

#### Newsletter.editor@highcliffeca.co.uk

Those readers viewing the newsletter either from the emailed version or on the website will be seeing a big change this month. Quite a bit of COLOUR on the inner pages! Thanks to Patrick from IT Forum we are now able to have this extra colour yet still print the paper copies using just black ink, without needing to produce two different versions of the newsletter. and therefore saving the Association significant printing costs. More details can be found on p.22 of this issue.

We of course need to make sure the paper copy is still an enjoyable and informative read, so please bear with us if we don't get things quite right to begin with. Any comments to the email address above, as usual, please (or on paper in the newsletter editor file i.e. the old pigeon hole). Graeme

#### TEA AND COFFEE SERVERY

Barbara (620811) barbara.thacker@highcliffeca.co.uk

Thank you to all the wonderful volunteers who help provide refreshments at Greystones. We have had several new volunteers come forward and I would like to welcome and thank them. I would also like to mention Mike and Margaret Carless who have decided to stand down after several years of helping on a Monday afternoon each month. Thank you for all you have done for HCA.

If anyone would like to join our friendly team of volunteers, please get in touch with me.

#### Barbara

#### **GENERAL INTEREST**

#### NEW.2.U LADIES BOUTIQUE

Contact – Monica (07739 420244)

HELLO, we hope you all enjoyed your Easter festivities and not eaten too much Chocolate, Iol. Of course now we have the Coronation of King Charles III to celebrate, so pop in and see what your New 2 You Boutique has to offer to help you celebrate in style.m

We are always looking for new items to add to our collection so please let us know if there is anything else you think we should be stocking in your New 2 You Boutique.

To all of you who have kindly donated and purchased donated items, we really couldn't do it without you. A special thank you to all our regulars.

NEWS: Trust / Sale Rail, with many items significantly reduced, so its a great time to see what is available, don't miss the opportunity to grab a great deal and update your wardrobe.

Reminder: As you may know, we offer members the opportunity to take an item home on approval. This is offered in circumstances where it may be difficult for our members to try on an item in the shop or maybe time is very limited etc. In which case we are happy for you to take an item home to try on and then return with the money or the item if not suitable within one week. If for whatever reason you are not able to get back to us within one week then we respectfully ask that you make contact with me / team so that alternative arrangements can be made.

Shop Hours Extended: We are going to continue with opening the shop on a Tuesday afternoon from 1.30 - 3pm in May, so please pop along and say Hello.

Thank you for all your support, looking forward to seeing you soon.

#### LIBRARY CORNER

Barbara ()

I hope all members have found the changes to the library helpful and that you have managed to find what you are looking for with ease.

The main reason for the change around was to make more room for our

## ARE YOU INTERESTED IN MAKING MUSIC?



Have you ever wished to play the keyboard but never had time to pursue this wish, or are you a keyboard or piano player wishing to revive your skill or just wanting to find somewhere to practice? If so, HCA's own music studio, the Minto room, could provide the answer. This is a self contained studio with two Yamaha keyboards fully installed and ready to go. You may wish to see if keyboard playing is for you or to polish your existing skill. Either way, you would be welcome to try out this facility.

There is no charge; just contact Dave Jones on 01425 611523 and he will be delighted to introduce you to the studio.

Arthur Minto was a keen musician and benefactor of HCA. His legacy was responsible for funding this facility which he wished to be available to all members with an interest in keyboard playing.

paperbacks but as our members are so generous with donations, the shelves are filling up again very fast.

Don't forget that under the 'Trust Box' are 'Books for Sale'. These are books that are now surplus to requirements and are for sale at 20p per item. There are also a few jigsaw puzzles below the books that are for sale also at 20p each. Please do not return these For Sale books to the library as they are for you to buy and keep.

At the moment I only need donations of as new and latest paperbacks. Unfortunately due to space issues, I am unable to accept other items.

If you have any travel guides, they would be appreciated. Please have a look at this section as why buy an expensive guide book when you can borrow one for only 20p.

If you are a new member and are not sure of how the library works, there is an updated '**HOW TO USE THE LIBRARY**' leaflet on the round table please help yourself to a copy. A copy of this is also framed above the 'Trust Box'.

My thanks as always go out to all our members who have donated items to the library in the past month as they are so appreciated.

Barbara Griessel Librarian

#### PUBLICITY

Chris (271453)

Thanks to Chris and her friend for producing the lovely posters..... look out for adverts in the shops in the village and our page in the free magazines which are posted through your door.

## BINGO Every Saturday

GREYSTONES HOUSE Eyes down at 1.30pm.

#### IN MEMORIAM

Mavis

(membership@highcliffeca,co.uk)

With deepest sympathy to the family and friends of ...

Don Nichols



It is with regret that we also announce the passing of Daisy Catherine Winterton, a former member of the quilters and the travel club.

Anyone who knew Daisy and wish to attend her funeral at The New Forest Crematorium on Friday 12<sup>th</sup> May at 2.30pm please contact her niece: Trudy Sell on 07763 587702.

### SECTION NEWS

ART – Monday am

Contact - Diane (01202 426472) Meetings – 10.00am Monday Weekly

#### ART – Tuesday am

Contact – Rosemary (274056) Meetings – 10.00am Tuesday Weekly

#### ART – Tuesday pm

Contact – Claire (01590 643635) Meetings – 2.00pm Tuesday Weekly

#### ART – Wednesday pm

Contact – Barry (272878) Meetings – 2.00pm Weds. Weekly

#### **BRIDGE – Duplicate**

Contact - John Lee - (279257). Website www.bridgewebs.com/highcliffe Mon. and Wed. evenings: 6.15 for 6.30 start. Host system operating. Swiss Teams - 1st Monday of the month. Improvers Bridge - Wednesday 6.30pm. Ladder pairs - 4th Mon. & Wed. in month. Social: Bridge Lunch Friday 24th March 2023

#### SOCIAL BRIDGE

Contact – John Lee (279257) Meetings Friday 1.30 start

#### BRIDGE – Rubber

Contact – Martin (276971) Or Steve (07922 120918) Meetings – 1.30pm Friday Weekly

#### CANASTA/CRIBBAGE

Contact - David (07971444463) Meetings - 6.00 for 6.30 pm until 9.00 pm Thursday Weekly.

We are a friendly group who enjoy a laugh as well as an interesting and absorbing game of Canasta. We also have a separate Crib section at the same meeting so everyone has a choice of which game to play with a tea break half way through the session. If you have any questions, please don't hesitate to contact me on the above number.

#### CARDS – BOLIVIA

Contact – Carol (627763) Meetings – 1.30pm 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Monday

#### **CARPET BOWLS – Monday**

Meetings – 1.45pm Monday Contact Linda 07401261568 We have a few vacancies on Monday afternoons. Come along for a fun afternoon and make new friends at the same time.

#### **CARPET BOWLS - Friday**

Meetings - Friday 1.30 weekly Contact – Hazel (540228) Why not come along and see our Friday group for Carpet Bowls, we have a few vacancies at the moment. We are friendly, have fun and welcome new members.

#### CHESS

Contact – Ron (277514) Meetings – 7.00pm Monday Weekly

#### **CHI KUNG**

Contact – Karen (07786 304105) Meetings – 10.30 & 11.30am Friday Weekly

#### CRAFT

Contact – Brenda () Email: CRAFT to bimarv@gmail.com Meetings – 1.30pm Thursday Weekly

#### CRIBBAGE

Contact – Derek (07437 705015) Meeting–1.30pm Wednesday Weekly Come and join us for the Cribbage Club every Wednesday at 13.15 for 13.30 start to 15.45. We have some competitions you can join in so contact Derek Pooley on 07437 705015. We are in room 1.

#### DANCING TUITION. Ballroom and Latin

Professional tuition from Dawn [of Dawn Dance]



Contact - Graeme (07874 327087) or Dawn (07979 963935) Meetings – 2.00 to 4.00pm Tuesday Weekly (Note: **NOW** every Tuesday) Room 1. Only £1 per session! - we have

vacancies. Your first time is a free taster session.

#### **DANCING – Circle**

Contact - Nancy (277920) Meeting – 2.00pm Monday

#### **DANCING – Country**

Contact - Jan (01202 427523) On the first Thursday of this month we will anticipate the Coronation of King Charles III by dancing some regal entitled dances. We will see what our callers come up with! All dancers are encouraged to wear their red, white and blue or to dig out any crowns or tiaras hiding in the wardrobe. Prospective new members are encouraged to join our waiting list by contacting Jan on the number above.

#### DANCING - LINE (New)

Tuesdays 4.30-5.30 (Full) or 5.45-6.45 Ring Pauline 0770219809

#### DARTS

Contact – Sue (280536) Meetings–1.00 to 4.00pm Tuesday Weekly Contact Brenda (839789) - 7.00pm Thursday Weekly

#### DISCUSSION

Contact – Jill (280247) Meetings – 2.00pm First Tuesday We now meet in Room 14 upstairs and would like to reassure prospective new members that there is a lift if stairs prove too challenging.

#### **DRAMA & PLAY READING**

Contact - Tom (272822) - Eddie & Mary (278790) Meetings - Thursdays at 2pm.

We are currently negotiating the mayhem of Michael Fravn's farcical masterpiece NOISES OFF aka NOTHING ON, very witty, and then it may be back to Shaw for THE SHEWING UP OF BLANCO POSNET or Fanny's First Play and possibly Wertenbaker's Timberlake OUR COUNTRY'S GOOD about the power of play-making among the transported folk and marines of Botany Bay.

#### FLOWER ARRANGING

Contact - Valerie (274516)

Meetings – 10.00am 1st & 3rd Wednesday

Are you thinking of a new hobby? Why not join our very friendly flower arranging group? Everyone is welcome with individual schedules for novices.

Please phone Valerie for further information.

#### FUN CHAIR EXERCISE (New)

2<sup>nd</sup> and 4<sup>th</sup> Monday - 4.30 - 5.15 Ring Pauline 07702198809

#### **HIGHCLIFFE COMMUNITY CHURCH**

Contact – Jean Davis (01425 279704) Meetings: 10.30am every Sunday, Bible Study: 7:15pm every Tuesday evening. Prayer via Zoom 8 – 8:30am Tuesday morning. Please ask for the link details if you would like to join us. We are a small group of Christians who are keen to explore the Good News of Jesus Christ in a new and meaningful way. No previous experience required.

#### **IT FORUM**

Contact – Norman (275674) Meetings – 2.00pm 2<sup>nd</sup> & 4<sup>th</sup> Wednesday Non IT Forum members £2



10th May – Discussion group session. A general discussion of any computer matter raised by a member or a new feature in the computer world.

24th May - Demonstrations of operating systems offerina an alternative to Windows when. for example, your computer can't run the version consequently latest and doesn't receive security updates.

#### LADIES FORUM

Contact – Cherry (01425 274184) Meetings – 1.45pm 2<sup>nd</sup> Friday each month. New Members welcome.

After a most enjoyable talk by John Lewis on Local Views, with superb photographs and videos, the Ladies' Forum AGM was held. It was well attended. Our Chair reported that speakers had been booked through to March 2024. We were sorry to learn that Margaret, a long-term Committee member who had held various posts, had decided to resign. She was presented with a thank you card and bouquet. Increasing costs, particularly for speakers, had meant that finances were running low. However, two enjoyable coffee mornings had now been held, and others planned, in members' homes. Entry fees and modest "bring and buy" tables had done much to improve matters. The monthly meeting subs. would be £4.00, £4.50 for visitors, from May when members could re-join for the coming year.

Our 12<sup>th</sup> May speaker will be lan Schulz talking about "A Desert Adventure, Namibia" and a coffee morning will be held on Tuesday, 30<sup>th</sup> May

#### LANGUAGES

Contact – Christine (275861)

## 10 a.m. Monday French, weekly (Mr Clive Sampson).

The class is now full. If you would like to be included on the waiting list, please contact Christine on the above telephone number.

#### LEGS, BUMS and TUMS

Weekly, Tuesdays 9 am sharp – 9.45 Contact MEL 07966 571938

#### MACHINE QUILTING

variety this lady designs.

Contact - Susy (275403) or Cecilia (672367) Meetings - 1 to 4 pm Every Friday except 2<sup>nd</sup> We have now been making even more Quilts for Care Leavers. New Patterns are being designed by one of our members. It is a pleasure to see the

#### MAHJONG

Contact – Rowena (278248) Meetings - 1.30pm Thursday weekly

Spring is here at last, now all we need is for the weather to warm up a bit! The Mahjong sessions are proving very popular and all our newcomers are thoroughly enjoying themselves and progressing really well with trying out various different hands in the book.

With Spring in mind a really tricky hand to try is Lily of the Valley - a pung of green dragons and a pung of white dragons with two pungs and a pair of green bamboos, i.e. numbers 2, 3, 4, 6, or 8. This hand is exposed, which always helps, (page 52). Another hand which you really need to start with quite a few winds or dragons and a run of numbers is Hachi Ban - 3 pairs of winds or 3 pairs of dragons with a run of 1-7 or 2-8 in any one suit (page 25). Maybe an easier hand would be Dragon's Breath - one of each dragon with any dragon paired and five pairs in any one suit (page 24).

New members are always welcome whether the terminology has made you curious or you have played before. We only play for fun as we can get more games in that way! It is amazing how quickly the time flies by especially with a tea break in the middle.

#### **MEN'S FORUM**

Contact - Mike (277370) or Stewart (07857) 566771 Meetings – 10.30am 3<sup>rd</sup> Thursday

Thu 18th May "The Duffer's Guide to History" by Steve Roberts

Thu 15th June "The History of the Motor Car part 2 - Adolescence" John

Ellis explains the evolution of the car from the 1930's to the 1960's.

**Thu 20th July** "From Stourhead to Stanpit" by Ron Taylor. Discover the many amazing events this river has witnessed in the last 1000 years.

All are welcome.

#### **MEN'S SHED**

Contact – Robin 07547922246 Men's shed have moved to the Old School House in Highcliffe.

#### MINDFULNESS

Debbie – via reception Mondays 10 – 11 am Rm 14 £4 plus £1 to Greystones

#### **MINDFUL DOODLING (New)**

Starting Wednesday 3<sup>rd</sup> May then on the 1<sup>st</sup> Wednesday of every month. Ring Maria 07484 757715

#### PETANQUE

Wednesday and Thursday 1.30 start during winter months Contact – Carol (280154) Meetings – 1.00pm Tuesday Weekly 1.00pm Friday Weekly Contact Mike (01425 280421) 1.30pm Wednesday Weekly 1.30pm Thursday weekly Contact - Carol (07812 705031) 10.00 am Friday Weekly

Now the weather is getting brighter why not come and have a game of pétanque. We are very friendly groups and it is such an easy game to play, it's competitive but fun. We are out in the fresh air in a lovely setting overlooking the sea.

#### PHOTOGRAPHIC

Contact – Jeff Palmer (07970608011) Meetings – 3<sup>rd</sup> Thursday each month.

We enjoyed a practical session this month walking down to the beach to take photos & compare. Our next meeting is on Thursday 18<sup>th</sup> May in Room 11 at 10.30 am. We're aiming to always meet on the 3<sup>rd</sup> Thursday of each month. Next month we're learning how to improve on the camera's automatic setting by manually adjusting the aperture, shutter speed and ISO. I'm told it's not as difficult as it sounds!

Jeff

#### PILATES

Contact – Lorena (07444847191) Meetings – Mat Pilates – Wednesday 8.45 – 9.45am

#### **QUILTING – Tuesday**

Contact – Anna (01202 809700) Meetings – 9.30am Tuesday Weekly Email: anne.hutton27@sky.com Many new ideas are coming forward. New quilts in different colours are being made with farm animals for children in need. These are looking already very cheerful and we enjoy making them. Bags have also been made by some of the ladies and new patterns shown.

#### **POETRY (new Section)**

Contact: Maria Swanston (07484 757715)

Email: <u>swanston49@btinternet.com</u> The group meets the third Wednesday of the month from 10.30 - 12.30, with a tea/coffee break. Rosemary Williams will be leading the group.

New members welcome

#### RAMBLES AND AMBLES

SOCIAL EVENTS



The Rambling

and Ambling desk will not be open on Friday, 12 May, so it will not be possible to renew your membership of the section that morning.

#### May 2023

#### RAMBLES Contact - Nigel (0789 675 0059)

Walks start at 1000hrs and are about 5 miles long, unless otherwise stated. For the dates where walks are marked 'TBA' details will be advised by email to members nearer the time. Likewise, any alterations will be advised by email. Contact the walk leader or the above if you have any queries. New members always welcome to our friendly group – contact the above or walk leader for details. Unfortunately dogs are not allowed.

## Wed 3rd - Woodlands (In Memory of Carol who loved bluebells), 6.5 miles Leader - Terry (0792 788 6304)

Meet - Playing field grass CP just beyond Church near to Woodlands Village. Sat Nav coordinates 50:88097-1:92998.

On A31 just west of Ringwood, take off slip onto B3081 to and through Verwood. Pass Albion Inn on R and over narrow bridge. Then, after turning on left for. Crane Valley Golf Club and in less than a mile, take next L into Verwood Road, signposted 'Woodlands'. Go past the Methodist Church on the L and on reaching Woodlands. The Ascension Church the playing field and CP is on the LHS immediately after the church.

#### Wed 10th Keyhaven and Efford Bridge (6 miles) (Bob's Bluebell walk)

Leader - Nigel (07896750059)

Meet – New Lane, Milford, Ref 298/911. At Milford turn R down side of The Green, then L into Keyhaven Road. After 600m, turn R into New Lane. After 0.5 mile park on verge on LHS. If full carry on past bend & park on LHS.

Wed 17th - TBA

#### Wed 24th - TBA

#### Wed 31st - Bolton's Bench

Leader - Jane Dunsmore (838672 / 0789 621 5751)

Meet Bolton's Bench CP, 307/082. Take A35 towards Ref. Lyndhurst, Turn R by Hinton Church and follow diversion signs through Swav and Brockenhurst towards East Lydhurst. Travel through Lyndhurst on A35 and just after leaving the Village Centre take a RH turn onto towards Beaulieu and B3056 immediately turn L into the Bolton Bench Area. There are 3 main CPs. We will be starting from the Cricket Pitch CP (the 3rd CP, up the hill).

#### AMBLERS

#### Contact –Linda (547405)

Please remember that your membership needs renewing at the

start of May for both HCA and the Ramblers and Amblers section.

#### Amblers Walks May 2023

#### 3rd May 2023 @ 10.00 Anderwood Car Park SU 249 057

Leader: Graham 07858 569656 & Monica

Take A35 towards Lyndhurst, turn left towards Burley just before Ornamental Drive crossroads, Anderwood CP is 3/4 mile on the right. (toilets). this walk is 4.5 miles, but not difficult, mostly along gravel paths and generally even ground. Coffee stop half way and/or picnic area at the CP.

#### 10th May 2023 @ 10.00 Brockenhurst Village walk

Leaders: Chris and Peter Crow 01425 272367

Short walk around Brockenhurst village and across part of Forest to the allotments and back. Maybe a bit muddy if we've had heavy rain. Approx 2 miles.

Meet at car park in centre of village (N.F. parking permits can be used). Plenty of places for coffee or lunch afterwards.

#### 17th May 2023 @10.00

#### The Deer Sanctuary, Ober Heath, Poundhill Heath and Highland Ober Corner, CP ref, 285/036

Leaders: Liz and Russell Wilkinson From A35 turn left at Holmsley Junction, then right towards Brockenhurst. Follow road to Brockenhurst, follow bend round past church into Rhinefield road. At Beecher Wood CP turn right, follow campsite lane past campsite entrance to Ober Corner CP.

Heath land and Riverside Walk with open views. 3mls.

#### 24th May 2023 @ 10.00 Knightwood Oak Car Park

Leader: Monica 07739 420244 Travel along A35 towards Lyndhurst to Rhinefield cross roads. Turn Left towards Bolderwood. Car Park is about 200 yds on the left.

#### 31st May 2023 @ 10.00 Extended walk around Kings Park Leaders: Yvonne and Jerry Scrivens 0777 3479445

Travel along A35 towards Boscombe. After passing the Iford roundabout look out for the Kings Park entrance on your right. Walk is about three miles around the perimeter of the park. A few possible muddy parts after rain but generally flat easy walking. Coffee stop at the cafe. Time to buy a drink and bun but probably not an all day breakfast!

#### **ROCKIN' ROBINS**

## Contact – Freda (275870) or Hazel (540228)

Meetings – 2.00pm 2<sup>nd</sup> & 4<sup>th</sup> Mondays (Singing for fun group)

I am sure that by now most of you will have heard the sad news about Don. He passed away peacefully in Bournemouth Hospital on the 30th March. The funeral was held privately with just close members of the family present. He is irreplaceable. We owe so much to him in making Rockin' Robins such a successful group. Members have been queuing up to join ! He made our sessions such happy affairs with his fun and lightheartedness. We were fortunate to have someone so talented with music. We are very fortunate to have David, who very willingly has stepped in to help us out. We're not too sure how long he will be with us as he has plans to move house. It is very important that we try to keep Rockin' Robins going as it is such a popular group and I know that many of you enjoy the social side of the group as well SO it is a big thank you to David for helping us out I would also like to take this opportunity to thank Hazel who does such a lot of the background work to keep us going. It needs the two of us to keep the show on the road.

End of April, beginning of May is the time to renew your membership or to join the association if you haven't already done so. The 24th April we will be handing out the forms for you to fill in and return to Greystones with your £10 annual fee. Hazel and I will be at Greystones at the following times if you can mange to call in then for us to do your renewal:-

Friday, 28th April 10am - 12 noon Wednesday 3rd May 10am -12 noon Friday 12th May 10 - 12noon

#### RUMMIKUB

Contact – Margaret via Greystones Tuesday – 1.30pm to 4 pm Just a quick update to let you know that we are now able to play Rummikub every Tuesday. 1.30pm to 4pm as usual so look forward to seeing you all.

#### SEWING

Contact: Sue – (07771647150) Meet 10am Wednesday (Weekly) Susan Simmonds will be holding a workshop next term for those members who wish to make a fitted jersey T shirt.

Interest was shown by several members to attend a First Aid/Defibrillator course. Sue Spicer will make enquiries.

#### **TABLE TENNIS**

Contact – John (274813) Meetings - 9.30am Monday weekly 9.30am



Thursday 1st 2<sup>nd</sup> and 4th weeks only 9.30am Saturday weekly

We are looking for any new members wishing to join our group. Pop along and see if you can rekindle an interest you had to leave behind due to other pressing commitments. We are of mixed ability, friendly, patient and sociable. Spare bats are available.

#### WHIST

Contact – Olive (274813) Meeting – 1.45pm Weds. Weekly

#### YOGA

Contacts – Debbie (07523 408368) Meetings– Mon&Wed Yoga Class 11.30am Mondays Class 4.30pm Tuesday Class 10.00am Wednesday Contact ; Karen (07786 304105) Class10.00am Tuesday

#### AFFILIATED ORGANISATIONS

#### CHRISTCHURCH COACHES

Contact: Dave Thompson Tel: 01202 490333 or 07752 248265.

#### **CHRISTCHURCH PROBUS CLUB**

Christchurch Probus Club meets on the first Tuesday of the month at The Christchurch Harbour Hotel, 95 Mudeford, Christchurch, BH23 3NT.

In addition to the monthly members meetings, we have various social events to which our partners and friends are invited.

A very friendly welcome awaits all retired professional and businessmen. Please have a look around our site to see what we are about and contact us if you might want to join us. Website:

/Vebsite:

www.probuschristchurch.com Contact: Maurice Dowling (Secretary) (01425 275587) Or Email: mdowling@gmx.com

#### HIGHCLIFFE HORTICULTURAL SOCIETY

Linda Law email: lindarosslaw@hotmail.co.uk mobile: 07769 748187 www.highcliffehorticulturalsociety.co.uk

Monday 1<sup>st</sup> May at 7.30pm - a talk by Martin Young: 'Made in the USA perennials, shrubs and trees which originated in the USA and which are now commonplace in the UK'.

At St Mark's Church Hall, Hinton Wood Avenue BH23 5AA. Doors open 7.00pm. Plant sales, refreshments and a raffle. Non-members very welcome £3. Enguiries to 07769 748187.

#### FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

(Christchurch Library – 01202 127200) (Highcliffe Library - 01202 127369) Contact - Jan Clarke – 01425 277635:

CHRISTCHURCH LIBRARY Thursday, 20th April "The History of Bournemouth from Heathlands to Heydays & Holidays" by Ron Taylor HIGHCLIFFE LIBRARY Wednesday 26th April "Delightful Gardens from Near and Far" by Mike Webber

Talks start at 2.30 p.m. followed by refreshments."Friends" members £3.00 Non-members £5.00 Please phone relevant library for tickets

#### HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group Contact – Michael Williams (07484 778364) or <u>highcliffeppg@gmail.com</u>

#### NHS Heath Checks available.

The NHS Health Check programme is being relaunched across Dorset.

An NHS Health Check is a free check up on your cardiovascular health and can help you to prevent getting serious illnesses such as heart disease, diabetes, kidney disease or stroke.

Residents aged 40-74 may be invited by their GP or pharmacy to get a Health Check. If you do get invited, please book an appointment.

To find out more visit: <u>NHS Health</u> <u>Checks.</u>

https://www.publichealthdorset.org.uk /your-health/nhs-health-checks

#### **COVID Vaccinations.**

Highcliffe Medical Centre will be holding clinics from the 17th April for Covid Boosters.

Please note that these will only be available for the over 75's, care home residents and the immunosuppressed.

Appointments will be available through the Surgery and we will be contacting patients in due course to book them in. The appointments are only available through us and **NOT** the National Booking Service.

For more information go to the website: <u>www.highcliffemedicalcentre.</u> <u>co.uk</u>

#### **HIGHCLIFFE THEATRE CLUB**

If you are interested in live theatre Why not join our Group? Transport and return by coach from local pickup points. For more information contact Bob or Pat Mackinnon 01425 273144

#### Printing the Newsletter

For readers viewing the newsletter on-line, either the emailed version or on the website, you will notice the welcome addition of much more colour to the Newsletter this month. Notices and graphics (and photos in the future) can now be in colour, whilst in the printed version they're still monochrome apart from the front and back covers.

Unfortunately, it's too expensive to use colour on the inner pages of the print version. The slightest use (just one dot) results in pages being charged at a much higher rate, which is significant when printing up to 500 copies of a 20/24 page document.

The Editors worked with the HCA IT Forum to automate the process of preparing the print edition. It was more complicated than might be imagined, but has been reduced to a simple drag-and-drop operation, effectively hiding technicalities from the user (i.e. the people printing the newsletter). For the more technically minded :-



If you have access to the Internet and would like to enjoy the colour version of your newsletter, please consider viewing on-line via the HCA website, or for those who haven't yet done so, maybe request delivery by email. You'll experience the new-look Newsletter in all its full-colour glory.

If you have an IT issue to explore, consider visiting the IT Forum (2nd and 4th Wednesdays of the month, 2-4pm).

Patrick / Nigel (IT Forum) Graeme (Newsletter editor)

## Highcliffe Community Church

We are a new group of Christians who meet each Sunday morning, 10:30am at HCA, Greystones House. We share in worship, prayer and the Gospel of Jesus Christ.

Upcoming services:

Preaching theme – The early Church Sunday 30th April: Doug Croucher Acts 1: 1-11 Sunday 7th May: Barrie Taylor Acts 2: 1-13 Sunday 14th May: Tom Rothwell Acts 2: 14-21 Sunday 21st May: Sharon Prior Sunday 28th May: David Morgan Acts 2: 22-41 Sunday 4th June: Barrie Taylor Acts 2: 42-47

We commence a Bible Study group on Tuesday 2nd May, meeting every Tuesday evening 7:15 - 8:15pm, to study our themed preaching.

We also hold a weekly prayer meeting via Zoom on a Tuesday morning 8 – 8:30am

This is a warm welcome for you to come and join us!

## **COPY DATE FOR JUNE 2023 NEWSLETTER**

Entries to be received by MONDAY 15<sup>th</sup> MAY 2023

## PUBLICATION 25<sup>th</sup> MAY 2023

This issue of the newsletter edited by: Graeme Stringer

## HIGHCLIFFE COMMUNITY ASSOCIATION

Charitable Incorporated Organisation Registered Charity No: 1189336

# Film Night

FALL IN LOVE WITH THE GRUMPIEST MAN IN THE WORLD

BASED ON THE INTERNATIONAL RESTSELLER

OMING SOON



Tickets: £5.00 members £6.00 non-members

Available at Reception Greystones House From Monday 8th May

Cast: Mariana Treviño , Rachel Keller, · John Higgins ·