

Sections at a Glance...

Art	Monday am.	Legs, bums and Tums	Tuesday am.
Art	Tuesday am.	Machine Quilting	Friday pm
Art	Tuesday pm	Mahjong	Thursday pm.
Art	Wednesday pm	Men's Forum	Thursday am.
Bridge Duplicate.	See text	Mindfulness	Monday am
Bridge Rubber	Friday pm	Mindful Doodling	Wednesday
Canasta	Thursday evening	Petanque	Monday pm
Cards – Bolivia	Monday pm	Petanque	Tuesday pm
Carpet Bowls	Monday pm	Petanque	Wednesday pm
Carpet Bowls	Friday pm.	Petanque	Thursday pm.
Chess	Monday evening	Petanque	Fri am and pm
Chi Kung	Friday am.	Photography	Thursday am
Craft	Thursday pm	Pilates	Wednesday am
Cribbage	Wednesday pm.	Poetry	Wednesday am.
Dancing-Ballroom & Latin Tuition	Tuesday pm	Quilting	Tuesday am
Dancing–Circle	Monday pm	Rambling & Ambling	See Text
Dancing-Country	Thurs evening	Rocking Robins	Monday pm
Dancing-Line	Tuesday evening	Rummikub	Tuesday am
Darts	Tuesday pm	Sewing/Needles	Wednesday am
Darts	Thursday evening	Table Tennis	Monday am
Discussion	Tuesday pm.	Table Tennis	Thursday am
Drama & Play Reading	Thursday pm.	Table Tennis	Saturday am
Flower Arranging	Wednesday a	Whist	Wednesday pm
Highcliffe Community Church	Sunday am	Yoga	Monday noon
		Yoga	Tuesday am
IT Forum	Wednesday pm.	Yoga	Wednesday am
Ladies Forum	Friday pm.		
Languages French	Monday am.		

For more information see relevant entry in Section News below

**Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL**

Registered Charity No.1189336

An Independent organisation run voluntarily by members for members and financially self-supporting

CONTACT US

Telephone:

01425 271604

Email Photocopying:

printroom@highcliffeca.co.uk

Email Newsletter copy:

newsletter.editor@highcliffeca.co.uk

Website:

www.highcliffecommunityassociation.co.uk

New.2.U Ladies Boutique open Every Tuesday afternoon (1.30 – 3) Thursday afternoon (1.45 - 3.45) & Friday morning (9.45 - 12.45)



Future Film Nights

Tickets on Sale

Friday 2nd February "The Old Oak"

Monday 22nd January

Friday 1st March "The Great Escaper"

Friday 2nd February

Friday 5th April TBA

Friday 1st March

Chairman Report February 2024

I would like to start by wishing you all a Happy New Year. I hope you had a lovely Christmas, wherever you spent it and whoever you spent it with.

Joseph and his Amazing Technicolour Carpet

As you will be aware we closed for the first two weeks of the year so we could get the corridors and Reception carpets re-laid. It's not quite as dramatic as the heading but when Kimbers had lifted the previous carpet and came to lay the new we found it was two slightly different colours, even though the manufacturers had marked the rolls as a dye colour match. They had to complete the task as it is going to be some weeks before it is rectified, and we could not be without carpet during that time. It will of course be resolved with minimal disruption and at the manufacturers cost in due course. I will let you know if there will be any disruption when I know more.

Open Forums

One date already booked is the first Forum of 2024 on Wednesday March 6th @ 4:15 when David Sidwick (Dorset Police and Crime Commissioner) will be with us to present on his role and the current situation in Dorset/Highcliffe.

I have two other speakers booked:

- Andy Martin (Highcliffe & Walkford Parish & BCP Councillor) who will talk about the current local plans and answer any questions on 'Council matters.'
- Andrew Lilley (Aldridge Brownlow Solicitors) who will talk about LPA's (Lasting Power of Attorney) which had limited mention on his last talk about Wills.

If you have any particular speakers or subjects you would like to hear from or about, please let me know.

ACE of Clubs

I have attended a couple of meetings with Highcliffe Rotary Club who are trying to bring local clubs together in informal partnerships to support each other at events. It has zero cost and although nothing has come of it yet, it is worth pursuing for the future so will continue to attend.

Council Meetings

We will shortly be publishing the dates for the HCA Council meetings. I urge you to make sure your section is represented by your organiser (or a deputy). It is the best place to get the latest news and plans from your Trustees.

I look forward to seeing you at Greystones, in the meantime, enjoy our wonderful facilities

Cliff Putterford

Chairman

cliff.putterford@highcliffeca.co.uk

07720 467695

More Dates for Your Diary

Event

Tickets on Sale

Quiz and Chips

Saturday 17th February

Saturday 11th May

Saturday 27th July

Saturday 12th October

Monday 22nd January

Monday 8th April

Monday 3rd June

Monday 2nd September

Socials

Saturday 16th March Details to be announced.

Jigsaw Festival

Tuesday- Saturday 6th- 10th August

Further social events will be announced.

Open Forums

Wednesday 6th March at 4.15pm David Sidwick, Dorset Police and Crimes Commissioner

Further social events will be announced.



Friday Live - Musician required



Friday Live is a very sociable and enjoyable morning where friends get together for coffee and a chat along with being entertained each week with live music, it is open to both members and non-members alike. Unfortunately, we now have the third Friday of the month where we do not have anyone to provide the entertainment. If you are a musician or know of anyone that could spare an hour and a half once a month to fulfil this role would you please contact Jan Hollowell or Lyn Lash.



We appreciate all our wonderful volunteers but we are always in need of more people to join our teams in

- the Kitchen,
- Reception,
- Friday Raffle
- set out tables for Friday Live and events.

Help and advice will be given to help you settle in
Contact Lyn - Reception, Barbara - Kitchen or Jan

SECRETARY

Email: secretary@highcliffeca.co.uk

Please would all sections complete the council representative form which has been placed in your hanger in the filing cabinet by the disabled access door. An e-mail address is needed as this is the method of communication we use. Thank you.

TREASURER

Email: treasurer@highcliffeca.co.uk

Jan (276450)

A happy New Year to all members, Christmas now seems a long time ago and a lot has happened since then, however here is an update on the Christmas Raffle which raised a total of £434 and the Christmas craft morning which including all the crafts raised a total of £367

The raffle prize winners were:

1st Prize Christmas Hamper

Hazel Stubbs Green tickets 536-540

2nd Prize Savoury Christmas Hamper
Jenny Alderson Pink tickets 536-540

3rd Prize Bottle of wine Kathy
Yellow ticket 221-225

4th Prize Box of Celebrations
Barbara Smith Yellow ticket 726-730

5th Prize 2 x Wine glasses filled with
sweets Tony Mumford
Yellow ticket 751-755

Thank you to everyone who supported
these events .

Jan

JIGSAWS

Thank you to everyone who has donated and completed puzzles since we started in February 2023. We now have over 1000 puzzles made up and stored in the attic with an unknown

number still to be returned, so for the time being I will only be accepting completed puzzles and donations of boxed jigsaws.

Jan

ACCOMMODATION & LETTING NEWS

Email: lettings@highcliffeca.co.uk

Meryl

Thanks to Meryl for stepping in to help.

RECEPTION

Lyn (274301) Hazel. (540228)

MAINTENANCE

We are still in need of a maintenance manager, this is not an onerous task as it really only means liaising with our existing trades people and occasionally carrying out a small repair. If you are interested please speak to Jan or Cliff.

MEMBERSHIP

Email:

membership@highcliffeca.co.uk

Please see our notice within this Newsletter regarding our offer for New Year memberships. Pass the message onto your neighbours and friends.

NEWSLETTER EDITOR

Newsletter.editor@highcliffeca.co.uk

Many thanks to our editing team who have all 'signed up' for 2024.

Don't forget – if you have something to be considered for publication in the newsletters, then send it to the email above. This can be of any item or subject which you think would be of interest to readers.

A small request to regular section submissions – please always make it

clear in your emails to which section your news refers. Thanks.

Graeme

TEA AND COFFEE SERVERY

Barbara (620811)

barbara.thacker@highcliffeca.co.uk

Thank you to all the team of wonderful volunteers who help provide refreshments at Greystones.

If anyone would like to join us, please contact me.

Barbara



GENERAL INTEREST

NEW.2.U LADIES BOUTIQUE

Contact – Monica (07739 420244)

On your marks get ready, its 2024 and the Greystones New.2.U Ladies Boutique is open for all you lovely ladies to come and shop to your hearts content.

We start the 2024 with a couple of announcements regarding upcoming changes to the shop:

1. Starting February we are going to have a 'mens rail'. This is because we have had a number of requests and we now have some great donations given to us. The mens rail will be 'donations only' and donations need to be in a new or as good as new condition. These items need to be rail ready - so please ensure items are washed and ironed please.

2. Also starting from February we will no longer be taking in footwear (womens / mens), we will sell our existing stock but will not be taking in any more either as donations or 50 / 50.

We still have a number of overdue 50 / 50 items from last year where the owners requested their items be returned to them. I have previously mentioned about these items being collected, so in overdue items are not collected by the 15th Feb, the items will be converted to donations. So don't delay if you really want your items back.

In addition, we have monies from the sale of 50 / 50 items to be collected and previously I did ask that these were collected before Greystones closed for Christmas. While some members did come in to collect, we still have some monies to be collected. So please come in and collect your monies promptly, an updated list is on the noticeboard. Again if you do not collect by 15th Feb we will consider the monies as donations to Greystones.

Thank you
Monica

LIBRARY CORNER

Hello all,
I hope everyone has had a lovely Xmas and New Year.

It has been a nice month's rest for all the volunteers but I do miss Greystones when it is closed and I am pleased to be back now.

Please remember only as new and latest paperback donations are required at the moment as our library shelves are all full up.

If more Greystone's members borrowed a book only once a month there would be so much room on our shelves for more donated books, not to mention there would be more funds to

help towards the running of our fabulous Greystones.

SO REMEMBER : It only costs 20p per item to borrow any item from the library for up to 3 weeks.

Barbara
Librarian

Chris Nichols

We are very sad to announce the death of our long-standing member Chris Nichols on 20th January. Chris was a Trustee of HCA for many years and organised among other things our publicity and printing.



IN MEMORIAM

Contact Sandy
(membership@highcliffeca.co.uk)

Mrs. Joy Humphreys – sadly passed away on Christmas Day, she had been a member of Greystones for a number of years including manning the reception desk and attending Ladies Forum. She was well over ninety and had spent her last few years in a care home in Fareham.

Roy Osborne – an original member of Rummikub

Hilda Stones – sadly passed away earlier in 2023 aged 103. Hilda had lived in Highcliffe since 1957 and been an active member of HCA for many years.

MEMBERSHIP OFFER

A message to prospective new members and members who did not renew their membership in 2023. An offer almost too good to be true – but it is!

From January 1st until 30th April the cost of membership will be reduced to £5. Have you seen the new sections available? We would love to see you again. Application can be made in person at Reception, or via the website.

BINGO

Every Saturday

GREYSTONES HOUSE
Eyes down at 1.30pm.

NEXT HCA COUNCIL MEETING

15TH FEBRUARY 2024 at 16:30

All Sections are urged to ensure they are represented by your organiser (or a deputy). It is the best place to get the latest news and plans from your Trustees.



FRIDAY LIVE



ENJOY LIVE MUSIC IN A
FRIENDLY CAFÉ ATMOSPHERE
EVERY FRIDAY

10.30am – NOON



REFRESHMENTS AVAILABLE
GRAND RAFFLE
ADMISSION FREE



SOCIALS

SATURDAY
17 FEBRUARY -
QUIZ AND CHIPS

Tickets on sale
Monday 22 January - members only

Trustees and Council Meetings 2024

15.1.24			Re-opening after Xmas
16.1.24	Tues	2.00	Trustees Meeting
13.2.24	Tues	2.00	Trustees Meeting
15.2.24	Thurs	4.30	Council Meeting
12.3.24	Tues	2.00	Trustees Meeting
9.4.24	Tues	2.00	Trustees Meeting
11.4.24	Thurs	4.30	Council Meeting
14.5.24	Tues	2.00	Trustees Meeting
11.6.24.	Tues	2.00	Trustees Meeting
13.6.24	Thurs	4.30	Council Meeting
9.7.24	Tues	2.00	Trustees Meeting
26.7.24	2.9.24		CLOSED
10.9.24	Tues	2.00	Trustees Meeting
12.9.24	Thurs	4.30	Council Meeting
8.10.24	Tues	2.00	Trustees Meeting
12.11.24	Tues	2.00	Trustees Meeting
14.11.24	Thurs	4.30	Council Meeting
10.12.24	Tues	2.00	Trustees Meeting
20.12.24	6.1.25		CLOSED

SECTION NEWS

ART – Monday am

Contact - Diane (01202 426472)

Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)

Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Claire (01590 643635)

Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)

Meetings – 2.00pm Weds. Weekly

BRIDGE – Duplicate

Contact - John Lee - (279257).

Website -

www.bridgewebs.com/highcliffe Mon. and Wed. evenings: 6.00 for 6.15 start.

Host system operating.

Swiss Teams - 1st Monday of the month.

Improvers Bridge - Wednesday 6.30pm.

Ladder pairs - 4th Mon. & Wed. in month.

BRIDGE - Social

Contact – John Lee (279257)

Meetings Friday 1.30 start

BRIDGE – Rubber

Contact – Martin (276971)

Or Steve (07922 120918)

Meetings – 1.30pm Friday Weekly

CANASTA/CRIBBAGE

Contact - David (07971444463)

Meetings - 6.00 for 6.30 pm until 9.00 pm Thursday Weekly.

We are a friendly group who enjoy a laugh as well as an interesting and absorbing game of Canasta. We also have a separate Crib section at the same meeting so everyone has a choice of which game to play with a tea break half way through the session. If you have any questions, please don't hesitate to contact me on the above number.

CARDS – BOLIVIA

Contact – Carol (627763)

Meetings – 1.30pm 2nd, 3rd & 4th Monday

CARPET BOWLS – Monday

Meetings – 1.45pm Monday

Contact Linda 07401261568

We have a few vacancies on Monday afternoons. Come along for a fun afternoon and make new friends at the same time.

CARPET BOWLS - Friday

Meetings - Friday 1.30 weekly

Contact – Hazel (540228)

Welcome back everyone, we are a friendly group who play for fun.

We would like to welcome some new members so why not come along one Friday afternoon and see for yourselves.

CHESS

Contact – Ron (277514)

Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)

Meetings – Two session every Friday morning: at 10.30am & 11.30am

CRAFT Contact – Brenda ()
Email: CRAFT to bimarv@gmail.com
Meetings – 1.30pm Thursday Weekly

CRIBBAGE

Contact – Derek (07301135356)
Meeting–1.30pm Wednesday Weekly
Come and join us for the Cribbage Club
1 We have competitions you can join
in so contact Derek on 07437 705015..

DANCING TUITION.

Ballroom and Latin

Professional tuition
from Dawn [of Dawn
Dance]



Contact - Graeme (07874 327087) or
Dawn (07979 963935)

Meetings – 2.00 to 4.00pm Tuesday
Weekly (Note: **NOW** every Tuesday)
Room 1.

Only £1 per session! - Your first time is
a free taster session

DANCING – Circle

Contact - Nancy (277920)
Meeting – 2.00pm Monday

DANCING – Country

Contact – Jan (01202 427523)
It's good to be back dancing after the
long break. If you have booked to
attend the dinner dance on 15th
February remember we will start at
7.00pm. Remember last bookings end
of January!

DANCING – LINE

I am Clare and I run the line dancing
classes at Greystones

Tuesdays 4.30-5.30

Fun class for beginners! Please
contact Clare on 07983 558995 for
more info.

DARTS

Contact
Sue (280536)
Meetings–Tuesday
1.00 to 4.00pm



Contact Brenda (839789)
Thursday 7.00pm.

DISCUSSION

Contact – Jill (280247)
Meetings – 2.00pm First Tuesday

DRAMA & PLAY READING

Contact - Tom (272822)
- Eddie and Mary (278790)
Meetings - Thursdays at 2pm.
Unfortunately, Wilkie Collins' *The
Moonstone* does not seem readily
available as a play-set, but I have
secured the Georges Feydeau farce *A
FLEA IN HER EAR* - one of the
National Theatre's greatest triumphs.
Neil Simon's *PLAZA SUITE* and Alan
Bennett's *HABEAS CORPUS* are on
order. Welcome, new-comers, and
here's to Spring.

FLOWER ARRANGING

Contact – Valerie (274516)
Meetings – 10.00am 1st & 3rd
Wednesday
Are you thinking of a new hobby? Why
not join our very friendly flower
arranging group? Everyone is welcome
with individual schedules for novices.
Please phone Valerie for further
information.

FUN CHAIR EXERCISE

2nd and 4th Monday - 4.00 – 4.45

Ring Viv 07786 435333

Unfortunately, we have to put this group on hold until April 2024. – Wishing Viv a speedy recovery from surgery and a great holiday with family.

HIGHCLIFFE COMMUNITY CHURCH

Contact: Jean Davies (01425 279704)

Morning Worship: 10:30am Sundays

Bible Study: Tuesday 2:15 - 3:30pm

Prayer (via Zoom) Tuesday 8 - 8:30am

If anyone would welcome prayer please get in touch

IT FORUM

Contact – Norman (275674)

Meetings – 2.00pm 2nd & 4th Wednesday



14th February – Discussion Group – an informal discussion of computer and related matters raised by members. Visitors are welcome to seek help and advice on computers, tablets and smart-phones.

28th February – A presentation on a specific computer topic. The subject is currently under review and details will be advertised on the notice board.

Non IT Forum members £2

LADIES FORUM

Contact – Cherry (01425 274184)

Meetings – 1.45pm 2nd Friday each month. New Members welcome.

It seems a long time ago that we held our December Christmas party. Moving

into 2024, Greystones was closed for our January meeting. So, we decamped to Highcliffe Social Club for an afternoon of skittles and quizzes. It was a bitterly cold afternoon and that, and the number of “bugs” about, probably contributed to a low attendance. However, those who did come had a fun time. It soon became obvious that the eventual winner of the skittles would be a keen member of Highcliffe bowls club, but others demonstrated amazing skill in being able to avoid those pesky skittles altogether! We will be holding our Annual Lunch at the Globe Inn on 9th February.

Enquiries to Cherry, 01425 274184

Happy New Year

LANGUAGES

Contact – Christine (275861)

10 a.m. Monday French, weekly (Mr Clive Sampson).

There are now a few places available for capable speakers of French. If you are interested, please contact Christine on the telephone number above

LEGS, BUMS and TUMS

Weekly, Tuesdays 9 am sharp – 9.45

Contact MEL 07966 571938

MACHINE QUILTING

Contact - Susy (275403) or Cecilia (672367)

Meetings - 1 to 4 pm Every Friday except 2nd

We will be making more quilts for Care Leavers. Patterns have been cut for us in preparation and they are a delight to make. Most of our people have been able to attend and it will be lovely to see a full room again.

MAHJONG

Contact - Rowena (278248)
Meetings - 1.30pm Thursday weekly

Come and join us for some fun and games of Mahjong during the cold and dismal winter Thursday afternoons during February.

Some games for our regulars to try this month: Knitting (page 21) - 7 pairs in two suits, made up of one tile paired with the corresponding tile number in the other suit, eg. a 2 bamboo paired with a 2 circles, etc.

Another hand to try is Little Brother (page 17) - a chow in each suit with a fourth chow in any suit plus a pair of your own wind. The tricky part of this hand is getting the pair of your own wind.

There plenty of hands containing one of each wind but when you find yourself with one of each dragon there is not so much choice. One is Dragonfly (page 31) - one of each dragon, a pung in each suit with a pair in any suit. This hand is exposed so you can always a discarded tile.

If you haven't tried Mahjong before, don't worry, just join in. We will show you how to play and we don't score, we only play for fun.

MEN'S FORUM

Contact - Mike (277370) or Stewart (07857) 566771
Meetings - 10.30am 3rd Thursday.
All are welcome.

MINDFULNESS

Debbie - via reception
Mondays 10 - 11 am Rm 14
£4 plus £1 to Greystones

MINDFUL DOODLING

1st Wednesday of every month at 10.30.
Ring Maria 07484 757715

NEEDLES GROUP

Contact: Sue - (07771647150)
Meet 10am Wednesday (Weekly)

PETANQUE

All meetings are held weekly.



Contact - Carol (280154)
1.00pm Tuesday
1.00pm Friday
Contact Mike (01425 280421)
1.00pm Monday
1.00pm Wednesday
1.00pm Thursday
Contact - Carol (07812 705031)
10.00 am Friday

PHOTOGRAPHIC

Contact - Jeff Palmer (07970608011)
Meetings - 2nd Thursday each month.



We now meet on the second Thursday of each month at 10.30 am in Room 11.

The main topic at the January meeting was how to best print raw and standard images without pixelation and distortion etc.

Our February meeting is at 10.30am on Thursday 8th February in Room 11. Our main topic will be Composition through creative control in your Camera. Everyone is welcome, don't be daunted

by the technicalities, it's a fun and friendly couple of hours.

Most of us are not experts and those that we have are very helpful.

PILATES

Contact – Lorena (07444847191)

Meetings –

Mat Pilates – Wednesday 8.45 – 9.45am

POETRY (new Section)

Contact: Maria Swanston (07484 757715)

Email: swanston49@btinternet.com

The group meets the third Wednesday of the month from 10.30 - 12.30, with a tea/coffee break.

Rosemary Williams will be leading the group.

New members welcome.

QUILTING – Tuesday

Contact – Anna (01202 809700)

Meetings – 9.30am Tuesday Weekly

Email: anne.hutton27@sky.com

We are settling in again after the Christmas break. Our Christmas Fair was a great success. We are making plans for our next project and are looking forward to catching up with each other again.

RAMBLES AND AMBLES



SOCAL EVENTS

Lord Bute lunch Wednesday, 28 February 12 for 1230. Cost £35 which includes coffee/tea and gratuities. Menu to be chosen in

advance.

Deposit of £5 per person required in advance. Please ring Christine on 01425 275861 to arrange payment of deposit. Booking date for balance Friday, 16 February.'

RAMBLES for FEBRUARY 2024

Contact - Nigel (07896 750059)

Walks start at 10:00 hours and are about 5 miles, unless otherwise stated. Any alterations will be advised to members by email. Contact the walk leader or above if you have any queries. New members are always welcome to our friendly group, please contact the above or walk leader for details. Unfortunately, dogs are not allowed.

Wed 7th - Broomy Plain, Milkham Inclosure & Linwood

Leader - Nigel (0789 675 0059)

Meet - Broomy Walk CP, Ref 197/099, 1.5 miles north of Ringwood on A388, TR at crossroads signed 'Moyles Court' & 'Linwood.' Follow signs for 'Linwood' &, after passing the Red Shoot Inn, the CP is on RHS. Alternatively, take A35 north and TL on to Bolderwood Ornamental Drive. At end of Bolderwood Drive turn L. Continue under main road A31 and carry straight on to meet single track road (passing places). Go past gravel track on RHS, which leads to High Corner Inn, and Broomy Walk CP is on LHS.

Wed 14th - Holmsley Ridge & Inclosure

Leader -Nigel (07896750059)

Meet - Holmsley Airfield CP Ref 210/993. On A35 take next L after The

Retreat Hotel and then first R. CP is on R after 0.75 mile. If full, park on side of tarmac road. (This walk passes through the remains of the old WW2 RAF Holmsley airfield.)

Wed 21st - Stockley Inclosure

Leaders - Ann & Bryn Male (274363 / 0777 330 6035)

Meet - Stockley CP, Ref 345/018. A35 to Holmsley Underpass towards Brockenhurst. Continue through Brockenhurst & TR at level crossing, then immediate L into Mill Lane. At end T Junct, TR onto B3055. CP approx. 2.5 miles on RHS.

Wed 28th - Lord Bute Lunch for those that have booked – No Walk

AMBLERS WALKS for FEBRUARY 2024

Contact: Graham (07858 569656)

Wed 7th Feb 2024 @ 10.00 am

TBA

Wed 14th Feb 2024 @ 10.00 am
Hengistbury Head, Solent Meads
Golf Centre CP

CP Ref SZ 158 915 (BH6 4NA)

Leader: Graham.

From Christchurch bypass main roundabout past Waitrose take 2nd exit into Soper Lane, then at next roundabout turn L onto B3059. Over Tuckton Bridge to the next roundabout, taking the 2nd exit, then turn L, signposted Hengistbury Head onto Broadway. Carry on to almost the end

but take the last LH turn onto Selfridge Ave. The CP entrance is facing you and on entering, turn immediately R into the public section of the CP. Other parking is available on the roadside of Rolls Drive. Walk is approx 3 miles, and includes a climb up to Warren Hill or alternative route avoiding climb. coffee stop at the cafe afterwards.

Wed 21st Feb 2024 @ 10.00 am

TBA

Wed 28th Feb 2024 @ 12.00 for 12.30 pm (BH23 4JS)

Lunch at the Lord Bute for those who plan to attend. Booking date TBA by email when agreed.



ROCKIN' ROBINS

Contact – Freda (275870) or Hazel (540228)

Meetings – 2.00pm 2nd & 4th Mondays
(Singing for fun group)

We thoroughly enjoyed our Christmas social although numbers were down a little which was a shame. I think that there was a fair bit of illness around. We sang a few Christmas songs, had a good natter along with Christmas nibbles. Luckily David's house purchase is not progressing very quickly so it looks as though he will be with us for a little longer whilst we hunt for a replacement. The Christmas break has been long but we look forward to

welcoming you all back and wish you a belated Happy New Year.

URGENT REQUEST
KEYBOARD PLAYER
REQUIRED

ROCKIN' ROBBINS, OUR VERY POPULAR 'SINGING FOR FUN' GROUP, WITH OVER 40 MEMBERS, IS IN NEED OF A KEYBOARD/PIANO PLAYER. WE MEET 2 MONDAY AFTERNOONS PER MONTH. PLEASE RING FREDA....01425 275870

RUMMIKUB

Contact – Margaret via Greystones
Tuesday – 1.30pm to 4 pm
After a four week break it's nice to get back into routine.

A founder member of our Rummikub group, Denice Dashwood moved to Cornwall in October while Roy Osborne ,also an original member, sadly died at the end of November. We started the year with an enjoyable lunch at The Globe , and now we're all set to start our friendly Tuesday afternoons at Greystones.

New members are always welcome. Many thanks to our hard working Executive Committee for once more making sure that Greystones is our comfortable 'second home'!

SEWING (now see under NEEDLES)

Contact: Sue – (07771647150)
Meet 10am Wednesday (Weekly)

TABLE TENNIS

Contact – John
(274813)

Meetings - 9.30am

Monday weekly

9.30am

Thursday 1st 2nd

and 4th weeks only

9.30am Saturday weekly



We are looking for any new members wishing to join our group. Pop along and see if you can rekindle an interest you had to leave behind due to other pressing commitments. We are of mixed ability, friendly, patient and sociable. Spare bats are available.

WHIST

Contact – Olive (274813)

Meeting – 1.45pm Weds. Weekly

YOGA

Contacts – Debbie
(07523 408368)

Meetings–

Mon&Wed Yoga

Class 11.30am Mondays

Class 10.00am Wednesday

Contact ; Karen (07786 304105)

Class 10.30 am Tuesday



AFFILIATED ORGANISATIONS

HIGHCLIFFE HORTICULTURAL SOCIETY

Linda Law

email: lindarosslaw@hotmail.co.uk

mobile: 07769 748187

www.highcliffehorticulturalsociety.co.uk

Monday 5 February 2024 at 7.30pm (doors open at 7pm). A talk by Martin Stewart entitled "**Eight Generations, One Passion**". At St Mark's Church Hall, Hinton Wood Avenue, Highcliffe BH23 5AA. Refreshments, plant sales and a raffle. Non-members very welcome £3.

Enquiries to Linda Law on 07769 748187.

www.highcliffehorticulturalsociety.co.uk

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

(Christchurch Library – 01202 127200)

(Highcliffe Library - 01202 127369)

Contact - Jan Clarke – 01425 277635:



HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group

Contact – Michael Williams (07484 778364) or highcliffeppg@gmail.com

Flu Vaccinations.

Flu vaccinations for 2023 will commence, in September, at Highcliffe Medical Centre.

Please do not telephone the surgery as they will contact you to book your slot.

For more information go to the website: www.highcliffemedicalcentre.co.uk

HIGHCLIFFE RESIDENTS ASSOCIATION

Highcliffe Residents Association has been serving the community of Highcliffe for more than 75 years. We are a pressure group, working with local councillors and other bodies campaigning for the future of Highcliffe.

Membership is open to anyone who lives, works, or owns property in Highcliffe and you can join us on line for £5 per year per household at www.highclifferesidents.co.uk,

where you will find further details on our activities. Highcliffe Residents Association, The Old School, 254 Lymington Road, Highcliffe BH23 5ET

CHRISTCHURCH PROBUS CLUB

Contact Maurice Dowling

07769897955

FREDA'S COOKERY CORNER

There are many singletons amongst us and also many who would rather not cook. This month's recipe is very simple and probably would be enough for two meals. To save starting from fresh each day it is a good idea to double up a recipe and freeze some away for later. None of my recipes will have unusual ingredients that you will have to go hunting for.

TUNA PASTA FOR ONE (POSSIBLY 2)

2 teasp. oil
1 medium onion chopped
1 tin (400g) chopped tomatoes
1 chopped clove of garlic (optional)
1 tbsp. tomato ketchup
75g pasta of your choice
1 small tin of tuna
grated or thinly sliced cheddar
salt & pepper



In a medium sized saucepan heat the oil and then add the chopped onion to cook on low heat with a lid on.

When the onion is soft add the tomatoes, ketchup, garlic and a little salt and pepper. Cook on low heat.

Meanwhile cook the pasta, following packet instructions. Take the sauce off the heat after 10 minutes. Drain the pasta when cooked and with the drained tin of tuna, add to the tomato sauce. Return to the heat to warm through.

Spoon your portion out onto a plate, sprinkle with grated or very thinly sliced cheese and place in the microwave for one minute to melt the cheese. Alternatively tip into an ovenproof dish and brown under the grill.



This month's guest speakers

Sunday	4 th	February	:	Barrie Taylor (Communion)
Sunday	11 th	February	:	Phil Dixon
Sunday	18 th	February	:	Clive Burnard
Sunday	25 th	February	:	Derek Stringer

Prayer time via Zoom
Tuesday mornings

Bible discussion group
Tuesday afternoons
2:15pm – 3:30pm

Everyone welcome!

**COPY DATE FOR MARCH 2024
NEWSLETTER**

**Submissions to be received by
MONDAY 19th FEBRUARY 2024**

**PUBLICATION DATE
29TH FEBRUARY 2024**

This issue of the newsletter edited by: Graeme Stringer



Composition in Camera



Creative control in your camera, with minimal post production. Including where to focus and effects such as Bokeh.

8 Feb | 10:30 – 12:30 | room 11