



Highcliffe

Community Association
at Greystones House

Be Our Guests!

On Saturday 16th March

**An evening of fun &
entertainment by Chameleon
& Angela's Angels**

**Tickets: Members £12/Non-members £14
Includes a two course meal**

Doors open 6pm for 6.30 start

**Raffle to be held in aid of
'Meningitis Now'**



News and Programme of Events

March 2024

Sections at a Glance...

| | | | |
|--------------------------------|------------------|---------------------|---------------|
| Art | Monday am. | Legs, bums and Tums | Tuesday am. |
| Art | Tuesday am. | Machine Quilting | Friday pm |
| Art | Tuesday pm | Mahjong | Thursday pm. |
| Art | Wednesday pm | Men's Forum | Thursday am. |
| Bridge Duplicate. | See text | Mindfulness | Monday am |
| Bridge Rubber | Friday pm | Mindful Doodling | Wednesday |
| Canasta | Thursday evening | Petanque | Monday pm |
| Cards – Bolivia | Monday pm | Petanque | Tuesday pm |
| Carpet Bowls | Monday pm | Petanque | Wednesday pm |
| Carpet Bowls | Friday pm. | Petanque | Thursday pm. |
| Chess | Monday evening | Petanque | Fri am and pm |
| Chi Kung | Friday am. | Photography | Thursday am |
| Craft | Thursday pm | Pilates | Wednesday am |
| Cribbage | Wednesday pm. | Poetry | Wednesday am. |
| Dancing-Ballroom & Latin | Tuesday pm | Quilting | Tuesday am |
| Dancing–Circle | Monday pm | Rambling & Ambling | See Text |
| Dancing-Country | Thurs evening | Rocking Robins | Monday pm |
| Dancing-Line | Tuesday evening | Rummikub | Tuesday am |
| Darts | Tuesday pm | Sewing/Needles | Wednesday am |
| Darts | Thursday evening | Table Tennis | Monday am |
| Discussion | Tuesday pm. | Table Tennis | Thursday am |
| Drama & Play Reading | Thursday pm. | Table Tennis | Saturday am |
| Flower Arranging | Wednesday a | Whist | Wednesday pm |
| Highcliffe Community Church | Sunday am | Yoga | Monday noon |
| | | Yoga | Tuesday am |
| IT Forum | Wednesday pm. | Yoga | Wednesday am |
| Ladies Forum | Friday pm. | | |
| Languages French | Monday am. | | |

For more information see relevant entry in Section News below

**Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL**

Registered Charity No.1189336

An Independent organisation run voluntarily by members for members and financially self-supporting

CONTACT US

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printroom@highcliffeca.co.uk

Email Newsletter copy:

newsletter.editor@highcliffeca.co.uk

Website:

www.highcliffecommunityassociation.co.uk

New.2.U Ladies Boutique open Every Tuesday afternoon (1.30 – 3) Thursday afternoon (1.45 - 3.45) & Friday morning (9.45 - 12.45)



Future Film Nights

Tickets on Sale

Friday 1st March "The Great Escaper"

Friday 2nd February

Friday 5th April "Scrapper"

Friday 1st March

Awaiting programme for future events.

Chairman Report March 2024

We're back up and running with the 2024 activities and socials getting into full swing so don't miss out. See below and keep an eye open for posters and the newsletter for fun events that may interest you. Don't miss out by leaving ticket purchases 'until later' as we do frequently sell out.

First quiz of the year

Saturday 17th Feb saw a 'full house' for the above quiz. I would like to congratulate the winners, commiserate with the losers (my team included), and thank Mike Thacker for setting and running the quiz with Barbara and their daughter Catherine, Jan Hollowell for her normal excellent organisation of tables and the Fish and Chips and Brian for helping with the setting up and tidying up. These events take a lot of organising and without such commitment from volunteers would not happen.

Next quiz date – Saturday 11th May. Tickets on sale Monday 8th April.

Be Our Guests

On Saturday 16th March at 6:30 p.m. we will be entertained and fed as Chamelion and Andrea's Angels provide us with a follow up to the successful 'RazzleDazzle'. As ever, Jan and her team will be arranging the food. Posters are already on display at Greystones House and Tickets are on sale.

Don't Forget.

Our popular Movie nights run on the first Friday of every month. For the cost of just £5 for members you get a film and a free choc ice. I don't know of any other cinema venue where the choc ice is a gift 😊.

Next Film date – Friday 1st March – 'The Great Escaper'

Open Forums

The first Forum of 2024 is on Wednesday March 6th @ 4:15 when David Sidwick (Dorset Police and Crime Commissioner) will be with us to present on his role and the current situation in Dorset/Highcliffe.

Andy Martin (Parish & BCP Councillor) is booked for Wednesday 1st May. He will be giving us an update of all things to do with Highcliffe and will also answer questions.

I am currently trying to get dates for Andrew Lilley (Aldridge Brownlow Solicitors) who will talk about LPA's (Lasting Power of Attorney) which had limited mention on his last talk about Wills, and Liane Haddock our local PCSO to introduce herself, explain her role as Police Community Support Officer and to advise how best to communicate with the various different Police departments.

Council Meetings

It's pleasing to report that we had a slightly better attendance at the last Council Meeting. It was probably the most interactive session since we have introduced the new format. There were a number of very good questions (and answers) from Council members (and Trustees). If your section is not being represented, you are missing information and activity updates.

I look forward to seeing you at Greystones, in the meantime, enjoy our wonderful facilities.

Cliff Putterford
Chairman

cliff.putterford@highcliffeca.co.uk

07720 467695

More Dates for Your Diary

Event

Tickets on Sale

Quiz and Chips

Saturday 11th May

Monday 8th April

Saturday 27th July

Monday 3rd June

Saturday 12th October

Monday 2nd September

Socials

Saturday 16th March Social and Supper Evening. 'Be our Guests'
An evening of fun and entertainment with Chameleon and Angela's Angels.
A raffle is to be held in aid of "Meningitis Now".

Tickets £12 member, £14 non-member to include a two course supper of beef bourguignon with crusty bread followed by apple crumble and ice cream.
If you have any dietary requirements please tell us when purchasing tickets.
Tickets on sale now. Please bring your own drinks and glasses.

Jigsaw Festival

Tuesday- Saturday 6th- 10th August

Open Forum – Wednesday 6th March, 4.15pm. David Sidwick – Dorset
Police and Crime Commissioner.

Further social events will be announced.



We appreciate all our wonderful volunteers but we are always in need of more people to join our teams in

- the Kitchen,
- Reception,
- Friday Raffle
- set out tables for Friday Live and events.

Help and advice will be given to help you settle in
Contact Lyn - Reception, Barbara - Kitchen or Jan

SECRETARY

Email: secretary@highcliffeca.co.uk

Please would all sections complete the council representative form which has been placed in your hanger in the filing cabinet by the disabled access door. An e-mail address is needed as this is the method of communication we use. Thank you.

TREASURER

Email: treasurer@highcliffeca.co.uk

Jan (276450)

We are now well into 2024 and hopefully the weather will start to improve and become warmer. I would like to make you aware that the gas bills for November, December and January amounted to £11,000.00 even though we were closed for part of this period. There have been a few comments that parts of the build are cold, so we have checked all settings on the thermostat for the heating, the

temperature is set at 20 degrees, the timer is set to come on Monday, Wednesday and Thursday from 8.30 am to 9.00pm, Tuesdays and Fridays 8.30am to 4.30pm, Saturday & Sunday 8.30am to 3.30pm. The radiator settings should be between numbers 2 and 3 but I am finding that some groups are altering the settings to number 5 and then at the end of the meeting not turning them down again. I know we are all trying to economise at home with heating but may I ask that we do the same at Greystones.

Jan

JIGSAWS

Thank you to everyone who has donated and completed puzzles since we started in February 2023. We now have over 1000 puzzles made up and stored in the attic with an unknown number still to be returned, so for the

time being I will only be accepting completed puzzles and donations of boxed jigsaws.
Jan

ACCOMMODATION & LETTING NEWS

Email: lettings@highcliffeca.co.uk
Meryl

Thanks to Meryl for stepping in to help.

RECEPTION

Lyn (274301) Hazel. (540228)

MAINTENANCE

We are still in need of a maintenance manager, this is not an onerous task as it really only means liaising with our existing trades people and occasionally carrying out a small repair. If you are interested please speak to Jan or Cliff.

MEMBERSHIP

Email:
membership@highcliffeca.co.uk

I am pleased to report we have received a number of new members and ex members who have taken the opportunity to join using our current reduced membership fee of £5 which is available until the end of April 2024.

The new membership year commences on 1st May 2024.

We are pleased to inform you the full 12 month membership will remain at £10 and covers the period of 1st May 2024 - 30th April 2025.

Further details for renewing Membership in May 2024 will be published in April's edition of the newsletter. If you are on our mailing list, we will also send you an email.

NEWSLETTER EDITOR

Newsletter.editor@highcliffeca.co.uk

Don't forget – if you have something to be considered for publication in the newsletters, then send it to the email above. This can be of any item or subject which you think would be of interest to readers.

A small request to regular section submissions – please always make it clear in your emails to which section your news refers. Thanks.

Sharon

TEA AND COFFEE SERVERY

Barbara (620811)

barbara.thacker@highcliffeca.co.uk



Unfortunately, we are no longer able to order biscuits from our current supplier and have been forced to source them elsewhere at greater expense. We do not want to increase the costs of our refreshments but may be forced to do so. Our plan is to monitor the situation over the next couple of months whilst keeping our prices the same. We will then review and we may need to increase charges whilst still offering great value for money.

Thank you to all the wonderful volunteers who kept the kitchen going following my accident. You have been such a support to me and Greystones.

If anyone would like to join our team, please contact me.

Barbara

GENERAL INTEREST

NEW.2.U LADIES BOUTIQUE

Contact – Monica (07739 420244)

An update for you all and a date to put in your diaries!

1. Men's Rail - we have made a good start to our new men's rail and we are very happy with the donations received so far. We could do with a slightly wider range of sizes namely XL shirts and tops. Again, as mentioned in the last newsletter all donations need to be in a new or as good as new condition. These items need to be rail ready - so please ensure items are washed and ironed please.

2. Winter shoes / boots - The shoes and boots on display outside the shop have all been reduced, some as low as £1 a pair, so grab a bargain while you can.

3. I am putting a call out for jewellery donations, any costume jewellery: earrings (clip on or for pierced ears and necklaces, even anklets if you have any please. No brooches though please.

SALE commencing 1st March 2024: to make room for our spring / summer stock we are holding a winter sale. All winter shop stock on display will be reduced by 70% off the original ticket price (ladies - trousers, skirts, jackets, jumpers - yes all reduced. Exceptions are - mens rail / jewellery / some handbags / blue ticket items (50 / 50). So, come on in and grab yourself a fantastic bargain.

Thank you

Monica

LIBRARY CORNER

Hi everyone

Many thanks as always for all the contributions to the library that Greystone's members have made so far this year.

JUST A REMINDER that I can only accept donations of as new and latest paperback fiction books as unfortunately the library is very fully stocked at the moment and paperbacks are the most popular with the majority of our members Good condition jigsaws with no missing pieces would also be very welcome.

REMEMBER that whatever item you borrow from the library is only a small cost of **20p per item**. You can borrow for a period of up to 3 weeks. If you want to keep item for longer period then just pop another 20p into 'Trust Box'.

PLEASE do not put returned or donated items straight onto library shelves, but put them into baskets provided on table and do not select items to borrow from these baskets as I need to check and record what is coming into the library. All items that can be borrowed are out on relevant shelves.

Please help yourselves to any items on display in window shelves and on mantel piece as I put any new donations received there.

I urge all Greystone's members to come up and look at our very wide selection of fiction, autobiographies, reference books, DVD's, talking books, large print books, classical books,

jigsaw puzzles, DVD box sets, local history etc. all of which has been donated by past and present Greystone's members.

Barbara Griessel - Librarian



IN MEMORIAM

Contact Sandy
(membership@highcliffeca.co.uk)

Collie Dodd sadly passed away, our thoughts are with Malcolm and her family. Collie was a lovely lady and an active member of the Wednesday and Friday afternoon Pétanque sections.

Robert Collins sadly passed away in January, he was a member for a number of years, but not of late due to being housebound.

But he keenly received our Newsletter via email.

BINGO

Every Saturday

GREYSTONES HOUSE
Eyes down at 2.00pm.



FRIDAY LIVE



**ENJOY LIVE MUSIC IN A
FRIENDLY CAFÉ ATMOSPHERE
EVERY FRIDAY
10.30am – NOON**



**REFRESHMENTS AVAILABLE
GRAND RAFFLE
ADMISSION FREE**



MEMBERSHIP OFFER

A message to prospective new members and members who did not renew their membership in 2023. An offer almost too good to be true – but it is!

From January 1st until 30th April the cost of membership will be reduced to £5. Have you seen the new sections available? We would love to see you again. Application can be made in person at Reception, or via the website.

NEXT HCA COUNCIL MEETING

11th April 2024 at 16:30

All Sections are urged to ensure they are represented by your organiser (or a deputy). It is the best place to get the latest news and plans from your Trustees.

| | | | |
|----------|----------|-------|------------------|
| 12.03.24 | Tuesday | 14.00 | Trustees Meeting |
| 09.04.24 | Tuesday | 14.00 | Trustees Meeting |
| 11.04.24 | Thursday | 16.30 | Council Meeting |
| 14.05.24 | Tuesday | 14.00 | Trustees Meeting |
| 11.06.24 | Tuesday | 14.00 | Trustees Meeting |
| 13.06.24 | Thursday | 16.30 | Council Meeting |
| 09.07.24 | Tuesday | 14.00 | Trustees Meeting |
| 26.07.24 | 02.09.24 | | CLOSED |
| 10.09.24 | Tuesday | 14.00 | Trustees Meeting |
| 12.09.24 | Thursday | 16.30 | Council Meeting |
| 08.10.24 | Tuesday | 14.00 | Trustees Meeting |
| 12.11.24 | Tuesday | 14.00 | Trustees Meeting |
| 14.11.24 | Thursday | 16.30 | Council Meeting |
| 10.12.24 | Tuesday | 14.00 | Trustees Meeting |
| 20.12.24 | 06.01.25 | | CLOSED |

SECTION NEWS

ART – Monday am

Contact - Diane (01202 426472)
Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)
Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Claire (01590 643635)
Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)
Meetings – 2.00pm Weds. Weekly

BRIDGE – Duplicate

Contact - John Lee - (279257).
Website - www.bridgewebs.com/highcliffe Mon. and Wed. evenings: 6.00 for 6.15 start. Host system operating. Swiss Teams - 1st Monday of the month. Improvers Bridge - Wednesday 6.30pm. Ladder pairs - 4th Mon. & Wed. in month.

BRIDGE - Social

Contact – John Lee (279257)
Meetings Friday 1.30 start

BRIDGE – Rubber

Contact – Martin (276971)
Or Steve (07922 120918)
Meetings – 1.30pm Friday Weekly

CANASTA/CRIBBAGE

Contact - David (07971444463)
Meetings - 6.00 for 6.30 pm until 9.00 pm Thursday Weekly.

We are a friendly group who enjoy a laugh as well as an interesting and absorbing game of Canasta. We also have a separate Crib section at the same meeting so everyone has a choice of which game to play with a tea break half way through the session. If you have any questions, please don't

hesitate to contact me on the above number.

CARDS – BOLIVIA

Contact – Carol (627763)
Meetings – 1.30pm 2nd, 3rd & 4th
Monday

CARPET BOWLS – Monday

Meetings – 1.30pm Monday
Contact Linda 07401261568
We are now full but offer a waiting list

CARPET BOWLS - Friday

Meetings - Friday 1.30 weekly
Contact – Hazel (540228)
Welcome back everyone, we are a friendly group who play for fun.
We would like to welcome some new members so why not come along one Friday afternoon and see for yourselves.

CHESS

Contact – Ron (277514)
Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)
Meetings – Two session every Friday morning: at 10.30am & 11.30am

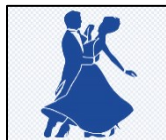
CRAFT Contact – Brenda ()
Email: CRAFT to bimarv@gmail.com
Meetings – 1.30pm Thursday Weekly

CRIBBAGE

Contact – Derek (07301135356)
Meeting – 1.30pm Wednesday Weekly
Come and join us for the Cribbage Club
1 We have competitions you can join in so contact Derek on 07437 705015..

DANCING - Ballroom and Latin

Contact - Graeme
(07874 327087)
Meetings – 2.00 to 4.00pm Tuesday Weekly, Room 1.
Tuition given.
Only £1 per session! - Your first time is a free taster session



DANCING – Circle

Contact - Nancy (277920)
Meeting – 2.00pm Monday

DANCING – Country

Contact – Jan (01202 427523)
Meetings - Thursday evenings 7.00 for 7.30 pm start
Thank you everyone for helping to make our Dinner Dance such a happy occasion.
Janet will be running a 6 week beginners group from 22nd February. Following tuition, the small group will amalgamate with seasoned dancers for second half of the evening. Anyone interested should contact Jan on number above.

DANCING – LINE

I am Clare and I run the line dancing classes at Greystones
Tuesdays 4.30-5.30
Fun class for beginners! Please contact Clare on 07983 558995 for more info.

DARTS

Contact
Sue (280536)
Meetings – Tuesday
1.00 to 4.00pm
Contact Brenda (839789)
Thursday 7.00pm.



DISCUSSION

Contact – Jill (280247)

Meetings – 2.00pm First Tuesday

The chairman welcomed back just a few members after the extended Christmas break. We enjoyed the afternoon discussing many topics of interest. We felt there had been too much media coverage of the King's health but that is what sells newspapers. The proposed reduction in postal deliveries came under scrutiny and we also discussed the ongoing atrocities in the Middle East and wondered how and when it would all end. After the tea break we talked about the government's proposal to provide more free childcare places, extending the entry age to two year olds and possibly younger. This naturally led onto the subject of parenting, what is good or bad, and the escalating problem of childhood obesity.

We hope more people will come and join us and welcome any ideas and topics for debate that you would like to contribute. We meet the first Tuesday in the month at 2pm upstairs in Room 14. A lift is available for those who need it.

Jill Ceeley

DRAMA & PLAY READING

Contact - Tom (272822)

- Eddie and Mary (278790)

Meetings - Thursdays at 2pm.

Unfortunately, Wilkie Collins' *The Moonstone* does not seem readily available as a play-set, but I have secured the Georges Feydeau farce *A FLEA IN HER EAR* - one of the National Theatre's greatest triumphs. Neil Simon's *PLAZA SUITE* and Alan

Bennett's *HABEAS CORPUS* are on order. Welcome, new-comers, and here's to Spring.

FLOWER ARRANGING

Contact – Valerie (274516)

Meetings – 10.00am 1st & 3rd Wednesday

Are you thinking of a new hobby? Why not join our very friendly flower arranging group? Everyone is welcome with individual schedules for novices. Please phone Valerie for further information.

FUN CHAIR EXERCISE

2nd and 4th Monday - 4.00 – 4.45

Ring Viv 07786 435333

Unfortunately, we have to put this group on hold until April 2024. – Wishing Viv a speedy recovery from surgery and a great holiday with family.

HIGHCLIFFE COMMUNITY CHURCH

Contact: Jean Davies (01425 279704)

Morning Worship: 10:30am Sundays

Bible Study: Tuesday 2:15 - 3:30pm

Prayer (via Zoom) Tuesday 8 - 8:30am

If anyone would welcome prayer please get in touch

IT FORUM

Contact – Norman (275674)

Meetings – 2.00pm 2nd & 4th Wednesday

13 March – Discussion Group – an informal discussion of computer and related matters raised by members. Visitors are welcome to seek help and advice on computers, tablets and smart-phones.



27 March - Portable Apps - run powerful software packages such as word processors and photo editors from a memory stick, instead of installing them on your hard drive.

Non IT Forum members £2

LADIES FORUM

Contact – Cherry (01425 274184)

Meetings – 1.45pm 2nd Friday each month. New Members welcome.

Ladies' Forum held their Annual Lunch at The Globe Inn, which was much enjoyed by all. Cherry announced that an outing with Highcliffe Coaches had been arranged. It will be to the Swanage Railway and the Purbecks on Wednesday, 8th May and cost £34. This includes the steam train ride from Norden, Corfe to Swanage and back again with free time for lunch etc. in Swanage. Members should book their seats directly with Highcliffe Coaches. We will be meeting in Greystones again on Friday, 8th March, 1.45p.m. for 2.00p.m. as usual. Our advertised speaker is unwell and has had to pull out. Instead, Wendy Orpwood will be coming to talk to us about "Colours for Confidence."

LANGUAGES

Contact – Christine (275861)

10 a.m. Monday French, weekly (Clive Sampson 279029).

There is now a short waiting list for capable French speakers who wish to join this group. Please phone Clive on the above number if you are interested.

LEGS, BUMS and TUMS

Weekly, Tuesdays 9 am sharp – 9.45

Contact MEL 07966 571938

MACHINE QUILTING

Contact - Susy (275403) or Cecilia (672367)

Meetings - 1 to 4 pm Every Friday except 2nd

We will be making more quilts for Care Leavers. Patterns have been cut for us in preparation and they are a delight to make. We have also been asked and started again to make heart-shaped cushions for ladies in hospital who have had a mastectomy.

MAHJONG

Contact - Rowena (278248)

Meetings - 1.30pm Thursday weekly

Anyone for a game of Mahjong? Have you played before or are you wondering what it is? It is a Chinese game played with tiles in different suits, similar to playing a game of cards but much more tactile. Come along and have a go!

Some seasonal hands to try now that it's the windy month of March are:

Windfall (page 27) – 1 of each wind with 5 pairs in the same suit. Alternatively, there is Windy Chows (page 26) – 1 of each wind with one wind paired plus a chow in each suit.

Still with the wind theme is Wiggly Snake (page 27) – 1 of each wind with 1 wind paired and a run of 1-9 in the same suit. If collecting Wiggly Snake and struggling to pick up the required winds you can always change your hand to 5 Odd Honours (page 11) – a combination of 5 different winds and dragons and a run of 1-9 in the same suit.

Look out for more about changing hands next month!

MEN'S FORUM

Contact - Mike (277370) or Stewart (07857) 566771

Meetings – 10.30am 3rd Thursday.

All are welcome.

MINDFULNESS

Debbie – via reception

Mondays 10 – 11 am Rm 14

£4 plus £1 to Greystones

MINDFUL DOODLING

1st Wednesday of every month at 10.30.

Ring Maria 07484 757715

NEEDLES GROUP

The Needles group covers embroidery, hand sewing, crochet, knitting, as well as making clothes, altering clothes we have in our wardrobe as well as those we have just purchased to give a better fit. We have 2 sewing machines and 2 overlockers, which have recently been serviced for the group to use. We are currently looking at the next sewing project having completed a crochet project. Joining in the project is voluntary. We always have a good chat and look forward to new members joining.

Contact Lee on 07444 562082

Meet 9.30am Wednesday (Weekly)

PETANQUE

All meetings are held weekly.



Contact – Carol (280154)

1.00pm Tuesday

1.00pm Friday

Contact Mike (01425 280421

1.00pm Monday

1.00pm Wednesday

1.00pm Thursday

Contact - Carol (07812 705031)

10.00 am Friday

Come along to play pétanque it is good way to keep fit without being too strenuous it's out in the fresh air and lots of fun, we have all the equipment so just give us a call or just turn up you will be most welcome

PHOTOGRAPHIC

Contact – Jeff Palmer

(07970608011)

Meetings – 2nd Thursday each month.



We now meet on the second Thursday of each month at 10.30 am in Room 11.

Our intended February topic of Composition and Creative Effects in Camera has had to be moved to our March meeting. Instead, Jacky kindly stepped forward at short notice to present her approach of choosing a photographic theme and being alert to subjects that match it. For example, her street photography scenes, capturing subjects at interesting moments, were particularly impressive.

We now meet on the second Thursday of each month at 10.30 am in Room 11, so our March meeting will be at 10.30am on Thursday 14th March in Room 11 and our main topic will be the rescheduled Composition presentation.

Everyone is welcome, don't be daunted by the technicalities, it's a fun and friendly couple of hours. Most of us are not experts and those that we have are very helpful.

PILATES

Contact – Lorena (07444847191)

Meetings –

Mat Pilates – Wednesday 8.45 – 9.45am

POETRY (new Section)

Contact: Maria Swanston (07484 757715)

Email: swanston49@btinternet.com

The group meets the third Wednesday of the month from 10.30 - 12.30, with a tea/coffee break.

Rosemary Williams will be leading the group.

New members welcome.

QUILTING – Tuesday

Contact – Anna (01202 809700)

Meetings – 9.30am Tuesday Weekly

Email: anne.hutton27@sky.com

We have settled in again and finishing our own projects for the moment. A few of our members have not been feeling well or have not been able to attend because of a malfunction of the lift. We will be making plans for our next project as soon as all is well again.

RAMBLES AND AMBLES



RAMBLERS WALKS FOR MARCH 2024

Contact - Nigel (0789 675 0059)

Walks start at 1000hrs and are about 5 miles long, unless otherwise stated. For the dates where walks are marked 'TBA' details will be advised by email to members nearer the time. Likewise, any alterations will be advised by email. Contact the walk leader or the above if

you have any queries. New members always welcome to our friendly group – contact the above or walk leader for details. Unfortunately, dogs are not allowed.

Wed 6th - Moors Valley, Rushmore Heath and Potterne Wood.

Leaders – Jenny and Adrian Cuthill (07305042492)

Meet - Visitors Centre in Moors Valley Country Park. Parking is £2.00 all day. Pay at kiosk before departure. Take B3347 to Ringwood and join the A31 towards Bournemouth. Leave A31 at junction with A338 and take third exit towards Moors Valley (brown sign). Main entrance to park is signposted to the right after about 2 miles. Make way to car park and walk to Visitor Centre.

PS - Walk is different to that done by Richard last month and be about 5 miles.

Wed 13th - Appleslade Enclosure & Rockford Common

Leaders - Ann & Bryn Male (274363 / 0777 330 6035)

Meet - Sandpit CP, Ref 164/083. 1.5 miles north of Ringwood on A338 turn R at crossroads signposted 'Moyles Court.' After further mile turn L at T Junct & CP is 150m on RHS past 'No Through Road' sign.

Wed 20th - TBA

Leader - Terry Eden (0792 788 6304)

Wed 27th - Bolton's Bench

Leader - Jane Dunsmore (270107 / 0789 621 5751)

Meet Bolton's Bench CP,

Ref. 307/082. Travel East through Lyndhurst on A35 and just after leaving the Village Centre Area take a RH turn onto B3056 towards Beaulieu and immediately turn L into the Bolton Bench Area. There are 3 main CPs. We will be starting from the Cricket Pitch CP (the 3rd CP, up the hill). Be careful of the awful potholes in the roadway between the 2nd CP and the Cricket Pitch CP.

AMBLERS WALKS for MARCH 2024

Contact: Graham (07858 569656)

Wed 6th March 2024 @ 10.00 **TBA**

Wed 13th March 2024 @ 10.00
Hengistbury Head, Solent Meads Golf Centre CP

CP Ref SZ 158 915 (BH6 4NA)

Leader: Graham.

From Christchurch bypass main roundabout past Waitrose take 2nd exit into Soper Lane, then at next roundabout turn L onto B3059. Over Tuckton Bridge to the next roundabout, taking the 2nd exit, then turn L, signposted Hengistbury Head onto Broadway. Carry on past a parade of shops and over a zebra crossing to almost the end but take the last LH turn onto Selfridge Ave. The CP entrance is facing you and on entering, turn 1st or 2nd R into the public sections of the CP. Other parking is available on the roadside of Rolls Drive.

Walk is approx 3 miles, and includes a climb up to Warren Hill or alternative route avoiding climb. Coffee stop at the cafe afterwards.

Wed 20th March 2024 @ 10.00
Bolderwood CP map ref 243 086

Leader: Graham

Take A35 towards Lyndhurst. At Rhinefield crossroads TL onto Ornamental Drive, continue to Bolderwood CP approx. 2.4 miles. Alternately go further along A35 to The Swan and TL, go along approx. 0.4 mile to New Forest Inn and turn L, follow this road for approx. 3 miles up to CP. This is a wider better road than the Ornamental Drive.

Walk about 3.5 miles, maybe muddy in places but mainly on gravel tracks. Downhill and uphill sections. Coffee stop in middle.

Wed 27th March @ 10.00

Setley Pond & Roydon Woods CP
map ref SZ 302 992

Leaders: Jerry & Yvonne

The location is from the main A337 Lymington to Brockenhurst Road turn left signposted Burley just BEFORE the garage car wash. The car park is a few hundred yards on the left. (Other routes are available)

The walk is approximately 3.50 miles in length and is along a variety of paths including single tracks through woods and fields, wide firm wide pathways and heathland. Please be aware there are two stiles and after prolonged wet weather some of the paths become soggy.

There will be a coffee stop half way and the possibility of a picnic around Setley Pond for those who wish to.

ROCKIN' ROBINS



Contact – Meryl (277325) or Jenny (272628)

Meetings – 2:00pm 2nd & 4th Mondays
(Singing for fun group)

We have secured the services of Mark Busell to play for the Rockin' Robins so that the group can continue under new leadership. Mark will be with us for every session from April – July and will be at the March 11th meeting. You are invited to come along and meet Mark on that date. We are not able to have a meeting on **February 26th** but we hope to see you on the 11th and we welcome new members.

RUMMIKUB

Contact – Margaret via Greystones
Tuesday – 1.30pm to 4 pm
After a four week break it's nice to get back into routine.
New members are always welcome.

SEWING (now see under NEEDLES)

Contact: Sue – (07771647150)
Meet 10am Wednesday (Weekly)

TABLE TENNIS

Contact – John (274813)
Meetings - 9.30am
Monday weekly
9.30am Thursday
1st 2nd and 4th weeks only
9.30am Saturday weekly



We are looking for any new members wishing to join our group. Pop along

and see if you can rekindle an interest you had to leave behind due to other pressing commitments. We are of mixed ability, friendly, patient and sociable. Spare bats are available.

WHIST

Contact – Olive (274813)
Meeting – 1.45pm Weds. Weekly

YOGA

Contacts – Debbie (07523 408368)
Meetings–
Mon&Wed Yoga
Class 11.30am Mondays
Class 10.00am Wednesday
Contact ; Karen (07786 304105)
Class 10.30 am Tuesday



AFFILIATED ORGANISATIONS

HIGHCLIFFE HORTICULTURAL SOCIETY

Linda Law
email: lindarosslaw@hotmail.co.uk
mobile: 07769 748187
www.highcliffehorticulturalsociety.co.uk

Saturday 16 March 2024 at 2.00pm. Open Spring Show. Come along and see the Horticulture, Floral Art, Home Produce and Photographic entries. At St Mark's Church Hall, Hinton Wood Avenue, Highcliffe BH23 5AA. Refreshments and a tombola. Non-members very welcome £3. Enquiries to Lynda Whyte, Show Secretary on 01425 274537.

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

(Christchurch Library – 01202 127200)
(Highcliffe Library - 01202 127369)
Contact - Jan Clarke – 01425 277635:



Talks start at 2.00 p.m. (please note change of time) followed by refreshments.

Friends - £3.00 Non-members £5.00
Please telephone relevant library for tickets.

Christchurch Library

Thursday, 21st March

"The Beginnings of Children's TV - Puppets Rule"

Speaker - John Lay-Flurrie

Highcliffe Library

Wednesday, 3rd April

"Go With The Flow - The River Stour from Stourhead to Stanpit"

Speaker - Ron Taylor

HIGHCLIFFE MEDICAL CENTRE

Approximately 1.6 million medicine items are wasted unnecessarily in Dorset each year. Your help is needed to reduce this.

NHS Dorset have launched a new campaign asking people to check their order to help reduce waste and save money.

Please check what medicines you have at home before you order your repeat prescriptions. If you have enough, only request the medicines you need this time. You will still be able to order others again in future.

Only ordering what you need means that you are helping the environment to make sure that waste medicines do not pollute our rivers and seas because once medicines have left the pharmacy, they cannot be recycled or used by anyone else.

Patients Participation Group

Contact – Michael Williams (07484 778364) or highcliffeppg@gmail.com

Medicines waste - Only order what you need!

HIGHCLIFFE RESIDENTS ASSOCIATION

Highcliffe Residents Association has been serving the community of Highcliffe for more than 75 years. We are a pressure group, working with local councillors and other bodies campaigning for the future of Highcliffe.

Membership is open to anyone who lives, works, or owns property in Highcliffe and you can join us on line for £5 per year per household at www.highclifferesidents.co.uk, where you will find further details on our activities. Highcliffe Residents Association, The Old School, 254 Lymington Road, Highcliffe BH23 5ET

CHRISTCHURCH PROBUS CLUB

Contact Maurice Dowling
07769897955

Highcliffe Food Festival June 8th and 9th



To help promote HCA we have agreed with the organisers of the Food Festival to man a gazebo on the recreation ground where we will be acting as an information centre for the Festival. This will enable us to advertise HCA possibly by having different groups represented showing skills etc that are part of HCA. At Greystones itself we will be serving tea, coffee and homemade cakes, planning for an art exhibition is also underway. This proved to be a great success last year and brought in new members and people who did not know anything about HCA. Obviously, we will need people to help so if you are available that weekend and can spare a couple of hours to help either on the recreation ground or at Greystones it would be much appreciated.

Please contact Jan or Barbara.

HCA Machine Quilting Group received this thankyou card for the heart cushions they make for Southampton Hospital. It reads :-

"I am writing to thank you for your tremendous efforts towards providing heart-shaped cushions for our breast cancer patients. Many women comment that the handmade designs remind them someone cares for them and understands how huge a cancer diagnosis can be, with impact far beyond physical wellbeing. We truly appreciate your skills and kindness."

*Suzie Zedler (currently on cardboard!)
Professor Ramsey Adams, Miroslava Zedi, Lorna Hutton, and Berni O'Brien - aka. The Banned Sewerist!*

February 2024

*Dearest Florice to Friends
of The Highcliffe Quilting Group*

I am writing to thank you all for your tremendous efforts towards providing heart-shaped cushions for our brave breast cancer patients.

Many women comment that the handmade design reminds them someone cares for them and understands how huge a cancer diagnosis can be, with impact far beyond physical wellbeing. We truly appreciate your skills and kindness, Christine Summerhay, Lucy Jones pro.

COOKERY CORNER

FRUITY TEA LOAF



Kindly contributed by Chris Graham

As Chris puts it ----- here is a recipe for enjoyment and less consequence.

Ingredients: 500g (1 lb) sultanas
 425 ml (3/4pt) strained tea
 2 eggs (beaten)
 300 g (10 oz) fine wholemeal flour
 1 tsp bicarbonate
 1/2 tsp allspice or cinnamon

The dried fruit (sultanas) are soaked overnight in the tea, when they will be nice and plump.

Then mix with beaten eggs, flour, bicarb and spice. (Probably a good idea to sieve the dry ingredients together to evenly distribute them).

Bake in an 8" round and lined cake tin **

Cook at 170 C or 150 C Fan for 55 mins. (a skewer in the centre should come out cleanly).

If you can resist the temptation, keep for a few days before cutting as the flavour will improve. If you cut into 12 it will be approximately 150 calories a slice and the only sugar comes from the dried fruit.

For indulgent friends, serve with butter or jam

** baked in a 1kg (2 lb) loaf tin it will take longer to cook - up to 1 and 3/4 hours

Easter Raffle



Following the success of last year's Grand Easter Draw, we have decided to hold another one this year.

1st Prize Easter Hamper worth £60

2nd Prize Bottle of Prosecco

3rd Prize Easter Egg.

Tickets £1 per strip of 5 available from reception.

Draw to take place at Friday Live 22nd March.

Art / Craft Sale

Art/Craft sale on the 4th Friday of every month

The next sale is on 22 March

*Following dates are: -
26 April and 24 May.*

Apps for Phone Cameras



The following apps were suggested by members of the HCA Photographic section at their February meeting: -

1. Wise Camera – overlays 14 artistic composition rules in the camera view such as Rule of Thirds, Vanishing Point Landscape Depth Negative Space, Dynamic Symmetry and many more. Each composition rule is explained with tips and examples.
2. Snapseed – for taking photos in the app and editing them, or editing photos already in your camera roll, including photos in JPG and RAW formats.
3. Slow Shutter Cam - offers capture modes to capture unique images: e.g. the Motion Blur mode is perfect for creating ghost images, waterfall effects or suggesting movement in your photographs by adding a blur.
4. Pro Camera - provides the manual controls you need for better exposure, focus, and framing, such as Full Manual, RAW Files, Manual Focus, Raw Burst, Slow Shutter, TimeLapse.

For photo editing some members are also using Adobe Elements (single payment), Photoshop (subscription only) and GIMP (free). Photo editing will be covered in detail in a future meeting.



This month's guest speakers

Sunday 3rd March: Barrie Taylor - Vision Sunday
Sunday 10th March: Doug Croucher - Mothering Sunday
Sunday 17th March: Jean Davies
Sunday 24th March: Clive Burnard - Palm Sunday
Friday 29th March: Jean Davies - Good Friday
Sunday 31st March: Barrie Taylor - Easter Sunday

Everyone welcome!



**COPY DATE FOR APRIL 2024
NEWSLETTER**

**Submissions to be received by
MONDAY 18th MARCH 2024**

**PUBLICATION DATE
28TH MARCH 2024**

This issue of the newsletter edited by: Sharon Jones



Portable Apps



Icons - Gnome Project



Run powerful software packages such as word processors and photo editors from a memory stick, instead of installing them on your hard drive.

27 March | 2 — 4pm