



Highcliffe

Community Association
at Greystones House

Highcliffe Community Association.
Movie Night - Friday 3rd May
Doors open 6.30pm.

Ticket prices:
Members: £5
Non-members: £6
Choc Ice included!

ONE LIFE

News and Programme of Events

May 2024

Sections at a Glance...

| | | | |
|--------------------------|-----------------|---------------------|---------------|
| Art | Monday am. | Legs, bums and Tums | Tuesday am. |
| Art | Tuesday am. | Machine Quilting | Friday pm |
| Art | Tuesday pm | Mahjong | Thursday pm. |
| Art | Wednesday pm | Men's Forum | Thursday am |
| Bingo | Saturday pm | | |
| Bridge Duplicate. | See text | Mindfulness | Monday am |
| Bridge Rubber | Friday pm | Petanque | Monday pm |
| Canasta | Thursday | Petanque | Tuesday pm |
| Cards – Bolivia | Monday pm | Petanque | Wednesday pm |
| Carpet Bowls | Monday pm | Petanque | Thursday pm. |
| Carpet Bowls | Friday pm. | Petanque | Fri am and pm |
| Chess | Monday evening | Photography | Thursday am |
| Chi Kung | Friday am. | Pilates | Wednesday am |
| Craft | Thursday pm | Poetry | Wednesday am. |
| Cribbage | Wednesday pm. | Quilting | Tuesday am |
| Crochet, Knit and Natter | Tuesday am | Rambling & Ambling | See Text |
| Dancing-Ballroom & Latin | Tuesday pm | Rocking Robins | Monday pm |
| Dancing–Circle | Monday pm | Rummikub | Tuesday am |
| Dancing-Country | Thurs evening | Sewing/Needles | Wednesday am |
| Dancing-Line | Tuesday evening | Table Tennis | Monday am |
| Darts | Tuesday pm | Table Tennis | Thursday am |
| Darts | Thursday eve. | Table Tennis | Saturday am |
| Discussion | Tuesday pm. | Whist | Wednesday pm |
| Doodle Art | Wednesday | Yoga | Monday noon |
| Drama & Play Reading | Thursday pm. | Yoga | Tuesday am |
| Flower Arranging | Wednesday am | Yoga | Wednesday am |
| IT Forum | Wednesday pm. | | |
| Ladies Forum | Friday pm. | | |
| Languages French | Monday am. | | |

For more information see Section News.

**Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL**

Registered Charity No.1189336

An Independent organisation run voluntarily by members for members and financially self-supporting.

CONTACT US

Telephone: 01425 271604
Email Newsletter copy: newsletter.editor@highcliffeca.co.uk
Website: www.highcliffecommunityassociation.co.uk

New.2.U Ladies Boutique open Every Tuesday afternoon (1.30 – 3) Thursday afternoon (1.45 - 3.45) & Friday morning (9.45 - 12.45)

Highcliffe Food Festival June 8th and 9th.

To help promote HCA we have agreed with the organisers of the Food Festival to man a gazebo on the recreation ground where we will be acting as an information centre for the Festival.

This will enable us to advertise HCA possibly by having different groups represented showing skills etc that are part of HCA. At Greystones itself we will be serving tea, coffee and homemade cakes, planning for an art exhibition is also underway.

This proved to be a great success last year and brought in new members and people who did not know anything about HCA. Obviously, we will need people to help so if you are available that weekend and can spare a couple of hours to help either on the recreation ground or at Greystones it would be much appreciated.

Please contact Jan or Barbara.

Report from Association Trustees.

Church Section [now Highcliffe Community Church]

Earlier in the year the Church Section approached the Trustees advising that they intended to apply for Charitable Status in their own right but remaining within the Association.

To establish if this action by the Church Section was in the best interests of the Association, long & detailed discussion and legal advice was sought by the Trustees.

A meeting with the representatives of the Church Section was arranged by the Trustees for a full discussion by both parties. It was not possible to reach an amicable outcome from this meeting.

After further discussion the Trustees informed the Church Section that the Association would continue to welcome the Church as a Section within HCA *without* Charitable Status.

However, if they wished to continue with the application for Charitable Status, they could no longer be a section within HCA.

The Association wished them well for the future in their new venue.

Chairman's Report May 2024

It is with great sadness and a heavy heart that I open this Chairmans report by advising you that I will not be seeking re-election at the AGM in July.

You may not be aware that the majority of Trustees have decided that after being in existence for a year the Church section is no longer welcome as part of the HCA family. As the section have complied with all HCA rules, I believe the decision takes us away from the objectives in our constitution and does not meet our Equality or Diversity rules which means I personally feel unable to represent the Association in an Official capacity.

Social welfare covers different things to different members of our community and as such I fell this change in thinking fails our Association objectives 'to promote the benefit of the inhabitants of Highcliffe ... and provide facilities in the interest of social welfare ... with the objective of improving conditions of life' hence my decision to stand down.

It has been an honour and a pleasure to represent you all during my tenure as Chairman. I hope you will recognise that I have done my best to try to grow the

membership which took a hit with the COVID disruption. Additionally, I have attempted to bring some new ideas and to promote HCA in the Community wherever and whenever I have had the opportunity. I now look forward to re-joining the 'back benches' as an HCA member. I intend to continue to support the social events, despite no longer having a section which I can call 'home.'

I advised the Trustees at the March meeting to allow plenty of time to find a replacement and to take over my responsibilities in events in which I have been involved.

I leave disappointed, but I would urge you to continue supporting the Association which is and will remain a bastion of the local community.

Annual General Meeting

This year's meeting will be on Thursday July 18th @ 4.30pm. More details will follow from the Secretary in due course.

However, the Association will be looking for members to fulfil the vacant roles of Chairperson and Buildings and Premises. Please give these important roles consideration and propose names to the Trustees as appropriate, alongside proposals for any other trustee positions

Quiz & Chips

The above event on Saturday 11th May is sold out. However, if you wish to come, please check with Reception to see if there are any returned tickets.

It is great to see 'House Full' signs for Helen and my final Quiz as 'hosts' at @ HCA. For the quiz regulars, there will probably be a 'Trumpton' question hidden in there somewhere 😊.

I am pleased to be able to announce that Mike Thacker has kindly agreed to take over the writing and hosting responsibilities and Jan Hollowell will continue to undertake all of the planning and organisation.

Car Parking (again)

It has been brought to my attention that there are rumours abounding regarding parking past the date of the sewage works. Nothing has been agreed with Christchurch Housing Society, but I know they are keen to make the temporary changes permanent. However, this will only work and be agreed to by the Trustees if the Residents abide by the ruling that the front of the HCA building is for HCA members only. I have been recording (pictures) of the abuse by and inconsiderate parking of residents for the next meeting with the Operations Director of CHS. At the same time there is a plan (and a need) to paint the car park lines appropriately.

Open Forums

The final Open Forum of my tenure has a return visit by Andy Martin (Parish & BCP Councillor) on Wednesday 1st May at 4.15pm. He will be giving us an update of all things to do with Highcliffe, including the recently published BCP 'local plan' which will impact how Highcliffe will look in the future. He will also answer questions relating to that and the wider issues impacting the Parish.

Church Section

As I write these notes, I am aware that the Church section have written to the Trustees thanking them for allowing them to set up a section initially and wishing the Association well for the future.

I am pleased to say they have found alternative premises close by which will continue to allow an option of 'Evangelical' worship in Highcliffe. If you would like to join us in Christian fellowship locally, we will be meeting in Greystones Hall every Sunday @ 10:30.

I look forward to seeing you at Greystones and about the village, in the meantime, enjoy the facilities.

Cliff Putterford
Chairman (until the AGM)
CPutterford@outlook.com 07720 467695

SECTION PACKS

The Trustees updated our current Procedures and Guidelines for Sections, this also included Emergency contacts, Fire/Emergency Evacuation, Safeguarding, Grievance, Anti- Harassment and Anit-Bullying Policies. The packs were hands to Section Leaders at the Council meeting on 11th April 2024.

Thank you for your support with the new section packs and for any comments which will be answered as soon as possible.

Thanks also to Meryl, Sandy and Jan for their contribution to the production of the packs and for help with assembly of the packs.

Membership cards

Please can we remind you that membership cards should be carried with you at all times when on HCA premises and, if you travel by car, a parking permit should be on display on your dashboard. This is valid *only* if you are attending an HCA activity.

Pauline Pegram.



Future Film Nights

Tickets on sale

Friday 3rd May

One Life

5th April

Friday 7th June

The Holdovers

3rd May

Friday 5th July

The Lesson

7th June

No film in August

More Dates for Your Diary

Event

Quiz and Chips

Saturday 11th May

Saturday 20th July

Saturday 12th October

Tickets on Sale

waiting list

3rd June

2nd September

Beetle Drive

22ND May [see Pg.11]

Art & Craft Sale

24th May [every 4th Fri]

Highcliffe food Festival

Saturday & Sunday June 8th and 9th

Jigsaw Festival

Tuesday - Saturday 6th- 10th August

Open Forums

Wednesday 1st May 4.15 pm

ANDY MARTIN OUR LOCAL AND BCP COUNCILLOR

Who will talk about local plans and be open to any questions from the floor regarding council matters.



We appreciate all our wonderful volunteers but we are always in need of more people to join our teams in

- the Kitchen,
- Reception,
- Friday Raffle
- set out tables for Friday Live and events.

Help and advice will be given to help you settle in
Contact Lyn - Reception, Barbara - Kitchen or Jan

SECRETARY

Email: secretary@highcliffeca.co.uk

Please would all sections complete the council representative form which has been placed in your hanger in the filing cabinet by the disabled access door. An e-mail address is needed as this is the method of communication we use. Thank you.

TREASURER

Email: treasurer@highcliffeca.co.uk

Jan (276450)

As you are all aware the end of April is HCA's financial year end and time for membership renewals so I thought I would give an update on the financial commitments at this point in time so that you can see how much we need you and your support.

We are awaiting window repairs, the quote for which is £24050, the 50% balance of the new carpet £7545, repair to lift-£800; clearance of blocked drains £3000, building insurance £950, painting and decorating due in August £1950. This makes a grand total of £38295 and this is on top of our normal running costs.

We are lucky that over the years there has been good management of the finances and we are in a position to be able to afford these costs and enable us to keep the building in good repair. Thank you all for your continued support.

Jan

ACCOMMODATION NEWS

Email:

meryl.jones@highcliffeca.co.uk

Thank you to everyone for your patience while I got used to organising posters, timetables, room allocation etc. Please contact me for more information.

New Sections

Have you ever considered running your own section? We are currently seeking leaders for Indoor Curling (equipment provided), Board Games (equipment provided), drawing for absolute beginners and calligraphy. You may have a suggestion of your own.

For more information please contact Meryl

RECEPTION

Lyn (274301) Hazel. (540228)

Reminder to all groups

If you open doors & widows, or alter the radiator settings, please change everything back when you have finished you session. Many thanks

MAINTENANCE

We are still in need of a maintenance manager, this is not an onerous task as it really only means liaising with our existing trades people and occasionally carrying out a small repair. If you are interested please speak to Jan or Cliff.

MEMBERSHIP

Email:

membership@highcliffeca.co.uk

Membership renewals will be due from Wednesday 1st May 2024 onwards.

We will not be taking any renewals prior to 1st May.

We are pleased to inform you that the full 12-month membership will remain at £10 and covers the period of 1st May 2024 - 30th April 2025.

Renewals can be done online via our website if paying by BACS or through Reception if paying by cash or cheque. An additional Reception area will be setup for processing Membership Renewals which will be open from 9am to 3.45 pm. We are aiming to have this additional area setup for the first 3 weeks of May.

This year we will be providing preprinted Renewal forms, we ask that you check your details are correct before signing. Or indeed amending your details if necessary. We are hoping the preprinted forms will enable a quicker process for us all.

Please do not post Membership Forms, CASH or CHEQUES through the letterbox.

The Renewal forms will be available from Reception Wednesday 1st May and online if paying by BACS.

NEWSLETTER EDITOR

Newsletter.editor@highcliffeca.co.uk

Don't forget – if you have something to be considered for publication in the newsletters, then send it to the email above. This can be of any item or subject which you think would be of interest to readers.

A small request to regular section submissions – please always make it

clear in your emails to which section your news refers. Thanks.

TEA AND COFFEE SERVERY

Barbara (620811)

barbara.thacker@highcliffeca.co.uk

Thank you to all the team of wonderful volunteers who help provide refreshments at Greystones.

If anyone would like to join us, please contact me.

Barbara



PUBLICITY

Freda 275870

Owing to the sad passing of our dear friend Chris, I have taken over publicity.

I am hoping to increase awareness of Greystones House and our Community Association to boost membership. With costs continuing to rise we need to sign up more members. If any of you have any bright ideas as to how we can spread the word, please contact me.

GENERAL INTEREST

NEW 2. U. LADIES BOUTIQUE

Contact – Monica (07739 420244)

Due to the overwhelming number of donations for our new 'Men's Rail' we have placed the larger rail outside the shop on the landing, this will stay there until the end of April. At which point we will have a mixed rail of both men's / women's items for you to enjoy and purchase. Regarding donations, we have also received a large number of ladies fashion into the shop, as a result

both donations and 50 / 50 will temporarily be stopped at the end of April in order to manage stock. We will let you know when new donations and 50 / 50 will recommence.

The shop now has on display a lovely range of shoes and sandals for the upcoming summer season, together with some amazing ladies wear/ hats / bags. What a great time to freshen up your wardrobe in readiness for the warmer weather and all that it has to offer.

Many Thank Monica

LIBRARY CORNER

Hi everyone

Once again thank you to all members who donated items to the Greystones library. Unfortunately, due to lack of space only new and latest paperbacks and good condition jigsaws with no missing pieces are needed at the moment.

If you are going on holiday don't forget to look in our travel section for guide books. 20p to borrow is better than spending over £10 on a guidebook.

Don't forget there is always a jigsaw puzzle on the go by the window, so join in and try to place a few pieces - the quicker we finish one puzzle the sooner we can put another out.

All returns must be placed in the baskets on the table, and you are welcome to borrow any of the books or jigsaws on the mantel piece or window sills.

We operate completely on a **TRUST BASIS** - just put 20p for each item borrowed in the trust box.

I would ask all Greystone's members to come up and have a look in our fabulous library. The more items that are taken out, the more I can put out on the shelves. **Remember that all items, whether it be a DVD box set or a puzzle or a book - all items are only 20p for up to a 3 week hire.**

Barbara Griessel – Librarian



IN MEMORIAM

Contact Sandy
(membership@highcliffeca.co.uk)



Betty Harris

BEETLE DRIVE

Come along and enjoy Greystones first Beetle Drive event, taking place on the 22nd May. It will take place at 2pm for- 2.15pm – 4pm

To attend, please register your interest at reception at which point you will be given a numbered ticket. Ideally, your name will need to be on the list in order to take part.

If the event is popular then it is hoped that it will become a new group activity at Greystones, hence this first event is a free taster.

There will be a short break during the event for refreshments.

All are welcome including non-members, so please come along and why not invite family, friends etc.

Any queries please contact Monica 07739 420244 or Susan 07504 255754.

We look forward to enjoying a fun afternoon with you.

Thank you

| Meeting Dates | | | |
|---------------|----------|-------|------------------|
| 14.05.24 | Tuesday | 14.00 | Trustees Meeting |
| 11.06.24 | Tuesday | 14.00 | Trustees Meeting |
| 13.06.24 | Thursday | 16.30 | Council Meeting |
| 09.07.24 | Tuesday | 14.00 | Trustees Meeting |
| 26.07.24 | 02.09.24 | | CLOSED |
| 10.09.24 | Tuesday | 14.00 | Trustees Meeting |
| 12.09.24 | Thursday | 16.30 | Council Meeting |
| 08.10.24 | Tuesday | 14.00 | Trustees Meeting |
| 12.11.24 | Tuesday | 14.00 | Trustees Meeting |
| 14.11.24 | Thursday | 16.30 | Council Meeting |
| 10.12.24 | Tuesday | 14.00 | Trustees Meeting |
| 20.12.24 | 06.01.25 | | CLOSED |

SECTION NEWS

ART – Monday am

Contact - Diane (01202 426472)
Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)
Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Claire (01590 643635)
Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)
Meetings – 2.00pm Weds. Weekly

BINGO – Saturday 2pm.

Contact–Brian Lockyer 07889 247360
We are a very friendly group and all are welcome and can be contacted by texting Brian on the above number.

BRIDGE – Duplicate

Contact - John Lee - (279257).
Website - www.bridgewebs.com/highcliffe Mon. and Wed. evenings: 6.00 for 6.15 start. Host system operating.

Swiss Teams - 1st Monday of the month.
Improvers Bridge-Wednesday 6.30pm.
Ladder pairs - 4th Mon. & Wed. in month.

BRIDGE - Social

Contact – John Lee (279257)
Meetings Friday 1.30 start

BRIDGE – Rubber

Contact – Martin (276971)
Or Steve (07922 120918)
Meetings – 1.30pm Friday Weekly

CANASTA/CRIBBAGE

Contact - David (07971444463)

Meetings - 6.00 for 6.30 pm until 9.00 pm Thursday Weekly.

We are a friendly group who enjoy a laugh as well as an interesting and absorbing game of Canasta. We also have a separate Crib section at the same meeting so everyone has a choice of which game to play with a tea break half way through the session. If you have any questions, please don't hesitate to contact me on the above number.

CARDS – BOLIVIA

Contact – Carol (627763)

Meetings – 1.30pm 2nd, 3rd & 4th Monday

CARPET BOWLS – Monday

Meetings – 1.30pm Monday

Contact Linda 07401261568

We are now full but offer a waiting list

CARPET BOWLS - Friday

Meetings - Friday 1.30 weekly

Contact – Hazel (540228)

We are a friendly group who play for fun. New members welcome, come along one Friday and see for yourselves

CHESS

Contact – Ron (277514)

Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)

Meetings – Two session every Friday morning: at 10.30am & 11.30am

CRAFT Contact – Brenda ()

Email: CRAFT to bimarv@gmail.com

Meetings – 1.30pm Thursday Weekly

CROCHET,KNIT & NATTER

Contact Hazel (540228) or Meryl (277325)

The group will meet on alternate Tuesdays (weeks 1 & 3) and is open to everyone of any and all abilities. Come along and find out more about us.

CRIBBAGE

Contact – Derek (07301135356)

Meeting–1.30pm Wednesday Weekly

Come and join us for the Cribbage Club

1 We have competitions you can join in so contact Derek on 07437 705015.

DANCING - Ballroom and Latin

Contact - Graeme (07874 327087)

Meetings – 2.00 to 4.00pm Tuesday Weekly, Room 1.

Instruction given.

Only £1 per session! - Your first time is a free taster session



DANCING – Circle

Contact - Nancy (277920)

Meeting – 2.00pm Monday

DANCING – Country

Contact – Jan (01202 427523)

Meetings - Thursday evenings 7.00 for 7.30 pm start

Following our AGM we are delighted that Peter Middleton has agreed to be

our Chairman. The rest of the committee remains unchanged. We will celebrate St. George's Day on our last meeting in April with appropriate dances and attire. Due to space limitations we have a waiting list so please contact Jan on the number above if you are interested in joining.

DANCING – LINE

Tuesday 4.30-5.30.

I am Clare and I run the line dancing classes at Greystones

Line Dancing for Beginners. Class currently full - please put your name on the waiting list if you would like to join our fun class!

Please contact Clare on 07983 558995 for more info.

DARTS

Meetings–Tuesday

1.00 to 4.00pm

Full but offer a waiting list.

Contact Sue (280536)



Darts meeting Thursday 7.00pm

Have vacancies for new members.

Contact Brenda (839789)

DISCUSSION

Contact – Jill (280247)

Meetings – 2.00pm First Tuesday

Another enjoyable afternoon putting the world to rights!

Our next meeting is on Tuesday May 7th in Room 14 upstairs at 2pm. A lift is available for those who find the stairs challenging. We welcome all newcomers and do bring along any

topics for discussion that you may like to be included.

DOODLE ART

3rd Wednesday of every month at 10.30.

Ring Maria 07484 757715

DRAMA & PLAY READING

Contact - Tom (272822)

- Eddie & Mary (278790)

Meetings - Thursdays at 2pm.

Our members, off and on, have now essayed the illusory realities of Pirandello's masterpiece SIX CHARACTERS IN SEARCH OF AN AUTHOR - and are now off to New Orleans on a streetcar named 'Desire'. Also, Tony Charters is keen to introduce us to a strong contemporary BBC Radio drama by Christopher Reason, which was successfully staged by HADS - Horsell Amateur Dramatic Society nr. Woking. BURNING THE WITCH. Are we game enough?

FLOWER ARRANGING

Contact – Valerie (274516)

Meetings – 10.00am 1st & 3rd Wednesday

Are you thinking of a new hobby? Why not join our very friendly flower arranging group? Everyone is welcome with individual schedules for novices. Please phone Valerie for further information.

FUN CHAIR EXERCISE

2nd and 4th Monday - 4.00 – 4.45

Ring Viv 07786 435333

IT FORUM

Contact – Norman
(275674)

Meetings – 2.00pm 2nd &
4th Wednesday



8 May – Discussion Group – an informal discussion of computer and related matters raised by members. Visitors are welcome to seek help and advice on computers, tablets and smart-phones.

22 May - Designing Posters and Flyers - Tips and tricks for anyone interested in designing posters, leaflets and flyers for their section or the association. With demonstrations using Inkscape, GIMP and Scribus (all free software).

Non IT Forum members £2

LADIES FORUM

Contact – Cherry (01425 274184)

Meetings – 1.45pm 2nd Friday each month. New Members welcome.

Members listened attentively to our April speaker, Phil Griffin, who told us about the history and current operation of the Dorset and Somerset Air Ambulance Service. Many questions followed, showing great interest in this subject. Our AGM, which is not expected to last long, will be held on 10th May, members will be able to rejoin for the coming year and the 2023/24 program will be given out. Then one of our members, Lottie Smith, will give a talk on Georgian Etiquette.

Enquiries to Cherry, 01425 274184

LANGUAGES

10 a.m. Monday French, weekly (Clive Sampson 279029).

We now have a few vacancies for accomplished French speakers able to maintain conversation in this language. Please phone Clive if you are interested

LEGS, BUMS and TUMS

Weekly, Tuesdays 9 am sharp – 9.45
Contact MEL 07966 571938

MACHINE QUILTING

Contact - Susy (275403) or Cecilia (672367)

Meetings - 1 to 4 pm Every Friday except 2nd

We are still very busy designing and sewing the Care Leavers



Quilts and the Heart-shaped Cushions for the mastectomy ladies. We are using many materials handed to us by very generous ladies. These materials are then cut often in a new pattern by some of our ladies and off we go again. It will keep us busy for a long time and we are thoroughly enjoying ourselves.

MAHJONG

Contact - Rowena (278248)
Meetings - 1.30pm Thursday weekly

Continuing on the theme of changing your hand halfway through a game, here are some more possibilities:-

Sunrise or Sunset (page 42) which call for specific winds and dragons could always be changed over to Number in

Parallel (page 43) providing you are able to collect 3 pungs all the same number.

Unique Wonder (page 44) could be swapped out for Dragonette (page 39) or Greta's Garden (page 38) if you have one of each wind and one of each dragon.

Green Jade, Red Coral and White Opal (all on page 35) could be changed to Ordinary Hand (page 42) if you are struggling to collect the matching dragon for your hand. You could also replace the pung of dragons with a pung of winds or, a pung or chow in the same suit if doing Ordinary Hand.

The Three Philosophers (page 15) is interchangeable with Little Robert (page 16) depending on if you are able to collect a mixed chow or a pung any suit.

Have you played Mahjong before or are you intrigued by the terminology? If interested why not come along and have a go, we just play for fun every Thursday from 1.30-4pm.

Contact Sue (280536).

MEN'S FORUM

Contact Mike Smith 277370, or Stewart Partridge 07857 566771

We are a friendly men's group that meet in the main hall at Greystones on the *third Thursday of every month*, 10.15am arrival for 10.30am start, followed by a learned presentation and coffee. New members are welcome at any time, and men or lady guests are can also attend any meeting or talk, for a guest fee.

Our Programme of Talks for 2024-25 commences Thu 18 April, and spans history, travelogues, science, engineering, famous biographies, nature and the environment.

The full programme is available now, to get your copy, either email: stewart.partridge@ipc.v.co.uk or pick up a printed copy from the Notice Boards at Greystones House.

MINDFULNESS

Debbie – via reception
Mondays 10 – 11 am Rm 14
£4 plus £1 to Greystones

NEEDLES GROUP

Contact Lee on 07444 562082
Meet 9.30am Wednesday (Weekly)

The Needles group covers embroidery, hand sewing, crochet, knitting, as well as making clothes, altering clothes we have in our wardrobe, as well as those we have just purchased to give a better fit. We have 2 sewing machines and 2 overlockers, which were serviced a few months ago.

We are well on the way to completing our aprons and have included photographs of four of them, and can be seen in colour in the digital version of the newsletter (see page 22). They all will be included in the exhibition for Needles Group in June. It was great fun choosing the fabrics and for some of us learning new techniques.

Our next project is to take measurements to make a garment that fits. Not as simple as it sounds. This will be led by one of our members. We will also be looking at taking

measurements to make a t-shirt at a later date. We should be able to make some amazing garments following this. Watch this space.

We have just had an excellent belated 'Christmas' lunch at a restaurant in the High Street, which was well attended and looking forward to our next group event.

We always have a good chat and look forward to new members joining.

PETANQUE

All meetings are held weekly.



Contact – Carol (280154)
1.00pm Tuesday
1.00pm Friday

Contact Mike (01425 280421)
1.00pm Monday
1.00pm Wednesday
1.00pm Thursday

Contact - Carol (07812 705031)
10.00 am Friday

Come along to play pétanque it is good way to keep fit without being too strenuous it's out in the fresh air and lots of fun, we have all the equipment so just give us a call or just turn up you will be most welcome.

PHOTOGRAPHIC

Contact – Jeff Palmer
(07970608011)



Meetings – 2nd Thursday each month.

For our April meeting, Patrick Jones gave a presentation on Viewpoint and Perspective. It actually wasn't raining so we were able to venture out into the Greystones Garden and practice what we'd heard from Patrick. Then some of the group were brave enough to show their attempts on the projector screen and most were successful.

Our next meeting is at 10.30AM on Thursday 9th May. John Lewis is making a presentation on digitising, retouching and restoring old photographs and we'll be launching our Group Facebook Page.



So, we'll be going back in time and then right up to the present.

As ever, all are welcome, from beginners to experts. And why not bring a friend it's a very sociable 2 hours!

PILATES

Contact – Debbie (07523 408368)
Meetings –

Mat Pilates – Wednesday 8.45 – 9.45am

POETRY (new Section)

Contact: Maria Swanston (07484 757715)

Email: swanston49@btinternet.com

The group meets the third Wednesday of the month from 10.30 - 12.30, with a tea/coffee break.

Rosemary Williams will be leading the group.

New members welcome.

QUILTING – Tuesday

Contact – Anna (01202 809700)

Meetings – 9.30am Tuesday Weekly

Email: anne.hutton27@sky.com

Our Quilt for the Ukraine is making good progress. Each of us is making one section with our own choice of colours to be put together later. We are enjoying ourselves sewing like this. We have a couple of vacancies. If you like to join please contact Christine Dunkling on 01425 613076



RAMBLES AND AMBLES

RAMBLERS WALKS FOR MAY 2024

Contact - Nigel (0789 675 0059)

Walks start at 1000hrs and are about 5 miles long, unless otherwise stated. For the dates where walks are marked 'TBA' details will be advised by email to members nearer the time. Likewise, any alterations will be advised by email. Contact the walk leader or the above if you have any queries. New members always welcome to our friendly group – contact the above or walk leader for details. Unfortunately dogs are not allowed.

Wed 1st May

Leader –Terry Eden (0792 788 6304)
Meet – Sixpenny Handley Village hall CP. On A31 just west of Ringwood take offslip onto the B3081 to & thro' Verwood. After passing Crane Valley Golf Club on LHS & ignoring L turn for Woodlands turn next L by cottage. Continue to T junction & turn R onto the B3078 to Cranborne. In 0.7 miles turn L back onto the B3081 signposted 'Shaftesbury.' In 0.7 miles at next T junction turn R into Parsonage Lane B3081 & continue for 3.4 miles to roundabout on the A354. Take 2nd exit to Sixpenny Handley 0.9 miles. Arrive in 6p Handley and continue up High Street passing former Roebuck Inn, St Marks Church and First School all on the RHS. After the school, and before leaving village turn R into Commercial Road signposted 'Village Hall & Playing Fields'.

Wed 8th – TBA Leaders Bryn & Ann (07773 306035)

Wed 15th – Barton Clifftops and Countryside Leader Nigel (0789 675 0059) Meet – Park free on road at end of Marine Drive East, Barton-on-Sea. Ref 244/929, and meet on corner of Becton Lane.

Wed 22nd – TBA Leaders: Andrew and Diana 07749 206567/07749 83635

Wed 29th- Breamore

Leaders: David & Jane Dunsmore (270107/ 0789 621 5751)
Meet – Breamore House CP, Ref 153/190. From Ringwood take A338 and turn L at Breamore (2 miles north

of Fordingbridge.) Follow signs for 'Breamore House' & CP is on RHS immediately after church.

AMBLERS WALKS for April 2024

Contact: Graham (07858 569656)

Wed 1st May 2024 @ 10.00 am
TBA

Wed 8th May 2024 @ 10.00am
Rockford Sandpit / New Forest Northern Commons CP (BH24 3NF)

Leaders: Russell & Liz

Take the B3347 to Ringwood. Pass under the A35 and take the A338 Salisbury Road towards Ibsley / Fordingbridge. After approx. 1.8 miles turn right onto Ellingham Drive. Stay on Ellingham Drive for approx. 1.2m. After cattle grid turn left (signposted Mockbegger & North Gorley) past Moyles Court School and turn right at T junction. Travel over Dockens Water Ford, keep left then straight on up hill to Rockford Sandpit CP. Walk is approx. 3.25 miles long, 50% is gravel; the rest can be muddy.

Wed 15th May 2024 @ 10.00 am
TBA

Wed 22nd May 2024 @ 10.00 am
TBA

Wed 29th May 2024 @ 10.00 am
Burbush CP map ref SU 202 018 (BH24 4EF)

Leader: Linda Norman

Go along A35 towards Lyndhurst and TL after Retreat Inn. TR into Forest Rd, at crossroads TR towards Burley. CP is on right just after old railway bridge. 3.25 miles with slight incline. Coffee stop. Car share recommended as can get busy.



ROCKIN' ROBINS

Contact – Meryl (277325) or Jenny (272628)

Meetings – 2:00pm 2nd & 4th Mondays
(Singing for fun group)

The first session with Mark, the new musician, went really well and he is really looking forward to future sessions with Rockin' Robins.

RUMMIKUB

Contact – Margaret via Greystones
Tuesday – 1.30pm to 4 pm

TABLE TENNIS

Contact – John (274813)

Meetings - 9.30am

Monday weekly

9.30am Thursday

1st 2nd and 4th weeks only

9.30am Saturday weekly



We are looking for any new members wishing to join our group. Pop along and see if you can rekindle an interest you had to leave behind due to other pressing commitments. We are of

mixed ability, friendly, patient and sociable. Spare bats are available.

WHIST

Contact – Olive (274813)

Meeting – 1.45pm Weds. Weekly

YOGA

Contacts – Debbie
(07523 408368)

Meetings–

Mon&Wed Yoga

Class 11.30am Mondays

Class 10.00am Wednesday

Contact ; Karen (07786 304105)

Class 10.30 am Tuesday



AFFILIATED ORGANISATIONS

HIGHCLIFFE HORTICULTURAL SOCIETY

Linda Law

email: lindarosslaw@hotmail.co.uk

mobile: 07769 748187

www.highcliffehorticulturalsociety.co.uk

Monday, 6 May at 7.30pm (doors open at 7.00pm). A talk by Chris Bird entitled "Right Plant, Right Place". At St Mark's Church Hall, Hinton Wood Avenue, Highcliffe BH23 5AA.

Refreshments, plant sales and a raffle.

Non-members very welcome £3.

Enquiries to Linda Law on 07769 748187.

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

(Christchurch Library – 01202 127200)

(Highcliffe Library - 01202 127369)

Contact - Jan Clarke – 01425 277635:

Talks start at 2.00 p.m. (please note change of time) followed by refreshments.

Friends - £3.00 Non-members £5.00

Please telephone relevant library for tickets.

Christchurch Library

Thursday, 21st March

"The Beginnings of Children's TV - Puppets Rule"

Speaker - John Lay-Flurrie

Highcliffe Library

Wednesday, 3rd April

"Go With The Flow - The River Stour from Stourhead to Stanpit"

Speaker - Ron Taylor



HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group

Contact – Michael Williams (07484 778364) or highcliffepgg@gmail.com

Medicines waste - Only order what you need!

Approximately 1.6 million medicine items are wasted unnecessarily in Dorset each year. Your help is needed to reduce this.

NHS Dorset have launched a new campaign asking people to check

their order to help reduce waste and save money.

Please check what medicines you have at home before you order your repeat prescriptions. If you have enough, only request the medicines you need this time. You will still be able to order others again in future.

Only ordering what you need means that you are helping the environment to make sure that waste medicines do not pollute our rivers and seas because once medicines have left the pharmacy, they cannot be recycled or used by anyone else.

HIGHCLIFFE RESIDENTS ASSOCIATION

Highcliffe Residents Association has been serving the community of Highcliffe for more than 75 years.

We are a pressure group, working with local councillors and other bodies campaigning for the future of Highcliffe.

Membership is open to anyone who lives, works, or owns property in Highcliffe and you can join us on line for £5 per year per household at www.highclifferesidents.co.uk, where you will find further details on our activities. Highcliffe Residents Association, The Old School, 254 Lymington Road, Highcliffe BH23 5ET

CHRISTCHURCH PROBUS CLUB

Contact Maurice Dowling
07769897955

FRIDAY LIVE





Needles Group – “We are well on the way to completing our aprons “



GREYSTONES LUNCH CLUB

GREYSTONES HALL (Waterford Road)

LUNCH CLUB for the over 60's

TUESDAY, THURSDAY and FRIDAYS

Meal served at 12 noon.

Pop in and see us to find out more details.

(Booking essential)

Tel: 01425 277106



This month's guest speakers

Sunday 5th May Barrie Taylor

Sunday 12th May Doug Croucher

Sunday 19th May Jean Davies

Sunday 26th May Open service

PLEASE NOTE: From the beginning of May our new venue is Greystones Hall - 10.30am

Everyone is very welcome!

**COPY DATE FOR MAY 2024
NEWSLETTER**

**Submissions to be received by
MONDAY 20th MAY 2024**

**PUBLICATION DATE
30TH MAY 2024**

This issue of the newsletter edited by: Chris Graham

Designing Posters and Flyers

Tips and tricks for anyone interested in designing posters, leaflets and flyers for their section or the association.



With demonstrations using Inkscape, GIMP and Scribus (all free software). Including exporting files in a format suitable for commercial printing or the HCA printer.

22 May | 2 — 4pm