



Highcliffe

Community Association
at Greystones House



Ticket prices
Members: £5
Non-members: £6
Choc ice included!



News and Programme of Events

October 2024

Sections at a Glance...

Please note that not all groups run every week – contact the leader in “section news”

for more details

Art	Monday am.	Legs, bums and Tums	Tuesday am.
Art	Tuesday am.	Machine Quilting	Friday pm
Art	Tuesday pm	Mahjong	Thursday pm.
Art	Wednesday pm	Men's Forum	Thursday am
Bingo	Saturday pm		
Bridge Duplicate.	See text	Mindfulness	Monday am
Bridge Rubber	Friday pm	Petanque	Monday pm
Canasta	Thursday	Petanque	Tuesday pm
Cards – Bolivia	Monday pm	Petanque	Wednesday pm
Carpet Bowls	Monday pm	Petanque	Thursday pm.
Carpet Bowls	Friday pm.	Petanque	Fri am and pm
Chess	Monday evening	Photography	Thursday am
Chi Kung	Friday am.	Pilates	Wednesday am
Craft	Thursday pm	Poetry	Wednesday am.
		Quilting	Tuesday am
Crochet, Knit and Natter	Tuesday am	Rambling & Ambling	See Text
Dancing-Ballroom & Latin	Tuesday pm	Rocking Robins	Monday pm
Dancing–Circle	Monday pm	Rummikub	Tuesday am
Dancing-Country	Thurs evening	Sewing/Needles	Wednesday am
Dancing-Line	Tuesday evening	Table Tennis	Monday am
Darts	Tuesday pm	Table Tennis	Thursday am
Darts	Thursday eve.	Table Tennis	Saturday am
Discussion	Tuesday pm.	Whist	Wednesday pm
Doodle Art	Wednesday	Yoga	Monday noon
Drama & Play Reading	Thursday pm.	Yoga	Tuesday am
Flower Arranging	Wednesday am	Yoga	Wednesday am
IT Forum	Wednesday pm.		
Ladies Forum	Friday pm.		
Languages French	Monday am.		

For more information see Section News.

Highcliffe Community Association
Greystones House, Waterford Road, Highcliffe
Dorset BH23 5JL

Registered Charity No.1189336

An Independent organisation run voluntarily by members for members and financially self-supporting.

CONTACT US

Telephone:

01425 271604

Email Newsletter copy:

newsletter.editor@highcliffeca.co.uk

Website:

www.highcliffecommunityassociation.co.uk

Dates for Your Diary

Event

Quiz and Chips

Date

Saturday 12th October

Saturday 7th December

Saturday 1st February 2025

Saturday 5th April

Saturday 7th June

Tickets on Sale

waiting list.

Early November

Early January

Early March

Early May

Art & Craft Sale - Every 4th Friday, 10.00- 12.00 in the
Coffee Lounge.

Note from your Trustees.

The Charity Commission has now agreed the amendments to the Constitution.

Did you noticed little Flossie the mannequin in a guide's uniform in reception; The organisation is celebrating 55 years in Highcliffe and were hoping to gather historical data from HCA members. Flossie will have gone back home by the time you read this.

We are looking for suggestions for future Open Forum meetings to be held on a quarterly basis, bearing in mid the current financial problems. Age concern, Hope and Citizens Advice [Christchurch] have been suggested. Feed back from members would be appreciated.

Following the success of the summer Jigsaw Fayre, you are aware that a Christmas Jigsaw and Arts and Crafts Fayre has been arranged for the weekend 30th Nov-1st Dec. Everyone is working hard to ensure success

We are now inviting you to donate board games to sell at the Xmas jigsaw and Craft Fayre

– Do you have a cupboard with dusty, unloved and seldom used board games that are looking for a new home? The games need to be in good condition for sale. Please take any donations to reception when you are next at HCA.

Trustees Elected at AGM 2024.

Chair – vacant

Secretary – Linda Norman

Treasurer - Jan Hollowell

Lyn Lash – Reception

Barbara Thacker – Servery

Meryl Jones – Accommodation

Pauline Pegram – Governance

Norma Palmer – Fundraising

Christine Graham

Governance – Pauline Pegram

Section leaders – please see the revised version of the standing orders with your registers... and a revised copy of the constitution will be on display in the library.

Film Night with Choc Ice!



Friday 4th October

The Fall Guy. Tickets still available

Friday 1st November

Swede Caroline. Tickets on sale Friday 4th October

Friday 6th December

Vindication Swim. Tickets on sale Friday 1st November

SECRETARY

Email: secretary@highcliffeca.co.uk
See AGM Report .

TREASURER

Email: treasurer@highcliffeca.co.uk
Jan (276450)

Hi, our social Friday has been quieter than usual, but it has been lovely seeing so many members back after the summer break. We have had lots of positive comments on the removal of the screens from the front desk but recognise that winter and colder days are on their way; be assured Lyn has the receptionist considerations in-hand. Heating Greystones will be even more expensive this year, but keeping warm in winter is a problem for us all, so in the words of the artic explorer who thought of it 'please layer up'.

ACCOMMODATION NEWS

Email: meryl.jones@highcliffeca.co.uk

There are still spaces for new sections. We are hoping to have a Drawing for Fun group starting in the New Year. We continue to ***look for section leaders*** for **Indoor Curling, Board Games and Calligraphy**.

Social Jigsaw Group

Jigsaws are a great way to keep your mind active. We are considering starting a section for likeminded people who like to assemble, swap and collect jigsaw puzzles. Join us for a friendly chat and a cuppa whilst you assemble a jigsaw puzzle either by yourself or in a group. Puzzles could also be available to swap with your fellow section members.

Scrabble Section

This has proved to be a popular choice for other community groups. The date & time will be decided as soon as we have enough interest to make the group viable.

If you are interested in joining or running any of the afore mentioned section please contact me at meryl.jones@highcliffeca.co.uk or register your details with reception

RECEPTION

Lyn (274301) Hazel. (540228)

Reminder to all groups

If you open doors & widows, or alter the radiator settings, please change everything back when you have finished your session. Many thanks

MAINTENANCE

Not everyone may have noticed that we have had several windows repaired, the last one being the downstairs lady's toilet which we hope will soon be back in place, these have been at a cost of around £25000. During the closure the offices, Minto room and various other parts of the building have been redecorated at a cost of £1950. The replacement carpet has been fitted in the offices and room 14, so the final payment of £7545 is now due. All these costs have left us with a depleted bank balance but hopefully we will not have any more major expenses in the near future.

Room 1 floor has been repolished and your help in keeping it in good order would be much appreciated by lifting chairs and not dragging them. When moving the table tennis tables would you make sure that all the brakes are off and please be aware of door frames and walls. Thanks everyone.

MEMBERSHIP

Email:

membership@highcliffeca.co.uk

We have received a several membership renewals from ex members and many new members have joined too.

Perhaps you are looking to meet new people, explore new hobbies and interests, or revive previous interests. We have many sections available for you to try out. Check out the Section lists within this newsletter or our website for information.

Now maybe the time to join our friendly and welcoming community, if you are already a member perhaps a friend or neighbour would be interested, please spread the word.

New members are always welcome, come along and try a Section or come to the Friday Live coffee morning we will be happy to see you.

Membership Renewals and New Memberships can be done online via our Website if paying by BACS or via Reception if paying by cash or cheque. Membership fee is £10 and covers the period of 1st May 2024 - 30th April 2025.

Membership Secretary
Sandy Gale

NEWSLETTER EDITOR

Newsletter.editor@highcliffeca.co.uk

Don't forget – if you have something to be considered for publication in the newsletters, then send it to the email above. This can be of any item or subject which you think would be of interest to readers.

TEA AND COFFEE SERVERY

Barbara (620811)

barbara.thacker@highcliffeca.co.uk



Thank you to all the team of wonderful volunteers who help provide refreshments at Greystones.

If anyone would like to join us, please contact me.

Thank you, Barbara,

PUBLICITY .

GENERAL INTEREST

NEW 2. U. LADIES BOUTIQUE

Contact – Monica (07739 420244)

We have started to receive a number donations and 50/50 since we reopened. At the moment we are receiving more than we are selling so hopefully that trend will reverse over the coming weeks as more of you look to refresh your Autumnal wardrobe. We have received lovely handbags, scarves, gloves etc in readiness for the cooler months. So get ahead and select something cosy to keep you snug.

I have been managing the shop for just over 3 and a half years now, can't believe how quickly the time has flown. While I have loved my time managing the shop I now feel it's time for someone new to step in and take the shop forward into 2025. This will take effect from 1st January 2025. If anyone is interested in taking this volunteer role on then please make contact with me.

Many thanks Monica.

LIBRARY CORNER

Hi everyone

First of all many thanks for all the donations from our members which as always are much appreciated.

As we have such a well stocked library, please only donate as new and latest paperback fiction as that is our most popular section.

Please help yourselves to any books or puzzles that are in our window sills and mantle piece as this is where I display the latest donations.

Just lately I have had some foreign coins and old £1 coins put into our 'Trust Box'. Please check and ensure that you put correct coinage into the box as every penny we take helps to run our beautiful Greystones for all of us to enjoy.

REMEMBER: Only 20p per item to borrow for up to 3 weeks.

I hope to see more members coming and making use of our wonderful library facilities.

**Barbara
Librarian**

BINGO

Every Saturday

GREYSTONES HOUSE
Eyes down at 2.00 p.m.

IN MEMORIAM

Contact Sandy
(membership@highcliffeca.co.uk)

Mrs Barbara Smith.

CAR PARKING

The car park is scheduled to be re-lined in October with designated spaces allocated to HCA.

Please park only outside Greystones House when visiting HCA – the spaces by the pedestrian path are reserved for residents; also, please make sure that you display your parking permit and sign the book on reception if you are double parked.

Thank you

Watch this space for more information...



HIGHCLIFFE COMMUNITY ASSOCIATION

Christmas Jigsaw and Craft Fayre

Christmas Jigsaws Arts and Crafts

Sat 30th Nov and Sun 1st Dec
10am – 3.30pm

Admission £1 (under 16 free)

Refreshments available

Christmas Hamper Raffle

Payments by cash or cheque only please

Highcliffe Community Association, Greystones House
Waterford Road, Highcliffe, Dorset, BH23 5JL
Registered Charity 1189336 | tel. 01425 271604
www.highcliffecommunityassociation.co.uk



SECTION NEWS

ART – Monday am

Contact - Diane (01202 426472)

Meetings – 10.00am Monday Weekly

ART – Tuesday am

Contact – Rosemary (274056)

Meetings – 10.00am Tuesday Weekly

ART – Tuesday pm

Contact – Claire (01590 643635)

Meetings – 2.00pm Tuesday Weekly

ART – Wednesday pm

Contact – Barry (272878)

Meetings – 2.00pm Weds. Weekly

BEETLE DRIVE

4th Wednesday in month

Time: 2.pm for 2.15 pm start.

Contact Monica 07739 420244

Susan 07504 255754.

As we play in teams of 4 per table, we have a max attendance of 24 so please don't delay in registering to avoid disappointment. The cost is £2 to join the group, this is an annual fee. Plus, to attend each beetle drive please pay £2 on the day, £1 of which goes towards running the group, prizes etc and the other £1 goes to Greystones. There will be a short break during the event for refreshments. Cake will be provided free of charge; drinks are available from the kitchen as usual.

All are welcome including non-members, so please come along with any family or friends, but remember to

register. We look forward to enjoying a fun afternoon with you.

There will be a prize for winner and runner up.

Many Thanks

Monica

BINGO – Saturday 2pm.

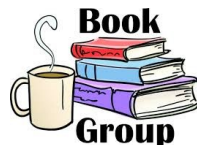
Contact–Brian Lockyer 07889 247360

We are a very friendly group and all are welcome and can be contacted by texting Brian on the above number.

BOOK GROUP

**First
Meeting
Soon (on a
Thursday)**

watch this space



Do you love reading? Would you be prepared to share a really good read with someone else?

Spaces are limited. If you are interested you can sign up on the list on the reception desk or email: helensnow10@gmail.com or meryl.jones@highcliffeca.co.uk

BRIDGE – Duplicate

Contact - John Lee - (279257).

Website

www.bridgewebs.com/highcliffe Mon. and Wed. evenings: 6.00 for 6.15 start. Host system operating.

Swiss Teams - 1st Monday of the month.

Improvers Bridge-Wednesday 6.30pm.
Ladder pairs - 4th Mon. & Wed. in month.

BRIDGE - Social

Contact – John Lee (279257)

Meetings Friday 1.30 start

BRIDGE – Rubber

Contact – Martin (276971)

Or Steve (07922 120918)

Meetings – 1.30pm Friday Weekly

CANASTA/CRIBBAGE

Contact - David (07971444463)

Meetings - 6.00 for 6.30 pm until 9.00 pm Thursday Weekly.

We are a friendly group who enjoy a laugh as well as an interesting and absorbing game of Canasta. We also have a separate Crib section at the same meeting so everyone has a choice of which game to play with a tea break half way through the session. If you have any questions, please don't hesitate to contact me on the above number.

CARDS – BOLIVIA

Contact – Carol (627763)

Meetings – 1.30pm 2nd, 3rd & 4th Monday

CARPET BOWLS – Monday

Meetings – 1.30pm Monday

Contact Linda 07401261568

We are now full but offer a waiting list

CARPET BOWLS - Friday

Meetings - Friday 1.30 weekly

Contact – Hazel (540228)

We now have a vacancy if anyone is interested.

Come and join our friendly group.

CHESS

Contact – Ron (277514)

Meetings – 7.00pm Monday Weekly

CHI KUNG

Contact – Karen (07786 304105)

Meetings – Two session every Friday morning: at 10.30am & 11.30am

CRAFT Contact – Brenda ()

Email: CRAFT to bimarv@gmail.com

Meetings – 1.30pm Thursday Weekly

CROCHET, KNIT & NATTER

Contact Hazel (540228)

or Meryl (277325)

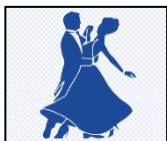
From 10 – 12am on the 1st and 3rd Tuesdays of the month and is open to everyone of any and all abilities. Come along and find out more about us.

Just before the summer break the C, K & N section sent off a parcel of their work to 'Knit for Peace'. A letter has been received from the Knit for Peace group that says – “Dear Knitters, I am delighted to say that we have received your lovely knitted items, thank you so much. We look forward to delivering these items as they will undoubtedly make a big difference to those in need this winter. Thank you for your support, we truly appreciate it”

If you are interested in helping we are still welcoming knitters to the group.



DANCING - Ballroom and Latin



Contact - Graeme
(07874 327087)

Meetings – 2.00 to

4.00pm Tuesday Weekly, Room 1.

Very friendly and informal.

Instruction given if needed.

Only £1 per session! - Your first time is a free taster session. Ideal for those who wish to get back into dancing. Experienced dancers also welcome.

DANCING – Circle

Contact - Nancy (07712 400621)

Meetings – 2.00pm. The 1st, 3rd, 5th
Monday of the month.

Do pop in if you would like to see what Circle Dance is all about and no it's not like Line Dancing!

We dance to a selection of music from around the world around a meaningful centrepiece. All steps are taught, and you do not need a partner. Some dances are lively, some are slow and meditative. You do need to have a reasonable level of physical fitness to participate, and previous experience of dance is useful but not essential.

DANCING – Country

Contact – Jan (01202 427523)

Meetings - Thursday evenings 7.00 for 7.30 pm start

On 24th October we will have our first themed evening of the term entitled Harvest. Suitable dances will be chosen. You are invited to dress appropriately and we will have a bring and share supper.

Don't forget we now have a Request Book so you can record your favourite dances to be repeated at suitable times.

DANCING – LINE

Tuesday 4.30-5.30pm.

Contact – Clare (07983 558995)

Line Dancing for Beginners.

Class currently full - please put your name on the waiting list if you would like to join our fun class!

DARTS

Meetings–Tuesday

1.00 to 4.00pm

Full but offer a
waiting list.

Contact Sue (280536)



Darts meeting Thursday 7.00pm

Have vacancies for new members.

Contact Brenda (839789)

DISCUSSION

Contact – Jill (280247)

Meetings – 2.00pm First Tuesday of the month in Room 14.

The first meeting of the new term was attended by just a few members so do hope that more will join us next month. The afternoon was spent talking about Labour's proposals for filling their alleged " black hole " and how it will affect us all. So rather a doom and gloom afternoon with the loss of heating allowance, rise in energy bills and the trade unions pay claims dominating our talk. We were hard pressed to find some good news to discuss!

We are a friendly and fun group of people who meet once a month to discuss and debate issues and topics that matter to us, our community and the wider world. We welcome new members and invite you to bring along any subject you would like to share and discuss with the group.

DOODLE ART

1st Wednesday of every month at 10.30.

Ring Maria 07484 757715

DRAMA & PLAY READING

Contact - Tom (272822)
- Eddie & Mary (278790)

Meetings - Thursdays at 2pm.

With some trepidation I thought we might LOOK BACK IN ANGER this Autumn Season - but the first session went surprisingly well.

We may then be WAITING FOR GODOT or being visited by THE GOVERNMENT INSPECTOR!!

Prepare for some interesting forays.

FLOWER ARRANGING

Contact – Valerie (274516)

Meetings – 10.00am 1st & 3rd Wednesday

Are you thinking of a new hobby? Why not join our very friendly flower arranging group? Everyone is welcome with individual schedules for novices. Please phone Valerie for further information.

FUN CHAIR EXERCISE

2nd and 4th Monday - 4.00 – 4.45

Ring Viv 07786 435333

IT FORUM

Contact – Norman
(275674)

Meetings – 2.00pm 2nd &
4th Wednesday



Please note, we have swapped the order of the Presentation Meeting (now second Wednesdays) and Discussion Group (now fourth Wednesdays)

9 Oct – Our three-part exploration of desktop publishing continues. This month we'll demonstrate Scribus, an open-source layout program that's ideal for designing flyers and leaflets.

23 Oct – Discussion Group. An informal discussion of computer and related matters raised by members. Visitors are welcome to seek help and advice on computers, tablets and smart-phones.

Non IT Forum members £2.

LADIES FORUM

Contact – Cherry (01425 274184)


Meetings – 1.45pm 2nd Friday each month. New Members welcome.

For the first meeting after the Summer break Members were entertained by Gordon Lewis with a talk entitled Theme Parks and Chocolate. This turned out to be a fascinating history of Paulton House, before it was the theme park we know today. Who knew the land was part of Glastonbury Abbey in the 12th Century and one of the members of the family started chocolate houses in London in the sixteenth century. In the forties it

became a hotel for a short time before a fire demolished the building in 1963.

Next month our speaker is John Davis who is giving us the Confessions of a volunteer organist and chorister.

Please come along and join us.

	Ladies Forum Meetings 2024/25
13 September 2024 Gordon Lewis Theme Parks and Chocolate	10 January 2025 Steve Roberts Dads' Army, Fact & Fiction
11 October 2024 John Davis Confessions of a Volunteer Organist & Chorister	14 February 2025 Annual Lunch, 12.30 Venue TBA
8 November 2024 Tim Craven Thelwell, not just Hairy Ponies	14 March 2025 Alice May The house that sat down.
13 December 2024 Christmas Party & TBA	11 April 2025 Kevin Patience 'The African Queen' the story behind the film

Enquiries to Cherry, 01425 274184
Members Annual Subscription £2.00

Members Monthly Meeting Fee £4.00

Visitors Meeting Fee £4.50

LANGUAGES - FRENCH

10 a.m. Monday French, weekly (Clive Sampson 279029).

We now have a few vacancies for accomplished French speakers able to maintain conversation in this language. Please phone Clive if you are interested.

For your safety in the event of an emergency evacuation

If you are **not** attending a section, please inform the receptionist of your arrival and departure.

This will be recorded in the diary and will be used to check that everyone is out of the building.

Thank you

LEGS, BUMS and TUMS

Weekly, Tuesdays 9 am sharp – 9.45
Contact MEL 07966 571938

MACHINE QUILTING

Contact - Susy (275403) or Cecilia (672367)

Meetings - 1 to 4 pm Every Friday except 2nd

We have had our first meeting after our holidays. Many of us have started or are finishing off our quilts for the Care-Leavers Charity. Sue is now busy trying out new patterns for the Care Leavers

Charity. She has already collected the materials, does the designs and cuts the patterns for the ladies, colour by colour. Having done all this she hands them to us to carry out, which we thoroughly enjoy. Thank you Sue for all your hard work.

MAHJONG

Contact - Rowena (278248)
Meetings - 1.30pm Thursday weekly

What better way to brighten an afternoon than with some fun playing Mahjong! Whether you are an experienced player or a complete beginner you are welcome to join us. There are plenty of simple hands for beginners to start with and many really tricky hands for the more experienced. As we only play for fun and don't score it doesn't matter whether you win with an easy hand or a difficult one!

It's always good to practise "Ordinary Hand" as this is the basis of the game but it is fun to try some of the trickier hands and very satisfying if you actually go Mahjong with them. Of course, often the tiles you start with dictate what hand you end up doing.

Ordinary Mahjong (page 42) – 4 pungs and a pair all in one suit or one suit with winds and dragons. IF there are four players one of the pungs can be replaced by a chow. This is an exposed hand so if you have a pair in your hand you can say "pung" and pick up a discarded tile to make the pung.

A nice easy hand for beginners is Gertie's Garter (page 20) – A run of 1-7 in two separate suits.

MEN'S FORUM

Contact Mike Smith 277370, or
Stewart Partridge 07857 566771

We are a friendly men's group that meet in the main hall at Greystones on the third Thursday of every month, 10.15am arrival for 10.30am start, followed by a learned presentation and coffee. New members are welcome at any time, and men or lady guests can also attend any meeting or talk, for a guest fee.

The full programme is available now, to get your copy, either email: stewart.partridge@ipcv.co.uk or pick up a printed copy from the Notice Boards at Greystones House.

MINDFULNESS

Debbie – via reception
Mondays 10 – 11 am Rm 14
£4 plus £1 to Greystones

NEEDLES GROUP

Contact Lee on 07444 562082
Meet 9.30am Wednesday (Weekly)

We met up twice over the summer. Thank you to Gill for stepping in and hosting the second coffee morning, at the last minute. It was just too cold sitting on the cliff top.



We still have plenty to catch up on and are looking at projects that we can work on leading up to Christmas.

Such projects could include embroidery, tapestry, hand sewing, crochet, knitting. We will continue making and altering clothes. We have 2 sewing machines and 2 over lockers and various haberdashery items.

We always have a good chat and look forward to new members joining.

PETANQUE

All meetings are held weekly.

Contact – Carol (280154)
1.00pm Tuesday
1.00pm Friday

Contact Mike (01425 280421)
1.00pm Monday
1.00pm Wednesday
1.00pm Thursday

Contact - Carol (07812 705031)
10.00 am Friday

We had such enjoyable afternoons together, if you would like a game come along and join us.

PHOTOGRAPHIC

Contact–Jeff Palmer
(07970608011)
Meetings – 2nd Thursday each month.



Our September meeting theme was 'Get the best from your camera'. We were able to make the most of the weather and walk towards the seafront, taking pictures on a number of themes.

Our October meeting is on the 10th at 10.30am in Room 11. The main topic

will be 'Developing digital images (RAW and non-destructive editors)'. I'm sure I'm not the only one who doesn't have a clue what that means. Please don't be put off, I'm sure you'll enjoy yourself if you come along!

PILATES

Contact – Debbie (07523 408368)
Meeting Wednesday 8.45 – 9.45am

POETRY

Contact - Maria (07484 757715)
Meeting – 10.30am on 3rd
Wednesday of the month
This is a poetry reading and discussion group which meets at 10.15am on the 3rd Wednesday of the month. Group members decide on a topic for the month and poems are researched or written ready to present to the group. Suitable for anyone with an interest in poetry.
Books can be provided for anyone new to the subject.
Cost is £1 per meeting

QUILTING

Contact – Anna (01202 809700)
Meetings – 9.30am Tuesday Weekly
Email: anne.hutton27@sky.com

Our new term has started with new inspiration and ideas. It is lovely to be together again and we look forward to seeing the return of the ladies who have not been well or are still on holiday. We are finishing one quilt for our Charity and have started with new ideas.

RAMBLES AND AMBLES



Rambles for October 2024

Contact - Nigel (0789 675 0059)

Unless otherwise stated, walks start at 1000hrs and are between 5 & 6 miles long. Any alterations will be advised to members by email. Contact the walk leader or the above if you have any queries. New members always welcome to our friendly group. Unfortunately, dogs are not allowed.

Wed 2nd - Whitemoor and Hinchelsea Bog

Leaders – Ann & Bryn (274363 / 07535 331875)

Meet Wilverley Plain CP, Ref 254/010. Turn off A35 for Holmsley, then turn Rt at T Junction towards Brockenhurst. CP is approx 2 miles on left by lone pine tree.

Wed 9th - Beaulieu Airfield & Stockley Inclosure

Leader – Nigel (0789 675 0059)

Meet - Beaulieu Heath CP, Ref 358/006. From Lymington, take B3054 towards Beaulieu. After approx. 4 miles, CP on LHS. Head into CP & turn Rt. Park by the Information Board if possible.

Wed 16th – TBA

Leaders - Andrew and Diana 07749 206567/07749 836351)

Wed 23rd - TBA

Wed 30th - TBA

Amblers Walks for October 2024

Contact: Graham (07858 569656)

Please remember to renew your Amblers membership if not already done. Our treasurer Heather will be available to do this on Friday mornings between 9.30 and 11.00 am at Greystones. She will also be taking bookings for Skittles, the first evening being 21st October.

Any forthcoming ambles will be notified by email.

Wed 2nd Oct 2024 @ 10.00 am

Longslade Bottom CP ref SU 270 002 (SO42 7QB)

Leader; Linda Turenhout

Take A35 towards Lyndhurst and at Holmsley junction TL and past the Old Station Tearooms, then TR towards Brockenhurst. Follow the road for approx. 1.8 miles then at the top of the hill TR, signposted Sway. Continue for a further 1 mile and the CP is on your left. Walk is approx. 3.5 miles along the old rail track, through woodland & over heathland.

Wed 9th Oct 2024 @ 10.00 am Standing Hat CP ref SU315 036 (SO42 7QJ)

Leader: Graham

Travel northward on A337 to Brockenhurst, over the the railway crossing and after half a mile TR onto B3055 at Balmer Lawn. After 300 mtrs, bear L onto the gravel track and continue to the CP at the far end of

the track. Walk is approx. 3.8 mls long mostly on gravel tracks, with some gradual inclines. Coffee stop half way around.

Wed 16th Oct 2024 @ 10.00 am
TBA

Wed 23rd Oct 2024 @ 10.00 am
TBA

Wed 30th Oct 2024 @ 10.00 am
TBA

ROCKIN' ROBINS

Contact – Meryl
(277325) or Jenny
(272628)

Meetings – 2:00pm 2nd & 4th Mondays
(Singing for fun group)

If you love to sing (no auditions), we now have vacancies, so why not come and join a lovely group of very friendly people having lots of fun on the 2nd and 4th Monday of each month. Can we ask anyone that has joined in the last few months and won't be coming back again, to let us have the file of music back. It can be returned to another Rockin' Robin or handed into reception.

We look forward to seeing you soon
Many thanks. Meryl and Jenny.

RUMMIKUB

Contact – Ann Power 07854 421157
Tuesday – 1.30pm to 4 pm

TABLE TENNIS

Contact – John
(274813)

Meetings – 9.30am

Monday weekly

9.30am Thursday

1st 2nd and 4th weeks only

9.30am Saturday weekly



We are looking for any new members wishing to join our group. Pop along and see if you can rekindle an interest you had to leave behind due to other pressing commitments. We are of mixed ability, friendly, patient and sociable. Spare bats are available.

WHIST

Contact – Olive (274813)

Meeting – 1.45pm Weds. Weekly

YOGA

Contacts – Debbie
(07523 408368)

Meetings –

Monday - 11.30am

Wednesday - 10.00am

Contact Karen (07786 304105)

Meeting - Tuesday 10.30am.



AFFILIATED ORGANISATIONS

HIGHCLIFFE HORTICULTURAL SOCIETY

Linda Law

email: lindarosslaw@hotmail.co.uk

mobile: 07769 748187

www.highcliffehorticulturalsociety.co.uk

Monday, 7 October at 7.30pm (doors open at 7.00pm). A talk by Simon Goldsack entitled "Holme - the making of a new public garden".

At St Mark's Church Hall, Hinton Wood Avenue, Highcliffe BH23 5AA. Refreshments, plant sales and a raffle. Non-members very welcome £3

FRIENDS OF CHRISTCHURCH & HIGHCLIFFE LIBRARIES

(Christchurch Library – 01202 127200)

(Highcliffe Library - 01202 127369)

Contact - Jan Clarke – 01425 277635:

Highcliffe Library - New Opening hours

Monday and Friday - 9.30 a.m. - 5.00 p.m.

Tuesday - 2.30 p.m. to 6.00 p.m.

Wednesday - Closed

Thursday - 9.30 a.m. - 1.00 p.m.

Saturday - 9.30 a.m. to 1.00 p.m.

CHRISTCHURCH LIBRARY TALK

Thursday, 17th October

[Please note change of subject]

"Working Backstage with One of the World's Top Equestrian Display Artists",

A rare and unusual talk by Patrick Kempe. 2.00 p.m. start, followed by refreshments

"Friends" members - £3.00 Non-members £5.00

Please contact Library for details.



HIGHCLIFFE FRIENDS IN NEED

Contact: Anne Arnold Tel. 07980 483 319

Volunteer Car Driver Scheme.

If you need transport to your medical or other healthcare appointments, please call our dedicated number 01425 524100 between 9.30am-12.30pm (Monday, Tuesday, Thursday, Friday) and one of our Coordinators will try to find you a volunteer driver. Please book a week in advance where possible, minimum 2 weekdays notice. Users will be invited to make a suggested voluntary donation to cover driver's costs. Please note we are unable to take clients in wheelchairs and those requiring assistance attending appointments will need to be accompanied by a friend or carer.

DRIVERS URGENTLY NEEDED

If you would like to join us, or need more information, please contact the Chairman Rod Hatcher on 01425 270898

HIGHCLIFFE MEDICAL CENTRE

Patients Participation Group

Contact – Michael Williams (07484 778364) or highcliffeppg@gmail.com

Support Highcliffe Medical Centre by Getting Vaccinated

We encourage all our patients to book their flu and COVID-19 vaccinations with us at Highcliffe Medical Centre. By choosing to get vaccinated here, you directly support our practice. The funding we receive from these vaccinations is reinvested into improving our services and enhance patient care throughout the year. With NHS funding under increasing pressure, your support is crucial in helping us meet the growing demand for healthcare.

Booking your vaccination with us not only protects your health but strengthens our ability to serve the entire community.

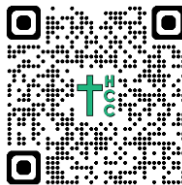
Flu and COVID-19 vaccination clinics will be held at Highcliffe Medical Centre in early/mid October 2024. The flu vaccine is most effective within the first three months and provides protection for at least six months. Given that it takes around two

weeks to become fully effective, receiving the vaccine in early October ensures you are protected during the winter flu season. While no vaccine guarantees 100% immunity, it greatly reduces the risk of severe illness. To stay protected when it matters most, book your appointment by calling 01425 272203 and pressing OPTION 6.

HIGHCLIFFE COMMUNITY CHURCH

Everyone is welcome to join a friendly group of Christians for fellowship, to worship God and to hear from Him every Sunday 10.30am.

We now meet at our new venue of Greystones Hall, Waterford Road, Highcliffe, BH23 5JQ. For more information please email: info@highcliffecommunitychurch.org.uk or visit our website at www.highcliffecommunitychurch.org.uk



Want to Volunteer?



Thank You to all of our wonderful volunteers who give up time to make HCA a great place to be.....

If you would like to join our team, please contact:-

Lyn Lash (reception)	01425 274301
Barbara Thacker (tea and coffee servery)	01425 620811
Jan Hollowell to help at Friday Live and raffle	01425 276450
Monica Halford, Nu2U shop	07739 420244

New.2.U Ladies Boutique open Every **Tuesday afternoon** (1.30 – 3) **Thursday afternoon** (1.45 - 3.45) & **Friday morning** (9.45 - 12.45)

FRIDAY LIVE



HCA Meeting Dates			
08.10.24	Tuesday	14.00	Trustees Meeting
12.11.24	Tuesday	14.00	Trustees Meeting
14.11.24	Thursday	16.30	Advisory Council Meeting
10.12.24	Tuesday	14.00	Trustees Meeting
20.12.24	06.01.25		CLOSED

Four Winds

The West Wind blows my breath away
Blows my flights of flowery words
Into the treetops but they don't stay,
They fly on free like hurling birds.

The North Wind howls like an uncaged beast
Racing to do its destructive worst
Like a bellowing bull, now released
In a nightmare wicked, dark and cursed.

Bitterly, the East Wind creeps unseen,
Forms frosted furrows, holds plants in a vice
Shrivels brave new leaflets green,
And coats the roads with crystal ice.

The South Wind winnows softly over
Fields of lavender and clover,
Wafting summer scented days
Of unforgotten warmer ways.

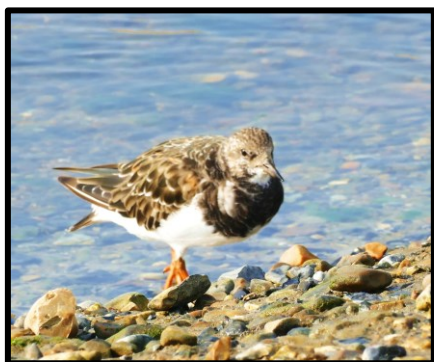
Anne R Jacobs (HCA Member)

**COPY DATE FOR NOVEMBER 2024
NEWSLETTER**

**Submissions to be received by Monday 21st
October 2024**

**PUBLICATION DATE
31st October 2024**

This issue of the newsletter edited by: Chris Graham



A selection of recent
photos taken by members
of the HCA Photography
Section

